

**REQUEST FOR STUDENT INSTRUCTIONAL OPT-OUT BASED ON RELIGIOUS BELIEFS**  
*(In accordance with Mahmoud v. Taylor and applicable California Education Code)*

**Parent/Guardian Information**

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Address/City/Zip: \_\_\_\_\_

**Student Information**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_ Teacher (if applicable): \_\_\_\_\_

**1. Instructional Content to Opt Out Of**

Please describe the **specific instructional material, activity, or event** you wish your student to be excused from (e.g., book title, assembly name, class topic). Include dates or curriculum units if known:

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**2. Explanation of Conflict**

Explain how the specific instructional content substantially interferes with the religious upbringing of your child in accordance with your sincerely held religious beliefs:

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Students will not be penalized academically or otherwise for being opted out. Students will be given an alternative educational activity during the opt out period if applicable.

This form must be returned in person to the principal of the school in order for it to be considered and any action taken.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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**District Use Only**

- Date Received: \_\_\_\_\_
- Reviewed by: \_\_\_\_\_
- Decision:  Approved  Denied
- Notes: \_\_\_\_\_