

National School Lunch & Breakfast Program

Product Description	Ben's Original™ Wholegrain Brown Rice - Parboiled Long Grain Rice				
UPC Code	054800423682	Units Per Case	1 / 25	lb	Item Code 10232075

Meal Pattern Contribution

Portion Size	1/2 cup prepared
Meal Pattern	Creditable Amount
Grains (Oz. Equivalent)	1
Meat/Meat Alt. (Oz. Equivalent)	
Vegetables (Cups)	
Beans/Peas (Legumes)	

Comments

Manufacturer's code: 423510

Meets the Definition of Whole Grain Rich?	<input checked="" type="checkbox"/> Y <input type="checkbox"/> N
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Product Information

Nutrition Facts, serving size, and claims are based on FDA Regulations.
Portion size used in the calculation of Meal Pattern differs from FDA Serving Size.

Nutrition Facts	
252 servings per container	
Serving size	1/4 cup (45g) (about 1 cup cooked)
Amount per serving	
Calories	160
<small>% Daily Value*</small>	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 34g	12%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	0%
Potassium 90mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
INGREDIENTS: WHOLE GRAIN BROWN RICE.	

WHOLE GRAIN BROWN RICE.

Fat Free	<input type="checkbox"/>	Cholesterol Free	<input checked="" type="checkbox"/>
Low Fat	<input checked="" type="checkbox"/>	Low Cholesterol	<input type="checkbox"/>
No Saturated Fat	<input checked="" type="checkbox"/>	Sodium Free	<input checked="" type="checkbox"/>
Low Saturated Fat	<input type="checkbox"/>	Very Low Sodium	<input type="checkbox"/>
0g Trans Fat	<input checked="" type="checkbox"/>	Low Sodium	<input type="checkbox"/>

I certify that the above information is true and correct.

Peter Lu

Scientific & Regulatory Affairs

Date Signed:

2/2/2022