

fresh-baked breads.

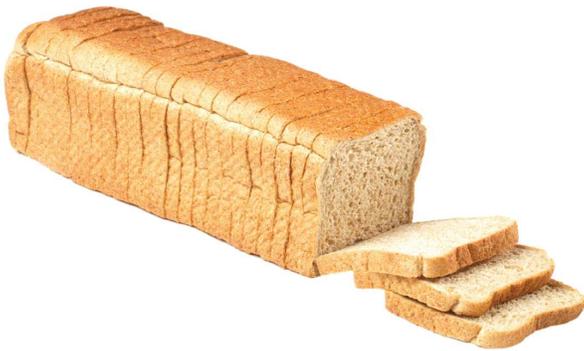


created for schools.

**NO Artificial Flavors**  
**NO Artificial Colors**  
**NO Artificial Preservatives**  
**NO High Fructose Corn Syrup**

## K-12 Spec Wheat Sandwich 26.5 oz

Material Number: 95933420



### INGREDIENT LABELING INFORMATION

WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, BROWN SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, YEAST, CULTURED WHEAT FLOUR, CALCIUM SULFATE, ASCORBIC ACID, ENZYMES, MONOCALCIUM PHOSPHATE, SOY FLOUR, SOY LECITHIN

CONTAINS: WHEAT & SOY

MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING SESAME. MAY CONTAIN SESAME.

### CLAIMS:

1 SERVING = 1 OZ EQ GRAIN  
WHOLE GRAIN RICH  
100% WHOLE WHEAT  
16g OF WHOLE GRAINS PER SERVING

### Nutrition Facts

24 Servings per container

**Serving Size: 1 Slice (31 g / 1.1 oz)**

Amount per serving

**Calories 70**

% Daily Value\*

<b>Total Fat</b> 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 120mg	5%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 1g Added Sugars	3%
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

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60601-020519  
606-022422

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.



# Formula Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: K12SPEC WHEAT SAND 26.5OZ Code No.: 95933420

Manufacturer: FLOWERS FOODS Serving Size 1 SLICE (31 g/ 1.1 oz)  
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No \_\_\_\_\_  
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes X No \_\_\_\_\_ How many grams: 0.16  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent <sup>2</sup>	Creditable Amount
	<b>A</b>	<b>B</b>	<b>A ÷ B</b>
WHOLE GRAIN	16.36	16	↓
ENRICHED GRAIN	0.00	16	
			1.02
<b>Total Creditable Amount<sup>3</sup></b>			<b>1.00</b>

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.

<sup>1</sup>(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.

<sup>2</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup>Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 31 grams

Total contribution of product (per portion) 1.00 oz equivalent

I certify that the above information is true and correct and that a 1.1 ounce portion of this product (ready for serving) provides 1.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Tracy Barnes

Signature

QA Labeling Analyst

Title

Tracy Barnes

Printed Name

01/07/22

Date

cy.Barnes@flocorp.c

Phone Number

## Gold-n-Sweet Unsalted Margarine Solids, Vegan, 1 Lb Each, 30/Case

#880941 | GTIN: 10026700163422 | 1 Pound/Each, 30 Eaches/Case

This Gold-N-Sweet Unsalted Margarine is a yellow-colored, smooth bodied unsalted margarine that possesses a clean, buttery flavor and aroma. Suitable for cooking, baking, or as a spread. Its smooth texture and buttery flavor makes it great for toast, corn, baked potatoes and more.

### Basic Preparation

Ready to use.

### Item Yield

1 Case = 480 Ounces (30 x 16 Ounces per Each) of Margarine Solids, Unsalted, Vegan

### Shelf Life

180 days

### Packaging & Storage

#### Weight

30.00 lb

#### Dimensions

8.00 x 10.13 x 12.75 inches / 20.32 x 25.73 x 32.38 cm

### Vendor

Name: Ventura Foods (Birmingham, AL) VENTURA FOODS INC

Item #: 22076-GNS

### Ingredients

PALM OIL, WATER, SOYBEAN OIL, CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED COMMON ALLERGENS PRESENT: Soy. Nutrition and Ingredient statement updated July 2023. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Ingredients

PALM OIL, WATER, SOYBEAN OIL, CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED. CONTAINS: SOYBEAN.



Rounding: True

<b>Nutrition Facts</b>	
<b>Serving Size</b>	<b>1 tbsp (14g)</b>
Amount Per Serving	
<b>Calories</b>	<b>100</b>
	% Daily Value*
<b>Total Fat</b> 11g	17%
Saturated Fat 4.5g	23%
Trans Fat 0g	
PolyUnsat. Fat n/a	
MonoUnsat Fat n/a	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 0g	0%
Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	0%
<b>Vitamin D</b> mcg 0mcg	n/a
<b>Calcium</b> 0.08mg	0%
<b>Iron</b> 0mg	0%
<b>Potassium</b> 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

<b>School Equivalents</b>	
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

<b>Minerals</b>	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

<b>Fat Soluble Vitamins</b>	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
<b>Water Soluble Vitamins</b>	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

**Movement**

## Domino Light Brown Sugar, 2 Lb Bag, 12/Case :

#834981 | GTIN: 10049200009410 | 2 Pounds/Bag, 1 Bag/Each, 12 Eaches/Case

## Domino Light Brown Sugar, 2 Lb Bag, 12/Case

#834981 | GTIN: 10049200009410 | 2 Pounds/Bag, 1 Bag/Each, 12 Eaches/Case

### Serving Suggestions

N/A

### Basic Preparation

PRODUCT IS READY FOR CONSUMPTION UPON OPENING THE PACKAGING.

### Item Yield

1 Case = 384 Ounces (12 x 32 Ounces per Bag) of Sugar, Light Brown

### Shelf Life

730 days

### Packaging & Storage

#### Weight

24.00 lb

#### Dimensions

6.00 x 12.00 x 15.70 inches / 15.24 x 30.48 x 39.88 cm

#### Packaging

STORE AT AN AMBIENT TEMPERATURE IN A COOL AND DRY PLACE

### Vendor

Name: Domino Foods (Okeelanta, FL) DOMINO

Item #: 400592

### Ingredients

Brown Sugar. COMMON ALLERGENS PRESENT: **None**. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated May 2024. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.



Rounding: True

<b>Nutrition Facts</b>	
<b>Serving Size</b>	1 tsp (4g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>15</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
PolyUnsat. Fat n/a	
MonoUnsat Fat n/a	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 4g	1%
Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	0%
<b>Vitamin D</b> mcg 0mcg	n/a
<b>Calcium</b> 0mg	0%
<b>Iron</b> 0mg	0%
<b>Potassium</b> 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

<b>School Equivalents</b>	
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

<b>Minerals</b>	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

<b>Fat Soluble Vitamins</b>	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
<b>Water Soluble Vitamins</b>	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

## Badia Ground Cinnamon Spice, 16 Oz Jar, 1/Each

#436419 | GTIN: 00033844905118 | 16 Ounces/Jar, 1 Jar/Each, 1 Each/Each

This reliable quality cinnamon is traditionally used in baking applications, but can be used to add dimension to meats, stews, seafood or ethnic entrees.

### Product Attributes

#### Gluten Free

Halal

Kosher: Pareve

Minority-Owned Business

No Artificial Flavors

No Artificial Preservatives

No Artificial Sweeteners

No Color From Artificial Sources

No High Fructose Corn Syrup

No MSG

Non-GMO

#### Vegan

#### Vegetarian

### Basic Preparation

NONE

### Item Yield

1 Each = 16 Ounces of Spice, Cinnamon, Ground

### Shelf Life

1825 days

### Packaging & Storage

#### Weight

1.00 lb

#### Dimensions

8.75 x 11.00 x 11.00 inches / 22.23 x 27.94 x 27.94 cm

### Vendor

Name: Badia Spices Inc. BADIA SPICES INC. (EFT)

Item #: 511

### Ingredients

Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. The nutrition information provided here reflects the current information provided to GFS by the USDA National Nutrient Database for Standard Reference as of January 2021. For more information please visit: [www.nal.usda.gov/fnic/foodcomp/search/](http://www.nal.usda.gov/fnic/foodcomp/search/) (<https://www.nal.usda.gov/fnic/foodcomp/search/>) This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

## Ingredients

Ground Cinnamon and less than 2% vegetable oil as a processing aid.

Spices cinnamon ground

Rounding: True

Nutrition Facts	
Serving Size	1 tsp (2.6g)
Amount Per Serving	
Calories	<b>5</b>
% Daily Value*	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
PolyUnsat. Fat 0g	
MonoUnsat Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 2g	1%
Fiber 1g	6%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	0%
<b>Vitamin D mcg</b> 0mcg	n/a
<b>Calcium</b> 26.05mg	3%
<b>Iron</b> 0.22mg	1%
<b>Potassium</b> 11mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### School Equivalents

Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

### Minerals

Phosphorous	1.7 mg
Zinc	n/a
Magnesium	1.56 mg
Copper	0.009 mg
Selenium	0.081 mg
Manganese	0.454 mg
Iodine	n/a

### Fat Soluble Vitamins

Vitamin E mg	n/a
Vitamin K	0.811 mcg
Vitamin A IU	7.67 IU

### Water Soluble Vitamins

Thiamin	0.001 mg
Riboflavin	0.001 mg
Niacin B3	0.035 mg
Pantothenic Acid	0.009 mg
Folic Acid	n/a
Vitamin C	0.1 mg
Vitamin B6	0.004 mg
Vitamin B12	n/a

## Movement

Below is your Quantity Order History

WEEK OF	DAY	EACH
10/01/2023		0
09/24/2023	Tue 09/26/2023	4
09/17/2023	Fri 09/22/2023	6
09/10/2023	Tue 09/12/2023	6