

Community Resource Guide


school year 2022/2023


South San Francisco Adult Education has compiled this guide to essential resources for our students. Link in each description box.

Food Programs


 **Food Assistance Program (CalFresh)**
Provides a debit card for eligible low-income households. CalFresh benefits can be used to buy food at all major grocery stores, many neighborhood stores and participating farmers markets.
1.800.223.8383

 **Second Harvest Food Bank Connection**
Provides multi-lingual referrals to free food pantries/groceries and soup kitchens.
1.800.984.3663


 **Café St. Vincent**
421 4th Lane, South San Francisco, CA 94080
Mon.-Sat., 10 AM-12 noon; Food only on Sat.
Entrance at rear of the building.
650.589.9039


 **Meals on Wheels (San Mateo to Daly City)**
Will deliver a hot meal to the home of persons age 60 or over or homebound who are unable to prepare their own meals.
650.272.5041

Health Care


 **Mobile Clinic**
Health screenings, immunizations, family planning for low-income, non-insured and homeless people.
650.573.2786


 **San Mateo County Health Coverage Unit**
Enrollment application assistance with public health coverage programs such as Medi-Cal, Covered California, Access and Care for Everyone (ACE), and Healthy kids.
650.616.2002


 **Health Plan of San Mateo**
A locally managed health care program for Medi-Cal and Medicare recipients.
650.616.0050

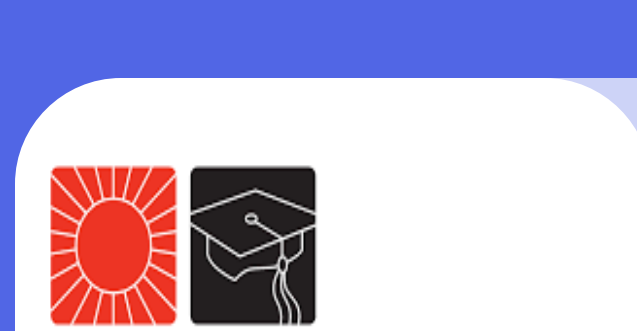
 **COVID-19 Testing**
Safe, easy and no-cost testing is widely available at County-sponsored locations for everyone who works or lives in San Mateo County regardless of symptoms.

Education/Tutoring/Community

 650.877.8700
South San Francisco Unified School District. Home to:
9 Elementary Schools
3 Middle Schools
3 High Schools
1 Adult School


 650.829.3871
With the help of a volunteer tutor, learners become more independent at home, at work, and in their communities. Also offer free training, workshops, and books.

 **The Community Learning Center's** educational programs, which focus on family support and community building, assist South San Francisco residents in reaching their full potential.
650.877.8540

 **Transition Coordinator for Adult School Students:**
Nereida Angulo
angulon@smccd.edu
650-738-7967


Additional Resources:

 **San Mateo Resource Handbook in English, 2021**
San Mateo Resource Handbook in Spanish, 2021

 **Community Resource Center of the YMCA in South San Francisco**
[CRC Flyer Link](#)


 **SF SERVICE GUIDE**
Find essential services in San Francisco


Legal Services


 **Dream Center & Legal Clinic**
The clinic will help bridge the justice gap by providing access to legal services for under-resourced members of the local community.
650.738.4220

 **Immigration Institute of the Bay Area**
IIBA provides high-quality, affordable immigration legal services, education, and civic engagement opportunities.
650.665.3086


Domestic Abuse/ Family Resource


 **CORA**
COMMUNITY OVERCOMING RELATIONSHIP ABUSE
Helping those affected by intimate partner abuse. From counseling, to emergency housing, to legal assistance, our services are designed to provide safety, support, and healing.
650.312.8515

 **BAY AREA LEGAL AID**
WORKING TOGETHER FOR JUSTICE
If someone is hurting or threatening you and you feel you need an order to protect you
888.330.1940

 **Family Resource Centers**
Provides counseling, support and education services for youth and adults, home visiting, parent involvement in leadership, financial assistance and case management.
650.802.7684


Child Care and Parenting


 **Early Learning Program**
Providing high-quality, innovative early learning, and helping parents nurture their children's development during the critical first five years.
info@peninsulafamilyservice.org

 **4Cs (Child Care Coordinating Council)**
offers information about child care availability and options, as well as other resources throughout San Mateo County.
650.517.1400


  **Making San Francisco A Great Place to Grow Up**


Transportation


 **The Free South City Shuttle** provides free service around SSF, w/ trips to local stores, senior center, libraries, city hall, & parks. The shuttle provides transit connections w/ SamTrans & BART. Free, open to the general public.
650.877.8550

 **Getting you around the Bay Area**
511.org

Employment and Training

 **Job Train, South San Francisco**
Serving the residents of South San Francisco with their job search needs: Resume, Interview practice, Job placement services...
650.330.6453

 **NOVA works Job Center, San Mateo**
Offers comprehensive employment services for job seekers, youth and employers.
650.581.0058

 **Phase2Careers**
Assist older adults in finding new career opportunities through job search and career development workshops.
www.phase2careers.org