



CAREER TECHNICAL EDUCATION TRANSITION GUIDE SPORTS MEDICINE

8TH-9TH GRADE

Career Awareness & Exploration Options

To sign up for career awareness events, see your counselor or College & Career Center.

8th Grade
Career
Exploration
Electives

CTE Roadshows,
STEAM Day,
Career Showcase
events

CTE
Summer
Camps
(July)

Take the College &
Career Seminar Class
9th/10th-grade year
or start a high school
CTE Pathway

Take a Career Test
[CA Career Zone](#) ➔
[CA Colleges](#) ➔

10TH-12TH GRADE

Career Preparation Options

Take 2 years of a
Sports Medicine
pathway or a
related ROP/
Community
College class

Join career-ed after-
school programs.
Programs are 13 weeks,
days and times vary.
[After-School Programs](#) ➔

Career
Expo

Attend workshops hosted by your
College & Career Center. Workshops
include: resume writing, interview
skills, career-themed guest speakers,
financial aid, scholarships, and more!



SPORTS MEDICINE

SCAN ME
for program links
and pathway info



POST SECONDARY

Career Training Options within 60 miles

Community College (6 months to 2 years)

Oxnard College	Kinesiology, AAT	https://bit.ly/3N9o80D
Oxnard College	Nutrition and Dietetics, AST	https://bit.ly/42HGOdR
Ventura College	Kinesiology, AAT	https://bit.ly/3NdSGP2
Ventura College	Nutrition and Dietetics, AST	https://bit.ly/3Cuy008
Moorpark College	Kinesiology, AAT	https://bit.ly/3JiYBB7
Moorpark College	Exercise Science, AS	https://bit.ly/3Xc1r0y
Moorpark College	Nutrition and Dietetics, AST	https://bit.ly/3Cwkaud
Santa Barbara City College	Kinesiology, AAT	https://bit.ly/3qHrpwJ
Santa Barbara City College	Physical Education, AA	https://bit.ly/3CzNosd
Santa Barbara City College	Nutrition and Dietetics, AST	https://bit.ly/3qOrRt9
Los Angeles Pierce College	Kinesiology, AAT	http://bit.ly/3Vrggwi

University of California (4 years)

University of California Los Angeles (UCLA)	Physiological Science, BS	https://bit.ly/3qOI1ny
University of California Santa Barbara (UCSB)	Exercise Science, BS	https://bit.ly/3vAtfC3

California State University (4 years)

California State University Northridge (CSUN)	Kinesiology, AS	https://bit.ly/3NwuXL4
California State University Channel Islands (CSUCI)	Health Science, BS	https://bit.ly/3p0WPxM

Private (4 years)

California Lutheran University (CLU)	Exercise Science, BS	https://bit.ly/442IQHR
California Lutheran University (CLU)	Sports Psychology Applications, BS	https://bit.ly/442IQHR
Westmont College	Biology, BA or BS	https://bit.ly/3oU8Epf

Adult Education and Trade/Apprenticeship Programs (6 months to 2 years)

Conejo Valley Adult School	Physical Therapy Aide, Certificate	https://bit.ly/444nFUC
Conejo Valley Adult School	Medical Assistant, Certificate	https://bit.ly/43GM6Y8
Oxnard Adult School	Clinical Medical Assistant, Certificate	https://bit.ly/3ScK3YG
Concorde Career College	Physical Therapist Assistant, AS	https://bit.ly/3N9pJn9
Southern California Health Institute	Personal Fitness Trainer/Health and Wellness Professional, Certificate	https://bit.ly/3CuHuIT
Southern California Health Institute	Physical Therapy Aide/Sports Rehab, Certificate	https://bit.ly/3Ny38II

Professional Organizations

American College of Sports Medicine
<https://www.acsm.org/>

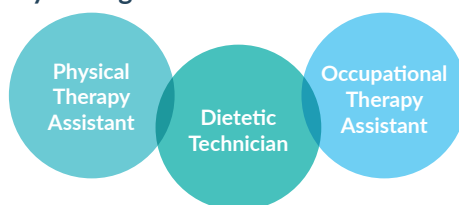
International Sports
Science Association
<https://www.issaonline.com/>

Future Careers

4 year degree:



2 year degree:



Certificates/Training/Some College:



Additional Options:



How much can I make? www.bls.gov/ooh

How many jobs are out there? www.onetonline.org

LEVELS OF EDUCATION

High School Diploma

Associates
Degree or
Certificate 6 MONTHS
- 2 YEARS

Bachelor's
Degree + 4 YRS

Master's
Degree + 2 YRS

Doctorate + 3-4 YRS



CARRERA DE EDUCACIÓN TÉCNICA

GUÍA DE TRANSICIÓN

MEDICINA DEPORTIVA

8VO-9NO GRADO

Opciones de exploración y conocimiento profesional

Para inscribirse en eventos de concientización profesional, consulte a su consejero o al Centro Universitario y Profesional.

Materias Optativas de exploración profesional de octavo grado

Espectáculos itinerantes de CTE, Día STEAM, eventos de exhibición de carreras

Campus de verano de CTE (julio)

Realice la clase de seminario universitario y profesional en el noveno y décimo grado o comience un programa CTE en la escuela secundaria

Realizar una evaluación de carrera
[Zona de Carreras de CA](#) ➔
[CA Colleges](#) ➔

10MO-12VO GRADO

Opciones para preparación profesional

Cursar 2 años de un itinerario de Medicina Deportiva o una clase relacionada ROP/ colegio comunitario

Inscríbase en programas extracurriculares de carreras. Los programas duran 13 semanas, los días y los horarios pueden variar.
[Programas extracurriculares](#) ➔

Exposición de carreras

¡Asista a los talleres organizados por su Centro universitario y de carrera. Los talleres incluyen: redacción de currículums, habilidades para entrevistas, oradores invitados con temas profesionales, ayuda financiera, becas y más!



SPORTS MEDICINE

ESCANÉAME

para enlaces de programas e información de especialidades



NIVELES POSTERIORES A LA SECUNDARIA

Opciones de estudios de carreras dentro de las 60 millas

Colegio comunitario (de 6 meses a 2 años)

Oxnard College	Kinesiología, AAT	https://bit.ly/3N9o80D
Oxnard College	Nutrición y Dietética, AST	https://bit.ly/42HGOdR
Ventura College	Kinesiología, AAT	https://bit.ly/3NdSGP2
Ventura College	Nutrición y Dietética, AST	https://bit.ly/3Cuy008
Moorpark College	Kinesiología, AAT	https://bit.ly/3JiYBB7
Moorpark College	Ciencias del Ejercicio, AS	https://bit.ly/3Xc1r0y
Moorpark College	Nutrición y Dietética, AST	https://bit.ly/3Cwkaud
Santa Barbara City College	Kinesiología, AAT	https://bit.ly/3qHrpwJ
Santa Barbara City College	Educación Física, AA	https://bit.ly/3CzNosd
Santa Barbara City College	Nutrición y Dietética, AST	https://bit.ly/3qOrRt9
Los Angeles Pierce College	Kinesiología, AAT	https://bit.ly/47D6XwB

University of California (4 años)

University of California Los Angeles (UCLA)	Ciencias Fisiológicas, BS	https://bit.ly/3qOI1ny
University of California Santa Barbara (UCSB)	Ciencias del Ejercicio, BS	https://bit.ly/3vAtfC3

California State University (4 años)

California State University Northridge (CSUN)	Kinesiología, AS	https://bit.ly/3NwuXL4
California State University Channel Islands (CSUCI)	Ciencias de la Salud, BS	https://bit.ly/3p0WPxM

Privado (4 años)

California Lutheran University (CLU)	Ciencias del Ejercicio, BS	https://bit.ly/442IQHR
California Lutheran University (CLU)	Aplicaciones de la Psicología Deportiva, BS	https://bit.ly/442IQHR
Westmont College	Biología, BA o BS	https://bit.ly/3oU8Epf

Educación para adultos y programas de formación profesional (de 6 meses a 2 años)

Conejo Valley Adult School	Auxiliar de Fisioterapia, Certificado	https://bit.ly/444nFUC
Conejo Valley Adult School	Asistente Médico, Certificado	https://bit.ly/43GM6Y8
Oxnard Adult School	Asistente Médico Clínico, Certificado	https://bit.ly/3ScK3YG
Concorde Career College	Asistente de Fisioterapeuta, AS	https://bit.ly/3N9pJn9
Southern California Health Institute	Entrenador Físico Personal/Profesional de Salud y Bienestar, Certificado	https://bit.ly/3CuHuIT
Southern California Health Institute	Asistente de Fisioterapia/Rehabilitación Deportiva, Certificado	https://bit.ly/3Ny38II

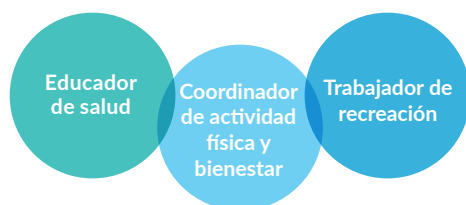
Organizaciones profesionales

American College of Sports Medicine
<https://www.acsm.org/>

International Sports Science Association
<https://www.issaonline.com/>

Carreras futuras

Licenciaturas de 4 años:



Certificados/Capacitaciones/Algunas universidades:



¿Cuánto puedo ganar? www.bls.gov/ooh

Licenciaturas de 2 años:



Opciones adicionales:



¿Cuántos empleos existen? www.onetonline.org

NIVELES DE EDUCACIÓN

Diploma de secundaria

Título de asociados o Certificado 6 MESES - 2 AÑOS

Título universitario + DE 4 AÑOS

Maestría + DE 2 AÑOS

Doctorado + DE 3-4 AÑOS