

BILINGUAL SCHOOL COUNSELOR NEWSLETTER



AUGUST 2025

Freedom Elementary Counseling Department

by Ms. Kat Luis

BACK TO SCHOOL

Hi all! I am excited to be back at Freedom Elementary School this school year. I am soaring with falcon pride.

It is imperative that all stakeholders (parents, teachers, students, administration and staff work together to make this a successful school year!
#Team Freedom

SCHOOL COUNSELING PROGRAM

As a school counselor, it is my mission for all students to feel included, loved and safe --emotionally, socially and physically-- through empathy and compassion. This will help students feel connected to the Freedom community, aiding in academic success.

I provide short term school counseling. Some of the services include:

- Individual and Small Group Counseling
- Child Safety Matters Lessons
- Restorative Circles
- Social Emotional Check Ins
- Teaching Healthy Coping Skills

ADDITIONAL SERVICES

I am also the:

- 504 Accommodations Coordinator
- Gifted and Talented Chair
- Mentor Program

Lastly, with parent/guardian permission, I can refer students to the District Mental Health services or to the Integrated Practices Teams (IPT). Feel free to contact me for further information



PBIS - Positive Behavior Interventions & Supports

Freedom Elementary continues to implement our PBIS initiative (Positive Behavior Interventions & Supports) through:

- PBIS SOAR Awards
- PBIS School Wide SOAR Expectations including in the classroom, common areas and walkways

Parents/guardians please make sure to review PBIS expectations with your student(s) to ensure a smooth transition into our Freedom school climate and culture

Failure to meet PBIS SOAR expectations can lead to a SOAR Alert and/or referral



Reminders

- Attendance is happening at Freedom! Please make sure to send your child to school everyday. If your child is sick, contact the front office to report illness.
- As a district, we are working on reducing chronic absenteeism
- Have a healthy bedtime and morning routine for your student(s)



Contacts

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(Leave a Voicemail if no pick up)

School Website: freedom.vcsedu.org

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