



**ROGERS SCHOOL DISTRICT
HEALTH AND WELLNESS COMMITTEE MEETING**

Date: October 1, 2025
3:30 pm

Attendance Record:

Members

Margie Bowers
Melody Sebastian
Paige Sultemeier
Suzanne Spivey
Esti Corcoran
Daphne Tuomala
Janette Coberly
Kristy Brown
Laurel Tuomala

Committee Representation

*Co-Chair/Child Nutrition
*Co-Chair/School Health Index/Fed.Prog.
*Community member
*School Board Member
*Teachers/Physical Education
*Executive Secretary
*School Health Administrator
*Assistant Superintendent
*Student Member

In Attendance

AGENDA ITEMS

Take Roll/Establish Quorum
Welcome to New Members
Melody Sebastian - Triennial Assessment
Margie Bowers - Annual Smart Snack Update
Margie Bowers - Menu/USDA Update

ACTION ITEMS: (Requiring 2/3 majority of required membership)

Approval of Menus - Margie Bowers

OTHER ITEMS:

Future Meeting Dates:
December 3, 2025
March 4, 2026
May 6, 2026