Student Assistance Purpose

The Camp Hill School District is committed to providing the maximum learning experience for all students. Students at risk can not learn. Students whose actions disrupt the school climate, impede teachers from teaching productively and other students from learning. Like other schools, Camp Hill schools experience the ill effects of students' at-risk behaviors.

Schools are the only institutions through which all young people must pass. This gives the schools a unique opportunity to identify and help those whose lives are negatively affected by at-risk behaviors.

Confidentiality Statement

The Student Assistance Team is committed to the utmost confidentiality in all aspects of the intervention process. Matters brought before the team members will not be shared outside the team, unless written consent is obtained. Parent/Guardian written consent prior to an interview with a student is a required part of the SAP process. Additionally, as school personnel, the team members are obligated to report to the proper authorities cases of child abuse and neglect (as defined by the Pennsylvania Child Protective Services Law) and situations where a student may have thoughts of or actions toward deliberately harming themselves or others.

2025-2026 Student Assistance Team Members

Middle School /High School Core Team

Crystal Ackerman
Joe Capers
Tim Crane
Diana Chandra
Jamie Doi
Raeleen Eckerd-Taylor
Dena Higgins
Margaret Mayberry
Ashley Poorman
Cristy Rice
Nick Snider
Mark Ziegler

Ad Hoc Members

Dan Serfass—Superintendent
Autumn Reely—Director of Special/Student Services
Rick Ansel– Keystone Human Services
Kelsi Forster—Cumberland/Perry Drug & Alcohol Commission

For more information contact:

High School Counseling Center
717-901-2500 x3969
or
Middle School Office
717-901-2450 x3949

Camp Hill Student Assistance Program

SAP
STUDENT ASSISTANCE PROGRAM
Established 1984

Helping At-Risk Teens

Camp Hill School District
Camp Hill, Pennsylvania

What Is The Student Assistance (SAP) Program?

The Pennsylvania Student Assistance Program (SAP) is a systematic team process used to mobilize school resources to remove barriers to learning. SAP is designed to assist in identifying issues related to substance use/abuse and mental health issues which pose a barrier to a student's success. The primary goal of the Student Assistance Program is to help students overcome these barriers so that they may achieve, advance, and remain in school. While Student Assistance Programs exist in other areas of the country, the structure and operation of the program in Pennsylvania is a unique expression of an integrated model serving the needs of Pennsylvania families and students (Commonwealth of PA).

SAP assists students with issues related to, but not limited to, the following:

- Academic and behavioral challenges,
- Mental health concerns such as anxiety, depression, self-harm, and suicidal thoughts or ideation,
- Truancy,
- Substance abuse concerns for the student or addiction in the family,
- Family stressors,
- Relationship stress of friends or break up with significant others,
- Bullying,
- Grief and loss

The Core Team

The SAP model requires a trained multi-disciplinary core team which includes school staff and county designated community liaisons from behavioral health (mental health and drug and alcohol) agencies.

Members of the core team have a common base of knowledge about Student Assistance Programs in relation to adolescent chemical dependency, suicide, and other mental health concerns. Core Team members undergo intensive off-site training in order to implement successfully a Student Assistance Program and to become a member of the team.

Core team members participate in weekly meetings, serve as case manager for referrals, and complete tasks related to team function and promotion of SAP services.





How Does The Student Assistance Team Function?

The SAP team works students and their families to access services and assistance within the school, and if needed, in the community. The team does not diagnose, treat, or refer students for treatment. The team provides the information to make the choice(s) that best fit the needs and wishes of families. The Student Assistance Team is not a disciplinary entity.

SAP Team Functions

1. To receive referrals concerning at-risk students,
2. To conduct needs assessments for referred students,
3. To contact parents/guardians and involve them in the process, and
4. To arrange assistance from the intervention resources in the school and the community.