SHAC Meeting Minutes 10/8/25

Meeting start time: 1:05pm

- Introductions
- Agenda:
    - Purpose of SHAC
    - Benefits of SHAC
    - Membership: Board shall appoint at least 5 members, must be parents of students enrolled in district and not employed by district, Parent member must be chair or co-chair
    - Laws governing SHAC: required to meet at least 4 times per school year, prepare and maintain minutes, audio recording of each meeting, and post meeting minutes and audio recording on website. SHAC is responsible for making recommendations to the school board - not adopting policy. Public comment is not required, communication is encouraged.
    - Meetings: displayed Setting Committee Norms slide with 10 bullet points which include full participation, honor perspectives, open to change, adapting to new challenges, approach decisions with fairness, etc. Set Meeting Dates - 10/8/25, 12/3/25, 2/4/26, and 4/8/26. Addt'l subcommittee dates to be scheduled if needed.
    - Updates:

        24-25 Recap

        - Human Sexuality Curriculum: conducted a comprehensive review of human sexuality curriculum options for future implementation. The board voted on Choosing the Best as the district's human sexuality curriculum beginning in the 25-26 school year. Choosing the Best has facilitators to teach lessons instead of our teachers/staff, and is a free program/funded by the state. SHAC members from last year voiced the discussions that took place last year about choosing the sexuality curriculum = having 6-9th grade science teachers look over all curriculum options. For the 25-26 school year parents have the opt in option, 5 parent meetings are scheduled before curriculum is given to students.
        - Personal Communication Devices: previous SHAC were planning on presenting a device ban to our school board for LTHS, State Law stepped in. SHAC LTHS (2) members perspective - phones being taken when teachers and monitors see them out. Most students used to have them out at all times in class while some teachers required phones in caddies, that has definitely improved.

Overall it has been positive. Students are more focused, and most students' grades are improving. SHAC members are thrilled about the device ban. Some members expressed that they would like to see an improvement in screen time with laptops during the school day, and revert back to more paper/pencil. SHAC member as a teacher perspective of device ban = less dependence on googling answers, seeing more critical thinking and work.

- Counseling & Health Services Update: Navigate 360 Compass - (for all grade levels) comprehensive, research-based curriculum designed to support students' mental health, social-emotional, and behavioral needs. Getting great feedback from counselors using Navigate 360 Compass.
    -LTISD is required to provide lessons on trafficking/abuse, suicide prevention, bullying, and fentanyl - all age appropriate.
    - Dates for 25-26 LTISD Virtual Parent Workshop Series
        1) 9/18/25 Emerging Threats Targeting Minors Online: Understanding and Preventing Digital Exploitation
        2) 10/1/25 Protecting Students in a Digital World: Bullying & Cyberbullying Awareness
        3) 10/27/25 The Dangers of Fentanyl: A Mother's Story
        4) 11/16/25 Youth Vaping: The Problems and The Solutions
- SB 12 - Parent Consent for School Nurses, School Counseling Services: new law requires schools to obtain parental consent each year before providing certain routine services. These include physical health care through school nurses, mental health support through school counselors, and student participation in school-based clubs. Discussed differences between nurse consent and counseling consent. Discussed the role of social workers within LTISD - which LTISD has had for the past 5 years - they help students that are educationally disadvantaged such as homeless students, students w/ parents that are incarcerated, etc.
- FANS Update: Completed Triennial Assessment of the Wellness Plan last year - results posted on FANS website. This year SHAC will review and vote to approve edits.
- Topics for 25-26: split into small groups to discuss topic considerations for this school year

Meeting adjourned at 2:10pm