



## 1/18 LB Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Rectangles 3.6 oz, CN, MSC

High Liner Whole Grain Golden Crunchy Breaded Alaska Pollock Rectangles are quick and easy to prepare, and ensure a flavorful crunch in every bite. These kid-friendly seasoned, whole grain breaded portions come ready to bake from frozen to golden crunchy perfection in minutes, with the consistency and plate appeal you demand. Perfect for school menus and a variety of other Child Nutrition-approved applications.

Product Last Saved Date: 24 April 2025

## Nutrition Facts

80 Servings per container

**Serving Size** 1 Portion (101g)

**Amount Per Serving**

**Calories** 180

% Daily Value\*

**Total Fat** 7 g 9%

Saturated Fat 1 g 6%

Trans Fat 0 g

**Cholesterol** 45 mg 15%

**Sodium** 270 mg 12%

**Total Carbohydrates** 16 g 6%

Dietary Fiber 1 g 5%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

**Protein** 15 g

Vitamin D 1.3 mcg 6%

Calcium 0 mg 0%

Iron 1.1 mg 6%

Potassium 300 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
1089300	10035493893003	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
19.8 LBR	18 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6969 INH	9.6969 INH	9.8937 INH	0.8715 FTQ	13x4	547 Days	-10 FAH / 0 FAH

### Ingredients :

71.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 15-17 minutes.

CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 20-22 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

### Serving Suggestions:

Ideal paired with your favorite signature sauce or side. Perfect as center of plate, sandwich or salad features. Ideal as a school lunch P.L.T. (Pollock, Lettuce, and Tomato) sandwich with fruit or your veggie of choice.

### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ OVEN READY WHOLE GRAIN BREADED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



Information subject to change without notice at the discretion of High Liner Foods (USA)  
<http://www.highlinerfoods.com>

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**CN Information:**

CN Statement : ONE 3.60 OZ OVEN READY WHOLE GRAIN BREADED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

**Label Copy:**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

2564702



EST. 1902

**Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Rectangles 3.6 oz**

**1089300**



COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan.  
 CONVECTION OVEN: Preheat oven to 375°F and bake for 15-17 minutes.  
 CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 20-22 minutes.  
 NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.  
 INGREDIENTS: 71.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING (WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, EXTRACTIVES (ON PAPRIKA, ANNATTO AND TURMERIC (COLOR), PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL).  
 CONTAINS: FISH (POLLOCK), WHEAT, MILK

**NET WT 18 Lb (8.16 kg)**



10035493893003

LOT#: 1234567890



MSC Certified Sustainable Fishery.  
 www.msc.org  
 MSC-C-50552

CN 098772  
 ONE 3.60 OZ OVEN READY WHOLE GRAIN BREADED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03/2020).  
 CN

**1089300**

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
 FOR INQUIRIES CALL: 1-888-860-3664  
 www.highlinerfoods.com



10035493893003

**High Liner Bid Desk Contact and Specification Verification:**

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## **BREAD & BREAD - SPEC SHEET**

### **ARTISAN HAMBURGER BUN - 2oz**

**Product Name:** WG 2oz Artisan Hamburger Bun

**Bread & Bread Product Code:** HR-2

**Product Category:** Bread/Frozen



**Product Description:** B&B Artisan Brioche Hamburger Bun follows an authentic artisan recipe that gives this hamburger and sandwich bun a perfect texture, amazing buttery aroma and a delicious taste that will enhance any hamburger or sandwich. Definitely a gourmet bread proudly manufactured locally in Miami - FL. (choose from 1 grain or 2 grain contribution)

#### **2 grains contribution.**

**Attributes:** It is a fully baked product. Once baked it is flash frozen to ensure the product does not lose humidity. Thaw for only 30-60 minutes and the product does not require warming / heating, but can be warm for 1-2 minutes if wanted to serve “out of the oven”.

#### **Preparation and Cooking Instructions:**

1. This item is shipped frozen. Just let it thaw for 30-60 minutes and serve.
2. Once thawed keep them in a dry place away from the sun in an enclosed plastic bag to keep the freshness

#### **Suggested use and Benefits of using this product:**

Bread & Bread B&B Artisan Hamburger Bun are perfect for enhancing your hamburger and all sandwiches. Try toasting for 1 minute after thawing at 350F for a crispy texture on your sandwich.

**Shelf Life:** 10 months frozen / 12-15 days after thaw



### Case Info:

- Quantity: 120 units x case
- Unit weight: 2oz (57 grams)
- Case dimensions: 22x18x7 / Case Cube: 1.91 / TI x HI: 4x10
- Case Gross Weight: 15lbs / Case Net Weight: 13lbs

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 Bun (57g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.44mg	8%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	



**Ingredients List:** Whole White Wheat Flour, Water, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Wheat Gluten, Soybean Oil, Salt.





Bread & Bread Corp  
 7245 NW 19<sup>th</sup> ST – Suite A  
 Miami – FL 33126  
 Phone: (786) 448-8724

**PRODUCT ANALYSIS FORM FOR NON-CN PRODUCTS**  
**PRODUCT FORMULATION STATEMENT FOR MEAT/MEAT ALTERNATIVE (M/MA) AND BREAD/BREAD ALTERNATIVE (B/BA)**

Product Name: WG 2oz Artisan Hamburger Bun/Slider  
 Manufacturer: BREAD & BREAD CORP  
 Case Pack/Count: 120 Units **Portion size: 2.0oz (56 Grs)**

Code: HR-2

**I. Meat/Meat Alternate**

The chart below shows the creditable amount of meat /Meat Alternate Determination.

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount
<b>Total Creditable Amount</b>				

\* Creditable Amount – Multiply ounces per raw portion of creditable ingredient by the Food Buying yield guide

**II. Bread/Bread Alternate**

Description of Creditable Grain Ingredient	Grams of Creditable Grain Ingredient per Portion 1	Gram Standard of Creditable Grain per Oz Equivalent (16 Gr 28 Gr) 2	Creditable Amount
	A	B	A + B
Whole Wheat Flour	16.64	16	1.04
Wheat Flour	15.36	16	0.96
<b>Total Creditable Amount</b>			<b>2.0</b>

Creditable grains are whole-grain meal/flour and enriched meal/flour.

1 (Serving Size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to Grams

2 Standard grams of creditable grains from the corresponding Group in exhibit A

Total Creditable amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up

Total weight (per portion) of product as purchased: 2.0 Oz

Total Contribution of product (per portion):2.0 oz eq

I certify that the above information is true and correct and that a   N/A   ounce serving of the above product (ready for serving) contains   N/A   ounces of equivalent meat/meat alternative when prepared according to directions.

I certify that the above information is true and correct and that a 1.97 ounce portion of this product (ready for serving) provides 2oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 Oz eq per portion. Products with more than 0.24 Oz eq or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for School Meals.

Signature 

Title: DIRECTOR

Printed Name: BENNO TROSS

Date: 01/07/2025

Phone: (786) 448-8724

fresh-baked breads.



created for schools

NO Artificial Flavors
NO Artificial Colors
NO Artificial Preservatives
NO High Fructose Corn Syrup

K-12 Spec 30 ct. 4" Hamburger Bun, Sliced

Material Number: 95933380



INGREDIENT LABELING INFORMATION

WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, CULTURED WHEAT FLOUR, MONOCALCIUM PHOSPHATE, SESAME FLOUR, ENZYMES, ASCORBIC ACID, SOY LECITHIN

CONTAINS: WHEAT, SOY, SESAME

CLAIMS:

1 SERVING = 2 OZ EQ GRAIN
WHOLE GRAIN RICH
51% WHOLE GRAIN
16g OF WHOLE GRAINS PER SERVING

Nutrition Facts

30 Servings per container

Serving Size: 1 Bun (63 g / 2.2 oz)

Amount per serving

Calories 150

% Daily Value\*

Table with 2 columns: Nutrient and % Daily Value. Rows include Total Fat, Saturated Fat, Trans Fat, Polyunsaturated Fat, Monounsaturated Fat, Cholesterol, Sodium, Total Carbohydrate, Dietary Fiber, Total Sugars, Includes Added Sugars, Protein, Vitamin D, Calcium, Iron, and Potassium.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

Created: 10/19/2022
60504-020419
605-082522

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.



# Formula Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: K12SPEC 30CT 4" HAM SL Code No.: 95933380

Manufacturer: FLOWERS FOODS Serving Size 1 Bun (63 g/ 2.2 oz)  
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No \_\_\_\_\_  
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes X No \_\_\_\_\_ How many grams: 0.33  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent <sup>2</sup>	Creditable Amount
	A	B	A ÷ B
WHOLE GRAIN	16.83	16	↓
ENRICHED GRAIN	16.17	16	
			2.06
<b>Total Creditable Amount<sup>3</sup></b>			<b>2.00</b>

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.

<sup>1</sup>(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.

<sup>2</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup>Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 63 grams

Total contribution of product (per portion) 2.00 oz equivalent

I certify that the above information is true and correct and that a 2.2 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Tracy Barnes

Signature

QA Labeling Analyst

Title

Tracy Barnes

Printed Name

01/07/22

Date

cy.Barnes@flocorp.c

Phone Number