

## Smart Snacks Product Calculator Results

Brand:  
**Welch's**

Product Name:  
**Mixed Fruit Snacks**

Serving Size:  
**44.00 g**

First Ingredient:  
**Fruit Puree**

Your fruit product meets all nutrient standards for entrees or snack foods.

 **Your product is compliant!**

## Nutrition Facts

Serving Size 44.00 g 

Servings Per Container 

Amount Per Serving

**Calories** 130

**Total Fat (g)** 0

Saturated Fat (g) 0

**Sodium (mg)** 15

**Carbohydrates**

Total Sugars (g) 15

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*



Servings Size 1 pouch (44 g)  
Serving Per Container 1

Amount per serving  
**Calories 130**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 15g	
Includes 11g Added Sugars	<b>22%</b>

**Protein** 2g

Vitamin A 440mcg	<b>50%</b>
Vitamin C 44mg	<b>50%</b>
Vitamin E 7.3mg	<b>50%</b>

Not a significant source of saturated fat, trans fat, cholesterol, vitamin D, calcium, iron, and potassium.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Item: WELCH'S® Mixed Fruit Snacks with Fiber 1.55 oz (44 g)

INGREDIENTS

Fruit puree (grape, peach, orange, strawberry, and raspberry), water, corn syrup, sugar, chicory root extract, modified corn starch, gelatin, concord grape juice from concentrate, citric acid, lactic acid, ascorbic acid(vitamin C), natural and artificial flavors, alpha tocopherol acetate (vitamin E), vitamin A palmitate, sodium citrate, coconut oil, carnauba wax, annatto (color), turmeric (color), red 40, and blue 1.

NUTRITION FACTS

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>1 pouch (44g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 3g	<b>11%</b>
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Includes 11g Added Sugars	<b>22%</b>
<b>Protein</b> 2g	
Vitamin A 440mcg	<b>50%</b>
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Not a significant source of saturated fat, trans fat, cholesterol, vitamin D, calcium, iron and potassium.	
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

RECOMMENDED STORAGE CONDITIONS: 65° - 75° F, 45-55% RH

SHELF LIFE: 1 year