

**2025-2026
School Health Advisory Council (SHAC)
Meeting #1
October 8, 2025**

A meeting of the Midlothian ISD School School Health Advisory Council will be held October 8, 2025 beginning at 9:00 AM via TEAMS. The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. [LINK TO VIDEO RECORDED VIRTUAL MEETING](#)

1. CALL TO ORDER

- A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- Call to Order
- Introductions
- SHAC Purpose & Goals
- Coordinated School Health
- At a Glance Program Schedule
- MISD Physical Health & Wellness Webpage
- Colgate Bright Smiles - Bright Future
- Legal Updates
- Fentanyl Awareness – Tucker's Law

4. DISCUSSION/ACTION ITEMS

- Elect Parent Co-Chair

5. ADJOURNMENT

On this, the 6th day of October, 2025, this Notice posted an original copy was posted in the window of the School District Administration Building at 8:00am on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes

10/08/25

1. Welcome– Krista Tipton called the meeting to order at 9:01 am and welcomed everyone and introduced the speakers for the meeting.
2. Krista provided SHAC overview of program purpose and goals.
3. Sabra Golden reviewed SHAC purpose and goals. Review of Coordinated School Health at MISD.
4. Sabra Golden reviewed the “At a Glance Program” schedule and how SHAC has approved and plays a part in those programs.
5. MISD Physical Health and Wellness webpage- Wendy Hein reviewed and showed how to navigate to this page. She also highlighted the SHAC tab for information about meetings and minutes.
6. Colgate Bright Smiles Bright Future- Wendy reviewed the recent event where Colgate screened over 180 students at JRI and JAV in September. Students received dental hygiene education and a goody bag.
7. Legal updates- Wendy reviewed legal updates from the 89th legislative session.
8. Fentanyl Awareness- Krista reviewed Tucker’s Law and MISD’s response.
9. Elect Parent Co-Chair: Krista asked for nominations. Casey Pfeiffer was recommended for nomination. Sabra Golden made a motion for Casey Pfeiffer to be the Parent Co-Chair pending her confirmation of the position. Sabra will reach out to her to confirm. Wendy Hein and Melisa Tobola seconded the motion. The committee voted to proceed with confirming Casey Pfeiffer as the Parent Co-Chair upon her acceptance. .
10. Future Meeting Topics were shared by Krista: School Nutrition, FitnessGram, Hope Squad, and other program updates. Krista opened the floor for other recommendations for future meetings topics.
Review of local wellness policy
11. Future Meetings Dates- Krista presented the future meetings dates. Future dates of December 10, 2025, February 11, 2026, and April 15, 2026.
12. Krista Tipton adjourned the meeting at 9:33.

Addendum 10/8/25 9:44am: Sabra Golden was able to receive confirmation from Casey Pfeiffer. She is willing to serve as the Parent Co-Chair.

Representatives in attendance:

Krista Tipton
Sabra Golden
Wendy Hein
Lonna Edwards
Katie Tackett
Tim Perkins
Alexis Valentine
Kristin Vernon
Christine Thorpe
Cassie Street
Jessica Martin
Leslie Dean
Mandie Tucker
Melisa Tobola
Beth Stokman
Patti Hill
Danielle White
Olivia McDonald
Mo Howard
Jessica Chambron
Quynh Tran
Lauren Evans
Amber Pelletier
Lori Cook
Bryce McKee
Kellee Rios
Delaney Wayland
Maria Nicolas