

Nutrition Facts

144 servings per container
Serv size 1/3 Noodle cake (28g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 60mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- ≥51% Whole Grain Wheat Flour
- Made With High Oleic Sunflower Oil
- Good Source of Iron
- Each 28g Serving Size = 1oz EQ Grain



SPECIFICATIONS & STORAGE

GTIN:	00810037811933
UNIT SIZE:	84G
SERVING SIZE:	28G
UNITS PER CASE:	48
GROSS CASE WEIGHT:	9LBS
CASE DIMENSIONS (IN):	14.8 x 10 x 9
PALLET PATTERN:	60 CASES PER PALLET (12 x 5)
GROSS PALLET WEIGHT:	600 LBS
PALLET DIMENSIONS (IN):	40 x 48 x 49
SHELF LIFE (AMBIENT):	12 MONTHS

Nutrition Facts

48 servings per container
Serv size 1 Noodle cake (84g)

Amount per serving
Calories 370

	% Daily Value*
Total Fat 16g	21%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 29g	18%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 3mg	15%
Potassium 179mg	4%

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PRODUCT INGREDIENTS

Whole Wheat Flour, Enriched flour (wheat flour, Niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Sunflower oil, Salt, Potassium carbonate, Sodium Tripolyphosphate, Guar gum, Sodium carbonate. **Contains** Wheat.



PREPARATION

1. Cook noodles in boiling water for five minutes and drain.
2. Add your favorite sauces, vegetables, or protein to the cooked noodles.
3. Stir well, and enjoy!

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