

**KAIROS**  
HEALTH ARIZONA, INC.

# 2025-2026 BENEFITS

**CHANDLER UNIFIED SCHOOL DISTRICT NO. 80**



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## ENROLLMENT CHECKLIST

- **CHOOSE YOUR PLAN**  
Select a medical program option and decide who you're going to cover.
- **MAKE A CONTRIBUTION TO YOURSELF**  
If you have the option to enroll in a high deductible health plan (HDHP), don't miss out on making health savings account (HSA) contributions.
- **TAKE CARE OF YOUR LOVED ONES**  
Review and update beneficiary designations for life insurance benefits as needed.
- **ARE YOUR DEPENDENTS STILL ELIGIBLE?**  
Confirm that any dependents up to age 26 are still eligible to be enrolled.
- **CHOOSE YOUR OTHER COVERAGES**  
If applicable, review and decide whether to elect any additional employee-paid benefits.

## DON'T MISS OUT!

Open enrollment is **April 15–30, 2025**.

Don't miss this opportunity! It's the one time each year you can make changes to your benefit elections (unless you have a qualifying event; see p. 5 for more information).



# BEFORE WE BEGIN

## PLAN YEAR

The plan runs from July 1 to June 30 of each year. That means every July 1, deductibles and out-of-pocket maximums will reset.

## WHAT'S NEW?

There are some exciting enhancements this year, called out in the appropriate section in the guide. Just look for anything labeled “new”!

## ABOUT THIS GUIDE

This interactive guide provides a summary of benefit options to help you make the right decisions for yourself and your family. If there is a conflict between this guide and the wording of plan documents, the plan documents will govern. A copy of the plan document is available upon request.

## HOW TO USE

It's simple to use; just follow these instructions.

**Looking for something?** To navigate through the eGuide, simply click through the pages using the arrows. Prefer to skip to a certain section? Just click on the **Table of Contents** or **Pages** icons to jump to the section you need.

You will also see a **Search** bar. When you're looking for something, simply type the word in the search bar and it will direct you to that section.

**Clickable links.** When you see an icon like the ones listed below, just click on it to get access to more information such as:



Direct to websites, member portals, and documents



Watch a short, educational video



Listen to a voiceover about the information on the applicable page (click to start or stop the voiceover)



Send an email and get in contact with someone

## IMPORTANT!

Please note that the voiceover feature in this guide will only work if you use the electronic link provided. Also, not every page will offer a voiceover option. If you download the eGuide as a PDF, the voiceover will not work. To get a link to your eGuide, please contact Kairos (888.331.0222) or your employer.



Questions: 888.331.0222 or [www.svc.kairoshealthaz.org](http://www.svc.kairoshealthaz.org)



# WHO SHOULD YOU CALL?

Contact our plan providers directly if you have questions or would like more detailed information about our plans. Then, if you need additional assistance regarding your benefits, contact Chandler's Benefits Department.

PLAN PROVIDER	FOR QUESTIONS ABOUT...	PHONE	WEBSITE
UMR	Medical eligibility and benefits; claims and appeals; precertification; ID cards	844.212.6811	<a href="http://UMR.com">UMR.com</a>
MaxorPlus	Prescription benefits	800.687.0707	<a href="http://MaxorPlus.com">MaxorPlus.com</a>
Teladoc	Virtual physician visits	800.835.2362	<a href="http://Teladoc.com">Teladoc.com</a>
ComPsych	Employee assistance program; counseling and work-life services	833.955.3386	<a href="http://GuidanceResources.com">GuidanceResources.com</a>
HealthEquity	Health savings account; flexible spending account	866.346.5800	<a href="http://HealthEquity.com">HealthEquity.com</a>
Delta Dental	Delta Dental plan	602.938.3131 800.352.6132	<a href="http://DeltaDentalAZ.com">DeltaDentalAZ.com</a>
Total Dental Administrators an EMI Health Company	TDA DHMO dental plan	888.422.1995	<a href="http://TDA dental.com">TDA dental.com</a>
VSP	Vision benefits	800.877.7195	<a href="http://VSP.com">VSP.com</a>
MetLife	Basic and supplemental life and AD&D plans; voluntary short-term disability; worksite benefits	877.638.7868	<a href="http://MetLife.com">MetLife.com</a> <a href="http://MyBenefits.MetLife.com">MyBenefits.MetLife.com</a>
MetLife Hyatt Legal	Prepaid legal coverage	800.821.6400	<a href="http://LegalPlans.com">LegalPlans.com</a>
Nationwide	Pet insurance	877.738.7874	<a href="http://Petinsurance.com">Petinsurance.com</a>
WEX Health	COBRA administration	866.451.3399	<a href="http://WexINC.com">WexINC.com</a>
LIG Solutions	Health insurance coverage solutions (Medicare, COBRA, individual)	844.214.0598	<a href="http://Partner.LIGSolutions.com/kairos-chandler">Partner.LIGSolutions.com/ kairos-chandler</a>
Chandler USD Benefits Department	All other benefit-related questions	480.812.7651 480.812.7036	<a href="http://CUSD80.com">CUSD80.com</a>

## WHO'S ELIGIBLE?

- ✓ Full-time employees working at least 30 hours per week or job share employees
- ✓ Part-time employees working 20-29 hours (voluntary benefits only)
- ✓ Active board members or council members
- ✓ Dependents of enrolled employees, including:
  - lawfully married spouses
  - dependent children up to age 26
  - unmarried children who are mentally or physically handicapped and fully dependent on the enrolled employee for support and maintenance

THE ELECTIONS MADE DURING THIS ENROLLMENT PERIOD ARE EFFECTIVE FROM

**July 1, 2025 to June 30, 2026**

## WHEN CAN I MAKE A CHANGE?

You can make changes or elect benefits once a year during open enrollment. Outside of open enrollment, the IRS says a "qualified life event" must occur in order to make changes to your benefits.

- Marriage, divorce, legal separation, or annulment
- Birth, adoption, placement for adoption, or legal guardianship of a child
- Death of a dependent
- Change in your spouse's employment or involuntary loss of health coverage under another employer's plan
- Change in your dependent's eligibility status

If you experience a qualified life event and need to make a change to your benefits, you must notify Chandler Benefits Department within **31 days** of the event. Otherwise, you will have to wait until the next open enrollment period.



### HAD A BABY?

If you recently had a baby, please note that newborns are **not** automatically added to your medical coverage. You must notify Chandler Benefits within 31 days of the date of birth and pay the full premium amount for the month the child is added.

If you do not take action within 31 days of the birth, you will have to wait until next open enrollment period to add your child to your benefits.



### ELIGIBLE FOR MARKETPLACE COVERAGE?

If you lose medical coverage through the Marketplace mid-year, you may not then join the Kairos plan outside of your open enrollment period. You may, however, drop your Kairos medical coverage to join a Marketplace plan outside of your open enrollment period.

## LIG SOLUTIONS

Speaking of other coverage, LIG Solutions is here to help compare your health insurance options such as Medicare, COBRA, individual coverage, and more. Contact LIG Solutions at 844.214.0598 or visit

[Partner.LIGSolutions.com/kairos-chandler](https://Partner.LIGSolutions.com/kairos-chandler)

## STARTING WITH THE BASICS

We get it, insurance is complicated. It doesn't have to be. Kairos strives to simplify this for you by providing educational information, short videos, and spending the time to walk you through it.

So, let's start with the basics like what a deductible is and how it works. Check out this short video that explains the different terminology and how a plan works.



### Medical Benefits 101

*Click the link or scan the code to watch this quick video*



## HOW A MEDICAL PLAN WORKS

**Let's walk through an example together using a \$2,000 deductible with a \$4,000 out-of-pocket maximum as an example.**



Note: This is a general overview of how a medical plan works. Actual amounts may vary based on the plans offered by your employer. Always remember to stay in-network to maximize your benefits. Refer to the medical plan section for more details about plans offered to you.

## PREVENTION IS PRICELESS

There are services under a medical plan that are 100% paid for when visiting an in-network provider. These are called your preventive services, or wellness care.

### Examples of preventive benefits include:

- ✓ Annual wellness visit
- ✓ Prostate screenings
- ✓ Immunizations and flu shots
- ✓ Hearing exams
- ✓ Mammogram screenings
- ✓ Colonoscopy screenings
- ✓ Cancer screenings
- ✓ Generic contraceptives
- ✓ Blood pressure tests

### But what happens if I receive a bill from my provider for a qualified wellness screening?

This could mean that you had a diagnostic screening or it may have been coded incorrectly. Get in touch with Kairos and we can help you through it: 888.331.0222.

## UMR

UMR is the medical claims processor and uses the UnitedHealthcare (UHC) Choice Plus network. This is a PPO network, which is a group of health care providers who discount what they charge you for services. By staying in-network, services will cost you less.



### How does it all work?



#### CUSD The Plan

CUSD funds all of the health care plans and partners with Kairos to administer your benefits.



#### UnitedHealthcare Medical Network

Kairos medical plans use the UnitedHealthcare network. If your doctor asks what medical network you have, you'll say, "United."



#### UMR Claims Handling

UMR processes your medical claims. When you see your doctor, he or she submits the claim to UMR. For questions about your medical coverage, call Kairos or UMR (not United).

## FIND A DOCTOR

If you want to find a doctor, there's no need to log in! Instead, follow these simple steps:

- ✓ Go to [umr.com](http://umr.com)
- ✓ Select "Find a Provider"
- ✓ In the Provider Network search bar, type the network name: **UnitedHealthcare Choice Plus**
- ✓ Click search, then view providers
- ✓ Type in your address or zip code

Now you'll be able to search by provider name, locations, services, and more.

## MANAGE YOUR BENEFITS

Create your mobile-friendly account at [umr.com](http://umr.com) to take full advantage of your medical benefits. You'll need to have your ID card handy to register. From there, you can:

- ✓ View/print/order ID cards
- ✓ View medical claims
- ✓ Monitor your deductible and out-of-pocket limits
- ✓ Shop for the best and most cost-effective care

## did you know?

Not all doctors and facilities charge the same amount for services.

**Individuals who compare costs before receiving care pay 36% less.**

You shop for car insurance, so why not shop for your medical care?

When logged into the UMR portal, leverage their Cost Transparency Tool to get cost estimates for services.



## MAXORPLUS

When you enroll in Kairos medical benefits, you automatically receive prescription drug coverage through MaxorPlus. This benefit allows you to fill prescriptions through any participating pharmacy listed in the MaxorPlus pharmacy network.



## MANAGE YOUR BENEFITS

Your pharmacy coverage includes access to a member portal at [members.maxorplus.com](https://members.maxorplus.com). At a glance, you can use the member portal to:

- ✓ View your prior authorization activity
- ✓ Manage pharmacy refills
- ✓ View deductible and out-of-pocket limits
- ✓ Sign up for home delivery
- ✓ Shop around for pharmacies and medications

## TIPS

- If you're on a high deductible health plan, you must pay for the full cost of medications prior to meeting your deductible. The exception to this is if you take a medication on the Preventive List and Formulary. Keep this in mind when deciding which plan is right for you.
- Thanks to the ever-changing market, covered medications change often throughout the year. If you're ever concerned about a medication being covered, contact Maxor at the number below or Kairos (888.331.0222).
- If you like convenience, sign up for mail order to have your 90-day medications delivered right to your doorstep. This might not be an option for everyone.

## SHOPPING FOR PRESCRIPTIONS

Depending on your medication type, dosage, and frequency, the dollars can add up quickly. But you have options for lowering your out-of-pocket costs. Try these simple steps to help you save a buck or two!



### TAKE THE GENERIC

Generics have the same strength and active ingredients as the name brand version of your medications. The only difference is that they're significantly cheaper. Talk to your prescriber to see if generics are right for you.

### SIGN UP FOR MYMAXORLINK

The myMaxorLink discount program does the work for you. Once enrolled, you'll automatically receive information on lower-cost prescriptions, reminders specific to your benefits, and other important health updates. Call 888.596.0723 to enroll or go to [mymaxorlink.com/maxorplus](https://mymaxorlink.com/maxorplus).

### TRY GOODRx

GoodRx could be a good option for those expensive medications or medications not covered by insurance. Please note, however, that when using GoodRx, your insurance will not apply.



## NURSES ON YOUR SIDE

Navigating health care and insurance can be complicated and leave you feeling overwhelmed. That's where we come in. Through the **KairosPro Nurse Navigators** program, our dedicated in-house nurses help guide you through the health care system, choose the best treatment, and keep your costs to a minimum.



With this program, you have a real person in your corner who not only has a clinical background but understands your insurance coverage and is there to provide support **at no cost to you.**

### How can our nurses help you?

- ✓ Finding in-network providers
- ✓ Assisting with appeals and prior authorizations
- ✓ Reviewing and monitoring claims
- ✓ Obtaining medical and prescription orders
- ✓ Monitoring high-cost medications and medical treatment
- ✓ Coordinating medical services, prescriptions, and durable medical equipment supplies
- ✓ Monitoring inpatient admissions
- ✓ Helping with post-discharge needs
- ✓ Overseeing and collaborating with partner case management programs
- ✓ Arranging for redirection of care, if appropriate
- ✓ Attending onsite biometric screening events and engaging in outreach and follow-up
- ✓ Researching and connecting members with community resources

**Bonus:** Personalized mental health support for finding in-network mental health providers, lining up post-discharge resources, and more!



Want to speak to a Nurse Navigator? Call 888.331.0222 or send an email to [nurse@kairoshealthaz.org](mailto:nurse@kairoshealthaz.org)

(Please include the name of your employer and refrain from emailing sensitive and personal information.)

## SKIP THE ER & USE TELADOC

Teladoc allows those enrolled in the medical plan to use their phone or computer to conduct a live virtual visit with a board-certified medical professional—any day, anytime, anywhere.



### COVERED SERVICES

- **General medicine:** Treat cold & flu, allergies, strep throat, and more
- **Dermatology:** Treat psoriasis, eczema, acne, and more (no phone call needed)
- **Counseling:** Support for anxiety, eating disorders, depression, and more

**NEW:** Starting July 1, 2025, Teladoc will now collect a fee for services for those on a high-deductible health plan until they meet their deductible. However, these fees can be significantly lower than if you were to go to Urgent Care or the Emergency Room.



### WAIT! DID YOU REGISTER?

You must create an account through Teladoc before you can access your benefits. Click the link, scan the code, or call Teladoc at 800.835.2362.



Please note: Enrolled dependents ages 18+ must set up their own Teladoc account prior to receiving care.

Our wellness programs—available through **KairosPro Wellness**—include a variety of options to help promote a healthier and happier you. Take advantage of these offerings at no cost (unless you see a cost listed).



## Active&Fit fitness program

Starting at \$28/month, you'll get access to 18,000+ fitness centers with no long-term contracts. You'll also get access to online workout videos, one-on-one life coaching, and options for enrolling your spouse.

Get more information or access to promo codes by visiting [kairoshealthaz.org/AFD](http://kairoshealthaz.org/AFD).



## Online wellness center

Our online wellness hub provides wellness activities to keep you on track for healthy eating, weight management, physical activity, and more.

To access, log in at [umr.com](http://umr.com), Health Center, and Wellness Activity Center.



## Real Appeal

A no-cost healthy lifestyle and weight loss program for employees and dependents 18+. Participants on the medical plan who qualify based on BMI or comorbidities can work directly with a health coach.

Sign up at [enroll.realappeal.com](http://enroll.realappeal.com).



## Discount tool

Through [EmployeeNetwork.com](http://EmployeeNetwork.com), you can register to receive over 300 exclusive discounts. These include tickets to theme parks, concerts, sporting events, and more.

Use **Company Code: Kairos Health** when registering. (Yes, there should be a space between Kairos and Health)



## CARE Programs

**Maternity care program:** Whether you are considering having a baby or are already expecting, UMR Maternity CARE can explain how to reduce your risk of complications and prepare you to have a successful, full-term pregnancy and a healthy baby. For completion of the program, you'll receive a \$25 incentive!

**Ongoing condition care program:** For those who need help when managing chronic conditions like diabetes, COPD, asthma, hypertension, and more, this program is for you.

**Complex condition care program:** Get assistance with complex cases such as transplants, oncology, high-risk maternity, and neonatal care.

## KAIROS VITALITY VIBE

Vitality Vibe is your monthly newsletter dedicated to promoting healthy habits and recipes, wellness offerings, and other valuable benefit insights.

These are emailed out to you from your employer on a monthly basis. They are also posted on the Kairos website underneath

**Resources:** [www.svc.kairoshealthaz.org](http://www.svc.kairoshealthaz.org).



*Vitality Vibe Newsletters*  
*Scan the code to access*



## COMPSYCH EAP

Everyone can use a little help sometimes. That's where your EAP benefit comes in. Through the employee assistance program (EAP) with ComPsych, you can speak with a highly-trained and compassionate guidance consultant who can help you and your family 24/7.

## FREE SHORT-TERM COUNSELING

- ✓ Stress and anxiety
- ✓ Relationship/marital conflicts
- ✓ Grief, loss, and life adjustments
- ✓ Substance abuse
- ✓ Minor depression management

Your benefit includes 6 one-on-one counseling sessions per family member, per issue, per year at no cost to you.

## WORK-LIFE SOLUTIONS

Get the everyday help you need with work-life solutions. Call the number at the bottom of the page for assistance with topics including:

- ✓ Finding child, pet, or elder care
- ✓ Housing searches
- ✓ Seeking financial assistance
- ✓ Will preparation
- ✓ Sending a child off to school
- ✓ Planning a major project or event

## ONLINE RESOURCES

You have 24/7 access to vital information, tools, and support through the ComPsych website.

### WHAT TO EXPECT

- Product and service discounts
- Educational articles, podcasts, and videos
- On-demand trainings
- "Ask the Expert" personal responses to your questions

### HOW TO ACCESS

1. Go to [guidanceresources.com](http://guidanceresources.com)
2. Click Register
3. Enter Web ID: **KAIROSEAP**
4. Complete your registration
5. Gain access to endless resources



## OPTIONS, OPTIONS, OPTIONS

Kairos offers an abundance of health care options for you to choose from. At times, this could feel overwhelming. Don't let it be. Save this guide to help you when deciding where to go.

TELADOC	URGENT CARE	PRIMARY CARE OR SPECIALIST	EMERGENCY ROOM
\$	\$\$	\$\$	\$\$\$\$
<ul style="list-style-type: none"> <li>Sore throat</li> <li>Mild cold and flu symptoms</li> <li>Skin conditions</li> <li>Short-term counseling</li> </ul>	<ul style="list-style-type: none"> <li>Allergic reaction</li> <li>Cuts requiring stitches</li> <li>Minor burns</li> <li>Sprains or strains</li> <li>Suspected broken bones</li> </ul>	<ul style="list-style-type: none"> <li>Check ups or physicals</li> <li>Wellness/preventive care</li> <li>Common illness</li> <li>Flu shots and other vaccines</li> <li>Health advice</li> <li>Medication refills</li> <li>Routine tests</li> </ul>	<ul style="list-style-type: none"> <li>Broken bones</li> <li>Coughing/vomiting blood</li> <li>Chest pain</li> <li>Head or eye injury</li> <li>Poisoning or overdose</li> <li>Severe burns</li> <li>Signs of stroke</li> <li>Shortness of breath</li> </ul>
To get in touch with Teladoc, visit <a href="http://www.teladochealth.com">www.teladochealth.com</a>	To find in-network facilities, visit <a href="http://www.umar.com">www.umar.com</a>	To find in-network providers, visit <a href="http://www.umar.com">www.umar.com</a>	To find in-network facilities, visit <a href="http://www.umar.com">www.umar.com</a>

These examples are general guidelines, and it's important to use your judgment and consult with health care professionals when deciding where to seek care. If in doubt, especially in potentially life-threatening situations, it's always best to err on the side of caution and seek emergency care.

## CENTERS OF EXCELLENCE

Do you have an upcoming non-emergent surgery planned? Find care with fewer headaches at our Centers of Excellence facilities, in partnership with Carrum Health. This benefit is available to those enrolled in a medical plan, ages 18 to 65.

### COVERED PROCEDURES

- Joint replacement: Hip, knee, ankle, shoulder - total or partial replacement revisions
- Spine (neck and back): Fusion, decompression, laminectomy
- Heart (valve repair)
- Cancer care: Breast, thyroid
- NEW:** Substance use therapy



### BENEFITS

- ✓ Most procedures covered from pre-op consult to post-op discharge
- ✓ Pay no or low cost for covered procedures
- ✓ Receive care from proven quality specialist throughout the country
- ✓ You and your plus one get main mode of transportation, lodging, and a food stipend covered

Ready to get started? Visit [www.carrum.me/kairos](http://www.carrum.me/kairos) or call 888.855.7806

BENEFIT OVERVIEW	IN-NETWORK <sup>4</sup>	OUT-OF-NETWORK <sup>4</sup>
DEDUCTIBLE <sup>1</sup>	\$2,000/employee \$4,000/employee +1 or more	\$4,000/employee \$8,000/employee +1 or more
OUT-OF-POCKET MAXIMUM <sup>2</sup>	\$4,000/employee \$8,000/employee +1 or more	\$8,000/employee \$16,000/employee +1 or more
OFFICE VISITS/TELEHEALTH	\$25 copay primary care physician \$50 copay specialist	Deductible, then 50%
TELADOC	No deductible, \$0	Not available
URGENT CARE	\$50 copay	Deductible, then 50%
EMERGENCY ROOM	\$500 access fee, then 20%	\$500 access fee, then 20%
WELLNESS SERVICES Mammograms Colonoscopies Immunizations Well visits (adult/child)	No deductible, \$0	Deductible, then 50%
INPATIENT HOSPITAL	Deductible, then 20%	Deductible, then 50%
OUTPATIENT HOSPITAL	Deductible, then 20%	Deductible, then 50%
OUTPATIENT BEHAVIORAL VISIT	Primary care copay or 20%	Deductible, then 50%
CENTERS OF EXCELLENCE Joint replacement Spine (neck and back) Cancer care: Breast, thyroid Substance use therapy	No deductible, \$0	Not available

## PRESCRIPTIONS

**You must meet your prescription deductible first: \$100 employee/\$300 family**

### RETAIL

(30-day supply)

- Generic: \$10
- Preferred: \$70
- Non-preferred: \$150
- Specialty: 50% (maximum of \$180)

### MAIL ORDER

(90-day supply)

- Generic: \$25
- Preferred: \$175
- Non-preferred: \$375

<sup>1</sup>This plan has an embedded individual deductible and an embedded out-of-pocket limit. This means that although a deductible and out-of-pocket limit apply to the family as a whole, no individual will be responsible for more than his/her individual deductible before the plan pays benefits for that person, and no individual will be responsible for more than his/her individual out-of-pocket limit. All benefits are subject to the deductible, unless otherwise noted.

<sup>2</sup>The out-of-pocket maximum includes deductibles, copayments, and coinsurance for all medical and prescription plan benefits.

<sup>3</sup>Teladoc services are covered at 100% subject to the expiration of the CARES Act. Once the CARES Act expires, services will revert to the pre-CARES cost structure with applicable copays/deductibles when stated.

<sup>4</sup>The in-network and out-of-network deductibles and out-of-pocket maximums are separate. This means that amounts applied toward the in-network deductible and out-of-pocket maximum do not also apply toward the out-of-network deductible and out-of-pocket maximum. Similarly, amounts applied toward the out-of-network deductible and out-of-pocket maximum do not also apply toward the in-network deductible and out-of-pocket maximum.

*Please note: Information provided above may be subject to change at any time.*

Questions: 888.331.0222 or [www.svc.kairoshealthaz.org](http://www.svc.kairoshealthaz.org)



BENEFIT OVERVIEW	IN-NETWORK <sup>3</sup>	OUT-OF-NETWORK <sup>3</sup>
DEDUCTIBLE <sup>1</sup>	\$3,300 employee \$6,000/employee +1 or more	\$6,000 employee \$12,000/employee +1 or more
OUT-OF-POCKET MAXIMUM <sup>2</sup>	\$4,750 employee \$9,500/employee +1 or more	\$9,500 employee \$19,000/employee +1 or more
OFFICE VISITS/TELEHEALTH	Deductible, then 20%	Deductible, then 50%
TELADOC	Deductible, then \$0	Not available
URGENT CARE	Deductible, then 20%	Deductible, then 50%
EMERGENCY ROOM	Deductible, then 20%	Deductible, then 20%
WELLNESS SERVICES Mammograms Colonoscopies Immunizations Well visits (adult/child)	\$0	Deductible, then 50%
INPATIENT HOSPITAL		
OUTPATIENT HOSPITAL	Deductible, then 20%	Deductible, then 50%
OUTPATIENT BEHAVIORAL VISIT		
CENTERS OF EXCELLENCE Joint replacement Spine (neck and back) Cancer care: Breast, thyroid Substance use therapy	Deductible, then \$0	Not available

## PRESCRIPTIONS

**You must meet your annual medical deductible first, except for preventive medications<sup>4</sup>**

### RETAIL

(30-day supply)

- Generic: \$10
- Preferred: \$70
- Non-preferred: \$150
- Specialty: 50% (maximum of \$180)

### MAIL ORDER

(90-day supply)

- Generic: \$25
- Preferred: \$175
- Non-preferred: \$375

<sup>1</sup>This plan has an embedded individual deductible and an embedded out-of-pocket limit. This means that although a deductible and out-of-pocket limit apply to the family as a whole, no individual will be responsible for more than his/her individual deductible before the plan pays benefits for that person, and no individual will be responsible for more than his/her individual out-of-pocket limit. All benefits are subject to the deductible, unless otherwise noted.

<sup>2</sup>The out-of-pocket maximum includes deductibles, copayments, and coinsurance for all medical and prescription plan benefits.

<sup>3</sup>The in-network and out-of-network deductibles and out-of-pocket maximums are separate. This means that amounts applied toward the in-network deductible and out-of-pocket maximum do not also apply toward the out-of-network deductible and out-of-pocket maximum. Similarly, amounts applied toward the out-of-network deductible and out-of-pocket maximum do not also apply toward the in-network deductible and out-of-pocket maximum.

<sup>4</sup>You must meet the annual medical plan deductible before the plan pays a prescription drug benefit, with the exception of certain preventive medications not subject to the deductible. For a detailed list of medications that are exempt from this rule under the HDHP plans, visit MaxorPlus.com.

*Please note: Information provided above may be subject to change at any time.*



BENEFIT OVERVIEW	IN-NETWORK <sup>3</sup>	OUT-OF-NETWORK <sup>3</sup>
DEDUCTIBLE <sup>1</sup>	\$5,000 employee \$10,000/employee +1 or more	\$10,000 employee \$20,000/employee +1 or more
OUT-OF-POCKET MAXIMUM <sup>2</sup>	\$6,450 employee \$12,900/employee +1 or more	50% coinsurance with no maximum
OFFICE VISITS/TELEHEALTH	Deductible, then 20%	Deductible, then 50%
TELADOC	Deductible, then \$0	Not available
URGENT CARE	Deductible, then 20%	Deductible, then 50%
EMERGENCY ROOM	Deductible, then 20%	Deductible, then 20%
WELLNESS SERVICES Mammograms Colonoscopies Immunizations Well visits (adult/child)	\$0	Deductible, then 50%
INPATIENT HOSPITAL		
OUTPATIENT HOSPITAL	Deductible, then 20%	Deductible, then 50%
OUTPATIENT BEHAVIORAL VISIT		
CENTERS OF EXCELLENCE Joint replacement Spine (neck and back) Cancer care: Breast, thyroid Substance use therapy	Deductible, then \$0	Not available

## PRESCRIPTIONS

**You must meet your annual medical deductible first, except for preventive medications<sup>4</sup>**

### RETAIL

(30-day supply)

- Generic: \$10
- Preferred: \$70
- Non-preferred: \$150
- Specialty: 50% (maximum of \$180)

### MAIL ORDER

(90-day supply)

- Generic: \$25
- Preferred: \$175
- Non-preferred: \$375

<sup>1</sup>This plan has an embedded individual deductible and an embedded out-of-pocket limit. This means that although a deductible and out-of-pocket limit apply to the family as a whole, no individual will be responsible for more than his/her individual deductible before the plan pays benefits for that person, and no individual will be responsible for more than his/her individual out-of-pocket limit. All benefits are subject to the deductible, unless otherwise noted.

<sup>2</sup>The out-of-pocket maximum includes deductibles, copayments, and coinsurance for all medical and prescription plan benefits.

<sup>3</sup>The in-network and out-of-network deductibles and out-of-pocket maximums are separate. This means that amounts applied toward the in-network deductible and out-of-pocket maximum do not also apply toward the out-of-network deductible and out-of-pocket maximum. Similarly, amounts applied toward the out-of-network deductible and out-of-pocket maximum do not also apply toward the in-network deductible and out-of-pocket maximum.

<sup>4</sup>You must meet the annual medical plan deductible before the plan pays a prescription drug benefit, with the exception of certain preventive medications not subject to the deductible. For a detailed list of medications that are exempt from this rule under the HDHP plans, visit MaxorPlus.com.

*Please note: Information provided above may be subject to change at any time.*



If you enroll in a high deductible health plan (HDHP), you are eligible to open a health savings account with HealthEquity. An HSA is a personal savings account that lets you set aside pre-tax money from your paycheck to use on qualified medical expenses. Some examples of qualified expenses include deductibles and copays, doctor's office visits, prescription drugs, vaccines, screenings, and more! For a complete list, visit [healthequity.com/kairos/qme](https://healthequity.com/kairos/qme).



Once you receive your debit card from HealthEquity, you'll be able to use your account. New cards are issued only to first-time enrollees (or if an existing card expires). Because it's your personal account, please contact HealthEquity if you need a replacement debit card.

## HSA Advantages



### Triple Tax Benefit

Contributions are tax deductible; the funds grow with no tax liability; and money used for health expenses is not taxed upon withdrawal.



### It's Yours Forever

The money in your HSA rolls over every year and is yours to keep, even if you leave your employer.



### Grow and Save

You can invest the funds, and your earnings grow tax-free. After age 65, you can use the HSA like a traditional retirement account and funds used for non-medical expenses will be taxed as income.

## YOU'RE ELIGIBLE FOR AN HSA IF

- You're enrolled in a qualified high deductible health plan.
- You're not also covered by a spouse's non-HDHP employer plan.
- You aren't enrolled in Medicare or another non-qualified health care plan.
- You can't be claimed as a dependent on someone else's tax return.

## HOW MUCH CAN YOU CONTRIBUTE?

TIER	MAXIMUM AMOUNT
INDIVIDUAL	\$4,300
FAMILY	\$8,550
AGE 55+	Additional \$1,000



*Learn how to maximize your HSA  
Click link or scan for a short video*

You may contribute the maximum amount stated on a calendar year basis, or January 1 to December 31. This is a little different from the Kairos plan year, which runs from July to June. You are responsible for verifying eligibility and calculating your contributions (including any employer contributions) so that they don't exceed the maximum annual amount.



# FLEXIBLE SPENDING ACCOUNT (FSA)

Set aside pre-tax dollars for eligible health care and dependent care expenses in a flexible spending account (FSA) administered by HealthEquity. These accounts are also referred to as consumer-driven accounts, or CDAs. You elect how much you want to contribute in equal installments throughout the year.



	MEDICAL REIMBURSEMENT FSA	LIMITED PURPOSE FSA	DEPENDENT CARE FSA
WHAT ARE THE ANNUAL CONTRIBUTION LIMITS?	Up to \$3,300 (depending on your employer's plan option)	Up to \$3,300 (depending on your employer's plan option)	Up to \$5,000 (tax filing status and participation in other plans may affect contribution limits)
WHAT CAN AN FSA BE USED FOR?	Eligible medical, dental, and vision expenses that are not already covered or deducted on your income taxes	Eligible dental and vision expenses that are not already covered or deducted on your income taxes	Eligible childcare expenses
HOW ARE REIMBURSEMENTS MADE?	Claim form submitted via employee portal, fax, or mail	Claim form submitted via employee portal, fax, or mail	Claim form submitted via employee portal, fax, or mail

*Please note that not all FSA accounts may be available, depending on what your employer offers. Contact your employer with any questions.*

**NOTE:** If you're enrolled in an HDHP with an HSA, you may only contribute to a limited purpose FSA which is used for eligible dental and vision expenses. You will also receive only one debit card to be used for your HSA and FSA funds.

## ANYTHING ELSE I NEED TO KNOW ABOUT FSAs?

**Use it or Lose it**—Any money set aside in the FSA must be used for eligible expenses during the plan year. Claims incurred prior to June 30 can be reimbursed up to 90 days after the plan year ends. After that, funds are forfeited.

**Plan Carefully**—Your election stays in effect for the entire plan year (July 1 through June 30). Once you make your election, you can only change your contribution amount if you experience a qualified status change.

**Keep it Compliant**—The IRS clearly defines eligible expenses, and only those that comply with the Internal Revenue Code are eligible for reimbursement. In all cases, itemized documentation for transactions should be retained.

### How your FSA works

1

#### VISIT PROVIDER

Visit your medical/dental/vision/Rx provider and give them your insurance information.

2

#### PROVIDER BILLS

Your provider will send the claim to your insurance or may bill you directly.

3

#### PAY YOUR PROVIDER

Use your HealthEquity Visa Healthcare Card to pay your provider, or pay online through the HealthEquity member portal.



The PPO dental plan through Delta Dental allows you and your eligible dependents to visit any dentist or specialist without a referral. The plan also travels with you anywhere in the country.

While both PPO and Premier dentists are in-network, you will save more money when using a PPO dentist. Out-of-pocket costs increase when visiting a non-participating dentist.

Delta Dental issues ID cards to new enrollees. If you ever need a replacement, please contact Kairos or Delta Dental.

## SELECT PLAN OVERVIEW

	PPO, PREMIER, OR NON-PARTICIPATING DENTIST
ANNUAL DEDUCTIBLE <sup>1</sup>	\$50/individual \$150/family
ANNUAL MAXIMUM BENEFIT <sup>1</sup>	\$1,500/individual
PREVENTIVE & DIAGNOSTIC SERVICES (TWICE A YEAR) <sup>2</sup> Exams, fluoride, and cleanings X-rays Sealants: For children up to age 18 Space maintainers Periodontal maintenance	No deductible, \$0
BASIC SERVICES Fillings Emergency palliative treatment Endodontics: Root canal treatment Periodontics: Gum disease treatment Oral surgery: Simple and surgical extractions	Deductible, then 20%
MAJOR SERVICES <sup>3</sup> Crown repair Prosthodontics: Bridges, implants, dentures Bridge and denture repair	Deductible, then 50%
CHILD ORTHODONTIA Braces: For children ages 8-19. (Children must be banded prior to age 17)  There is a separate \$1,500/person lifetime maximum for orthodontic services	Deductible, then 50%

<sup>1</sup>Your annual maximum benefit is a combination for in-network and out-of-network services.

<sup>2</sup>Preventive services are charged against the annual maximum benefit.

<sup>3</sup>Major services have a five-year waiting period.

## THIRD CLEANING BENEFIT

Delta Dental offers a third cleaning benefit for those with certain medical conditions that have oral health implications. Research shows that increased frequency of cleanings can greatly impact oral health and play an important role in managing conditions like diabetes, heart disease, pregnancy, cancer and more.

Qualified members must enroll for the enhanced preventive benefits to receive coverage for a third dental cleaning. Contact Delta Dental at 800.352.6132 to enroll.



# TDA/EMI PREPAID DENTAL INSURANCE

Total Dental Administrators (TDA) an EMI Health Company provides comprehensive dental care on a predetermined fee schedule. There are no deductibles, no claim forms, and no annual or lifetime benefit maximums. Services are covered in the **state of Arizona only**.

## DHMO PLAN OVERVIEW

	IN-NETWORK COPAY
<b>PREVENTIVE/DIAGNOSTIC</b>	
Initial exam	\$0
Adult cleaning	\$0
Office visits	\$0
<b>RESTORATIVE</b>	
Amalgam (one surface)	\$13
Amalgam (two surfaces)	\$24
Resin (one surface)	\$29
Resin (two surfaces)	\$40
<b>CROWN &amp; BRIDGE</b>	
Crown porcelain	\$495*
Crown buildup	\$80
<b>ENDODONTICS</b>	
Root canal therapy (anterior)	\$195
Root canal therapy (molar)	\$399
<b>ORAL SURGERY</b>	
Simple extraction	\$40
Soft tissue impaction	\$90
<b>PROSTHETICS</b>	
Complete denture	\$615*
Partial denture	\$550*
<b>PERIODONTICS</b>	
Osseous surgery/quad	\$390

The above table is just an example of covered services. For a complete list, click the icon to refer to the schedule of benefits.

*\*Copay includes lab fee. Lab fees may vary; check with your provider for more details.*



## HOW TO USE YOUR PLAN

**STEP 1:** Access the TDA website prior to making an appointment to access current providers. Select the general dental office for yourself and your dependents.

**STEP 2:** Select the DHMO dental plan network and enter your search criteria.

**STEP 3:** Make note of the provider code number listed to the right of the dental office. You'll use this code to select your dental provider in the portal.

**STEP 4:** After your effective date, you can schedule an appointment directly with your provider.

Contact TDA customer service at the number below if you need to change your provider mid-year.



Questions: 888.422.1995 or [www.tdadental.com](http://www.tdadental.com)



Using your VSP Choice benefit is easy. Once enrolled, create an account at [VSP.com](https://www.vsp.com) where you can review your benefit information and find an eye doctor who's right for you.

**NO ID CARD NECESSARY.** At your appointment, tell the office staff that you have VSP. They may ask for additional personal information to verify your coverage. From there, you're good to go. You can also print out an ID card for reference through your online VSP account.

## CHOICE PLAN OVERVIEW

	IN-NETWORK COPAY	FREQUENCY
WELL VISION EXAM	\$10	Every 12 months
ESSENTIAL MEDICAL EYE CARE Retinal imaging for members with diabetes Additional exams to treat pink eye to sudden changes in vision	\$20/exam	As needed
PRESCRIPTION GLASSES	\$25	See Frames & Lenses
FRAMES \$200 featured frame brands allowance \$180 frame allowance 20% savings on amount over your allowance \$100 Walmart/Sam's Club frame allowance	Included in prescription glasses copay	Every 12 months
LENSES Single vision, lined bifocal, and lined trifocal lenses Impact-resistant lenses for children	Included in prescription glasses copay	Every 12 months
LENS ENHANCEMENTS Standard progressive lenses UV protection Premium progressive lenses Custom progressive lenses	\$0 \$0 \$95-\$105 \$150-\$175	Every 12 months
CONTACTS (INSTEAD OF GLASSES) \$150 allowance; copay does not apply Contact lens exam (fitting and evaluation)	Up to \$60	Every 12 months

## MEMBER-EXCLUSIVE DISCOUNTS

**Eyeconic:** Save up to \$220 on prescription glasses, sunglasses, and contacts with VSP's online eyewear store. Browse the store here, [eyeconic.com](https://www.eyeconic.com).

**Member Extras:** Want access to over \$3,000 in savings? Visit [vsp.com/offers](https://www.vsp.com/offers) for discounted offers on LASIK, contacts, hearing aids, and more!



## BASIC LIFE/AD&D

Eligible employees are provided with basic life and AD&D in the amount of \$50,000. This benefit is at no cost to you, and enrollment is automatic. Administrators receive \$200,000 of basic life insurance and AD&D.

Once you reach age 65, the original amount reduces by 35% to \$32,500 and then reduces again once you hit age 70 by 50%, to \$25,000.

You must designate a beneficiary at least 18 years of age for the basic life insurance benefit. To update your beneficiary information, please log in to Employee Online iVisions, select Benefits, then select HR employee beneficiaries.

## SUPPLEMENTAL LIFE/AD&D

If eligible, you have the opportunity to purchase additional life insurance coverage for yourself, your eligible spouse, and your dependent children. You must elect supplemental life for yourself in order to elect it for your spouse. You are responsible for paying the cost of this benefit as stated in the plan summary. Unlike basic life insurance, your supplemental life insurance amount will not reduce with age. However, the amount you pay in premiums will increase as you age.

	YOU	YOUR SPOUSE	YOUR CHILDREN
AVAILABLE AMOUNTS	\$10,000-\$500,000 in increments of \$10,000  Cannot exceed 5 times your annual salary	\$10,000-\$250,000 in increments of \$10,000  Cannot exceed the combined amount of your basic life and supplemental life benefits	Up to 15 days old: \$1,000  15 days to 26 years: \$2,000-\$10,000 in increments of \$2,000
GUARANTEED ISSUE AMOUNT	\$150,000	\$100,000	\$10,000

### STATEMENT OF HEALTH PROCESS

You may need to complete a statement of health (SOH) in order to be approved for your supplemental life insurance. Those who need to complete a form are listed below.

**If you're enrolling during annual open enrollment and are:**

- Electing supplemental life for the first time
- Increasing your supplemental life amount

**If you're enrolling as a new hire and are:**

- Electing more than the guaranteed issue amount listed above

If you neglect to complete an SOH form, your requested amount will not be approved.

If a statement of health form is needed, please contact your employer or Kairos at the number below. You'll need to ensure you have the appropriate group numbers when submitting the form for approval.

## SHORT-TERM DISABILITY

Eligible employees can elect to purchase voluntary short-term disability coverage through MetLife. This benefit replaces a portion of your pre-disability earnings, less any income that was actually paid to you during the same disability from other sources (e.g., Social Security benefits). Disability insurance helps provide income protection for employees with unexpected health events, associated expenses, and possible time away from work due to a non-occupational injury or sickness.

The plan provides weekly benefits in the amount of 40%, 50%, or not to exceed 66 2/3% of your salary up to a \$1,500 weekly maximum benefit.

Benefits begin following the plan's 7-day elimination period and are paid for up to 25 weeks of continuous disability. This plan includes maternity as part of the coverage and typically pays six weeks of benefits for a normal pregnancy.

## PRE-EXISTING CONDITION LIMITATIONS

The policy does not cover an illness or accidental injury that arose in the three months prior to your plan effective date when enrolling for the first time. In addition, to be eligible for coverage during pregnancy, your pregnancy must occur on or after the benefit effective date (e.g., July 1st, if you are enrolling during open enrollment).

### IMPORTANT!

You may sign up for this coverage only during open enrollment, or as a new hire.

You may not drop coverage until the next open enrollment period.



# HOSPITAL INDEMNITY

You have the choice of electing a comprehensive plan with MetLife that provides lump sum cash payments in addition to any other payments you may receive from your medical plan. Here are just some of the covered benefits when an accident or illness puts you in the hospital.

COVERED BENEFITS	LIMITS	SITUATION	AMOUNT
ADMISSION BENEFIT	1 time per year	Admission	\$500
		Intensive Care Unit (ICU) Supplemental Admission	\$500
CONFINEMENT BENEFIT	15 days per year	Confinement	\$200
		ICU Supplemental Confinement	\$200
INPATIENT REHAB BENEFIT	15 days per year	Inpatient Rehabilitation	\$200
HEALTH SCREENING BENEFIT	1 time per year, per person	Health Screening	\$50

*Hospital indemnity coverage does not include certain facilities, nursing homes, convalescent care, or extended facilities.*

## HEALTH SCREENING BENEFITS AVAILABLE

By completing a covered screening or test, you and your eligible dependents will receive \$50 each year. To view covered screenings and to submit a claim form, please visit the Kairos website or call the number below.

## BENEFIT EXAMPLE

Susan has chest pains at home, and after contacting her doctor, she is instructed to head to her local hospital. Upon arrival, the doctor examines Susan and advises that she requires immediate admission to the Intensive Care Unit for further evaluation and treatment. After two days in the Intensive Care Unit, Susan moves to a standard room and spends two additional days recovering in the hospital. Susan is released to her primary care physician for follow-up treatment and observation. Her primary doctor is now keeping a close watch over Susan's overall health.

### Here's how this benefit would pay out:

Regular hospital admission	\$500
ICU supplemental admission	\$500
Regular hospital confinement (3 days)	\$600
ICU supplemental confinement (1 day)	\$200

**Total received: \$1,800**



# CRITICAL ILLNESS COVERAGE

You have the choice of electing a comprehensive plan through MetLife that provides lump sum cash payments in addition to any other payments you may receive from your medical plan. The table below lists the covered benefits when you have a qualified critical illness such as:

- ✓ Cancer (invasive and non-invasive)
- ✓ Cardiovascular disease
- ✓ Cystic fibrosis
- ✓ Type 1 diabetes
- ✓ Heart attack or stroke
- ✓ COVID-19
- ✓ Kidney failure
- ✓ Severe burns

There are over 20 qualified conditions. Please refer to the certificate of coverage for more information. And remember that a health screening benefit of \$50 is available per person, per year.

**Important:** Pre-existing conditions do apply. If advice, treatment, or care was sought, recommended, prescribed, or received during the three months prior to the effective date of coverage, benefits will not pay if the covered condition occurs during the first six months of coverage.

	INITIAL BENEFIT	REQUIREMENTS
Employee	\$10,000, \$20,000, or \$30,000	<i>Coverage is guaranteed, provided you are actively at work</i>
Spouse/Child(ren)	50% of the employee's initial benefit	<i>Coverage is guaranteed, provided the employee is actively at work and the spouse/child(ren) is not subject to a medical restriction as set forth in the certificate</i>

## BENEFIT EXAMPLE

This example illustrates how critical insurance would pay out for an employee who elected a benefit amount of \$20,000:

<b>Heart attack</b>	First verified diagnosis	Initial benefit of \$20,000 or 100%
<b>Kidney failure</b>	First verified diagnosis, two years later	Initial benefit of \$20,000 or 100%
<b>Heart attack</b>	Second verified diagnosis, four years later	Recurrence benefit of \$20,000 or 100%



# ACCIDENT INSURANCE

You have the choice of electing a comprehensive plan through MetLife that provides lump sum cash payments in addition to any other payments you may receive from your medical plan. The table below illustrates some of the covered benefits/services when you have a qualified accident.

**Important:** Benefits reduce by 35% at age 65 and again by 50% at age 70.

	BENEFIT AMOUNT
<b>ACCIDENTAL INJURY</b>	
Fracture/Dislocation	\$200-\$10,000
Second- or Third-Degree Burn	\$100-\$15,000
Concussion	\$500
Coma	\$10,000
<b>ACCIDENTAL MEDICAL TREATMENT</b>	
Ambulance	Ground \$400/Air \$1,250
Emergency Care	\$100-\$200
Non-Emergency Initial Care/Physician Follow-Up	\$100
Therapy (including physical therapy)	\$50
<b>HOSPITAL</b>	
Admission/ICU Supplemental Admission	\$1,500 day-of
Confinement/ICU Supplemental Confinement (paid up to 15 days per accident)	\$300 per day
Inpatient Rehabilitation	\$200 per day
<b>OTHER</b>	
Accidental death	\$50,000
Accidental dismemberment/functional loss	\$1,000-\$50,000
Accidental paralysis	\$25,000-\$50,000
Lodging	\$200 per day
Health screening benefit	\$50

The above table is just an example of covered services. For a complete list, refer to the plan summary.

## BENEFIT EXAMPLE

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, because Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown.

Ambulance (ground)	\$400
Emergency care	\$200
Physician follow-up	\$100
Medical testing	\$200
Concussion	\$500
Broken tooth (repaired by crown)	\$300

**Total received: \$1,700**



Questions: 877.638.7868 or [www.mybenefits.metlife.com](http://www.mybenefits.metlife.com)



Our legal plans through MetLife provide access to a national network of over 17,000 attorneys to help navigate important life events. Through the program, you can participate in telephone and office consultations with attorneys on a broad range of legal issues.

## PREPAID LEGAL ADVANTAGES

- ✓ Telephone advice and office consultation on an unlimited number of legal matters (exclusions may apply)
- ✓ Access to attorneys in person or by phone, email, or mobile app
- ✓ Money-back guarantee
- ✓ No deductibles or copays
- ✓ No claim forms
- ✓ No usage limits

### Pick a plan that suits your needs.

	LOW PLAN	HIGH PLAN (IN ADDITION TO LOW PLAN BENEFITS)
MONEY MATTERS	<ul style="list-style-type: none"> <li>• Debt collection defense</li> <li>• Identity theft defense</li> <li>• Negotiations with creditors</li> <li>• Promissory notes</li> <li>• Tax collection defense</li> </ul>	<ul style="list-style-type: none"> <li>• LifeStages identity restoration services</li> <li>• Personal bankruptcy</li> <li>• Tax audit representation</li> </ul>
HOME & REAL ESTATE	<ul style="list-style-type: none"> <li>• Deeds</li> <li>• Eviction defense</li> <li>• Foreclosure</li> <li>• Mortgages</li> <li>• Security deposit assistance</li> <li>• Tenant negotiations</li> </ul>	<ul style="list-style-type: none"> <li>• Boundary &amp; title disputes</li> <li>• Property tax assessments</li> <li>• Refinancing &amp; home equity loan</li> <li>• Sale or purchase of home</li> <li>• Zoning applications</li> </ul>
ESTATE PLANNING	<ul style="list-style-type: none"> <li>• Codicils</li> <li>• Complex wills</li> <li>• Health care proxies</li> <li>• Living wills</li> <li>• Powers of attorney (health care, financial, childcare, immigration)</li> <li>• Simple wills</li> </ul>	<ul style="list-style-type: none"> <li>• Revocable and irrevocable trusts</li> </ul>
FAMILY & PERSONAL	<ul style="list-style-type: none"> <li>• Affidavits</li> <li>• Conservatorship</li> <li>• Demand letters</li> <li>• Garnishment defense</li> <li>• Guardianship</li> <li>• Name change</li> <li>• Personal properties issues</li> <li>• Protection from domestic violence</li> <li>• Review of ANY personal legal document</li> <li>• School hearings</li> </ul>	<ul style="list-style-type: none"> <li>• Adoption</li> <li>• Immigration assistance</li> <li>• Juvenile court defense, including criminal matters</li> <li>• Parental responsibility matters</li> <li>• Prenuptial agreement</li> </ul>

**Exclusions:** DUI, divorce, felonies, work-related matters, pre-existing legal matters  
Please refer to plan document for a complete list of covered services.



Fetch the best health coverage for your dog or cat through your voluntary benefits package. **Starting May 15, 2025**, Nationwide will offer enhanced plans including two ready-made plans, plus the ability to customize a plan based on your needs.

## THE PERKS

- ✓ Visit any vet, anywhere
- ✓ Submit a claim from any device
- ✓ Plans are exclusive for Kairos participants
- ✓ Get reimbursed for eligible expenses

MY PET PROTECTION CHOICE	ACCIDENT & ILLNESS	ACCIDENT, ILLNESS, & WELLNESS	CUSTOMIZABLE
Annual deductible options	\$250	\$250	\$100 to \$500
Reimbursement level	80%	80%	50, 70, or 80%
<b>ACCIDENT</b>			
Annual maximum	\$5,000	\$5,000	\$2,500 or \$5,000
Broken bones, animal attack, hit by care, poisoning, heatstroke, and more	✓	✓	✓
<b>ILLNESS</b>			
Annual maximum	\$5,000	\$5,000	\$2,500 or \$5,000
Ear infections, diabetes, vomiting, allergies, cancer, and more	✓	✓	✓
<b>HEREDITARY &amp; CONGENITAL</b>			
Annual maximum	\$5,000	\$5,000	\$2,500 or \$5,000
Hip dysplasia, cherry eye, elbow dysplasia, umbilical hernia, and more	✓	✓	✓
<b>WELLNESS</b>			
Annual maximum		\$450	\$450 or \$800
Vaccination or titer, fecal test, microchip, heartworm prevention, and more		✓	✓
Spay/neuter or dental and one additional test			✓

### IMPORTANT:

This benefit is not deducted from your paycheck. You will be responsible for paying the monthly premium directly to Nationwide.

When ready to enroll, sign up at the link below.



Questions: 877.738.7874 or [www.petinsurance.com/kairoshealthaz](http://www.petinsurance.com/kairoshealthaz)



# COMPLETING YOUR OPEN ENROLLMENT

We encourage all employees to take an active role in their initial benefits enrollment process, in monitoring any status changes during the year, and in benefits renewal.

## OPEN ENROLLMENT

Your current benefit elections end on June 30, 2025. During the 2025–2026 open enrollment period, you must renew your current elections or make any changes by April 30, 2025. If you miss this deadline, you will NOT have an opportunity to change coverage until next year's open enrollment period, unless you have a qualified life status change. (See p. 5 for examples.)

## NEW HIRE

You must elect or decline benefits within 10 calendar days of your date of hire. If you miss this deadline, you will NOT have an opportunity to elect coverage until the following open enrollment period.

## LIFE EVENT

If you experience a qualified life status change, you must submit all necessary paperwork within 31 days of your benefit eligibility date. If you miss this 31-day deadline, you won't have an opportunity to make coverage or benefit changes until next year's open enrollment period.

DURING OPEN ENROLLMENT,  
ALL REQUIRED INFORMATION MUST  
BE COMPLETED BY APRIL 30, 2025

Note: If you have coverage elsewhere or through a spouse,  
your employer plan will become your primary coverage.



APRIL  
30

# MEDICAL RATES

## MEDICAL COVERAGE OPTIONS AND PREMIUMS

Figures below assume enrollment for all 12 months of the plan year.

EMPLOYEE ONLY	TRADITIONAL PPO	HDHP LOW	HDHP HIGH
Annual cost (employee-paid)	\$3,234.00	\$0.00	\$0.00
Monthly cost (employee-paid)	\$269.50	\$0.00	\$0.00
Per-pay-period deduction over 22 pays (administrators, teachers, exempt staff, and 12-month support staff)	\$147.00	\$0.00	\$0.00
Per-pay-period deduction over 19 pays (support staff who work student calendar, e.g., paras, bus drivers, food service)	\$170.21	\$0.00	\$0.00
VOLUNTARY annual maximum employee contribution to HSA	N/A	\$147.00	\$937.00

EMPLOYEE + SPOUSE COVERAGE	TRADITIONAL PPO	HDHP LOW	HDHP HIGH
Annual cost (employee-paid)	\$16,116.00	\$8,175.00	\$6,942.96
Monthly cost (employee-paid)	\$1,343.00	\$681.25	\$578.58
Per-pay-period deduction over 22 pays (administrators, teachers, exempt staff, and 12-month support staff)	\$732.55	\$371.59	\$315.59
Per-pay-period deduction over 19 pays (support staff who work student calendar, e.g., paras, bus drivers, food service)	\$848.21	\$430.26	\$365.42
VOLUNTARY annual maximum employee contribution to HSA	N/A	\$147.00	\$937.00

EMPLOYEE + CHILD(REN) COVERAGE	TRADITIONAL PPO	HDHP LOW	HDHP HIGH
Annual cost (employee-paid)	\$12,609.96	\$5,882.04	\$4,955.04
Monthly cost (employee-paid)	\$1,050.83	\$490.17	\$412.92
Per-pay-period deduction over 22 pays (administrators, teachers, exempt staff, and 12-month support staff)	\$573.18	\$267.36	\$225.23
Per-pay-period deduction over 19 pays (support staff who work student calendar, e.g., paras, bus drivers, food service)	\$663.68	\$309.58	\$260.73
VOLUNTARY annual maximum employee contribution to HSA	N/A	\$147.00	\$937.00

## MEDICAL COVERAGE OPTIONS AND PREMIUMS

EMPLOYEE + FAMILY COVERAGE	TRADITIONAL PPO	HDHP LOW	HDHP HIGH
Annual cost (employee-paid)	\$22,068.00	\$11,949.00	\$10,316.04
Monthly cost (employee-paid)	\$1,839.00	\$995.75	\$859.67
Per-pay-period deduction over 22 pays (administrators, teachers, exempt staff, and 12-month support staff)	\$1,003.90	\$543.14	\$468.91
Per-pay-period deduction over 19 pays (support staff who work student calendar, e.g., paras, bus drivers, food service)	\$1,161.47	\$628.89	\$520.84
VOLUNTARY annual maximum employee contribution to HSA	N/A	\$147.00	\$937.00

SPOUSAL SHARE FAMILY COVERAGE	TRADITIONAL PPO	HDHP LOW	HDHP HIGH
Annual cost (employee-paid)	\$14,675	\$4,703	\$3,860
Monthly cost (employee-paid)	\$1,223	\$392	\$322
Per-pay-period deduction over 22 pays (only one spouse pays)	\$667.05	\$213.77	\$175.45
Per-pay-period deduction over 19 pays (support staff who work student calendar, e.g., paras, bus drivers, food service)	\$772.37	\$247.53	\$203.16
VOLUNTARY annual maximum employee contribution to HSA	N/A	\$147.00	\$937.00

Employees between 55 and 65 may also make an additional HSA catch-up contribution of \$1,000 per year. Employee contributions are spread equally over either 19 or 22 pays.

# VOLUNTARY BENEFIT RATES

## DELTA DENTAL

### SELECT PLAN

COVERAGE TIER	MONTHLY	ANNUAL	22-PAYS	19-PAYS
EMPLOYEE ONLY	\$44.33	\$531.96	\$24.18	\$28.00
EMPLOYEE + SPOUSE	\$90.67	\$1,088.04	\$49.46	\$57.27
EMPLOYEE + CHILD(REN)	\$75.25	\$903.00	\$41.05	\$47.53
EMPLOYEE + FAMILY	\$116.42	\$1,397.04	\$63.50	\$73.53

## TOTAL DENTAL ADMINISTRATORS

### DHMO PREPAID DENTAL PLAN

COVERAGE TIER	MONTHLY	ANNUAL	22-PAYS	19-PAYS
EMPLOYEE ONLY	\$10.40	\$124.80	\$5.67	\$6.57
EMPLOYEE + SPOUSE	\$20.80	\$249.60	\$11.35	\$13.14
EMPLOYEE + CHILD(REN)	\$22.88	\$274.56	\$12.48	\$14.45
FAMILY	\$26.00	\$312.00	\$14.18	\$16.42

## VSP VISION

### VISION PLAN

COVERAGE TIER	MONTHLY	ANNUAL	22-PAYS	19-PAYS
EMPLOYEE ONLY	\$7.19	\$86.28	\$3.92	\$4.54
EMPLOYEE + SPOUSE	\$14.39	\$172.68	\$7.84	\$9.09
EMPLOYEE + CHILD(REN)	\$15.39	\$184.68	\$8.39	\$9.72
FAMILY	\$24.60	\$295.20	\$13.41	\$15.54

## METLIFE

### HOSPITAL INDEMNITY PLAN

COVERAGE TIER	MONTHLY	ANNUAL	22-PAYS	19-PAYS
EMPLOYEE ONLY	\$14.60	\$175.20	\$7.96	\$9.22
EMPLOYEE + SPOUSE	\$26.96	\$323.52	\$14.71	\$17.03
EMPLOYEE + CHILD(REN)	\$22.76	\$273.12	\$12.41	\$14.37
FAMILY	\$35.12	\$421.44	\$19.16	\$22.18

# VOLUNTARY BENEFIT RATES

## METLIFE

## PREPAID LEGAL PLAN

COVERAGE TIER	MONTHLY	ANNUAL	22-PAYS	19-PAYS
LOW PLAN	\$7.00	\$84.00	\$3.82	\$4.42
HIGH PLAN	\$14.50	\$174.00	\$7.91	\$9.16

## METLIFE

## VOLUNTARY LIFE

	20-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
\$10,000	\$0.67	\$0.86	\$0.95	\$1.19	\$1.51	\$2.25	\$4.11	\$6.25	\$11.92	\$24.70
\$20,000	\$1.34	\$1.72	\$1.90	\$2.38	\$3.02	\$4.50	\$8.22	\$12.50	\$23.84	\$49.40
\$30,000	\$2.01	\$2.58	\$2.85	\$3.57	\$4.53	\$6.75	\$12.33	\$18.75	\$35.76	\$74.10
\$40,000	\$2.68	\$3.44	\$3.80	\$4.76	\$6.04	\$9.00	\$16.44	\$25.00	\$47.68	\$98.80
\$50,000	\$3.35	\$4.30	\$4.75	\$5.95	\$7.55	\$11.25	\$20.55	\$31.25	\$59.60	\$123.50
\$60,000	\$4.02	\$5.16	\$5.70	\$7.14	\$9.06	\$13.50	\$24.66	\$37.50	\$71.52	\$148.20
\$70,000	\$4.69	\$6.02	\$6.65	\$8.33	\$10.57	\$15.75	\$28.77	\$43.75	\$83.44	\$172.90
\$100,000	\$6.70	\$8.60	\$9.50	\$11.90	\$15.10	\$22.50	\$41.10	\$62.50	\$119.20	\$247.00
\$150,000	\$10.05	\$12.90	\$14.25	\$17.85	\$22.65	\$33.75	\$61.65	\$93.75	\$178.80	\$370.50
\$200,000	\$13.40	\$17.20	\$19.00	\$23.80	\$30.20	\$45.00	\$82.20	\$125.00	\$238.40	\$494.00
\$250,000	\$16.75	\$21.50	\$23.75	\$29.75	\$37.75	\$56.25	\$102.75	\$156.25	\$298.00	\$617.50
\$300,000	\$20.10	\$25.80	\$28.50	\$35.70	\$45.30	\$67.50	\$123.30	\$187.50	\$357.60	\$741.00
\$350,000	\$23.45	\$30.10	\$33.25	\$41.65	\$52.85	\$78.75	\$143.85	\$218.75	\$417.20	\$864.50
\$400,000	\$26.80	\$34.40	\$38.00	\$47.60	\$60.40	\$90.00	\$164.40	\$250.00	\$476.80	\$988.00
\$450,000	\$30.15	\$38.70	\$42.75	\$53.55	\$67.95	\$101.25	\$184.95	\$281.25	\$536.40	\$1,111.50
\$500,000	\$33.50	\$43.00	\$47.50	\$59.50	\$75.50	\$112.50	\$205.50	\$312.50	\$596.0	\$1,235.00

### DEPENDENT CHILD COVERAGE MONTHLY CONTRIBUTION

\$2,000	\$4,000	\$6,000	\$8,000	\$10,000
\$0.304	\$0.608	\$0.912	\$1.216	\$1.52

## NATIONWIDE

## PET INSURANCE

Rates vary by pet breed, age, and location. Refer to website for more information.

Due to rounding, your actual payroll deduction amount may vary slightly.

*IMPORTANT: This summary is intended only as a brief description of plan benefits. It attempts to describe plan details in a clear, simple, and concise manner. If there is a conflict between this summary and the wording of plan documents, the plan documents will govern. Kairos retains the right to change, modify, suspend, interpret, or cancel some or all benefits or services at any time.*

## THIS GUIDE IS INTENDED ONLY AS A BRIEF DESCRIPTION OF YOUR PLAN BENEFITS

This guide attempts to describe important details and changes to the Chandler Unified School District health plans in a clear, simple, and concise manner. If there is a conflict between this guide and the wording of plan documents, the plan documents will govern. Chandler Unified School District retains the right to change, modify, suspend, interpret, or cancel some or all of the benefits or services at any time.



## MID-YEAR CHANGES TO YOUR HEALTH CARE BENEFIT ELECTIONS

**IMPORTANT:** After this open enrollment period is completed, generally you will not be permitted to change your benefit elections or add/delete dependents until next year’s open enrollment, unless you have a special enrollment event or a mid-year change in status event as outlined below:

Special enrollment event: If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if your employer stops contributing toward your or your dependents’ other coverage). However, you must request enrollment within 31 days after your or your dependents’ other coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 days after the marriage, birth, adoption, or placement for adoption.

You and your dependents may also enroll in this plan if you (or your dependents):

- change in number or status of dependents (e.g., birth, adoption, death);
- change in employee’s/spouse’s/dependent’s employment status, work schedule, or residence that affects eligibility for benefits;
- have a Qualified Medical Child Support Order (QMCSO);
- have a change in entitlement to or loss of eligibility for Medicare or Medicaid;
- experience certain changes in the cost of coverage, composition of coverage, or curtailment of coverage of the employee’s or spouse’s plan; and
- have coverage through Medicaid or a State Children’s Health Insurance Program (S-CHIP) and you (or your dependents) lose eligibility for that coverage. However, you must request

enrollment within 60 days after the Medicaid or S-CHIP coverage ends.

- become eligible for a premium assistance program through Medicaid or S-CHIP. However, you must request enrollment within 60 days after you (or your dependents) are determined to be eligible for such assistance.

To request special enrollment or obtain more information, contact Chandler Unified School District at 480.812.7036.

Mid-year change in status event: Because Chandler Unified School District pre-taxes benefits, we are required to follow Internal Revenue Service (IRS) regulations regarding whether and when benefits can be changed in the middle of a plan year. The following events may allow certain changes in benefits mid-year, if permitted by the IRS and your employer’s respective Section 125 plan, which provides final authority:

- change in legal marital status (e.g., marriage, divorce/legal separation, death);
- coverage of the employee’s or spouse’s plan; and
- changes consistent with special enrollment rights and FMLA leaves.

You must notify the plan in writing within 31 days of the mid-year change in status event by contacting Chandler Unified School District. The plan will determine if your change request is permitted, and if so, changes will become effective prospectively on the first day of the month following the approved change-in-status event (except for the case of newborn and adopted children, who are covered retroactively to the date of birth, adoption, or placement for adoption).

Losing medical coverage through the Marketplace is not considered a qualified life event with Chandler Unified School District, and you will not be allowed to join the plan mid-year. However, you can drop your Chandler Unified School District medical coverage to join a Marketplace plan mid-year. You will be required to provide proof of coverage within 31 days of your enrollment.

## WOMEN’S HEALTH AND CANCER RIGHTS ACT OF 1998 (WHCRA)

You or your dependents may be entitled to certain benefits under the Women’s Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient for:

- all stages of reconstruction of the breast on which the mastectomy was performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance;

- prostheses; and
- treatment of physical complications of the mastectomy, including lymphedema.

Plan limits, deductibles, copayments, and coinsurance apply to these benefits. For more information on WHCRA benefits, contact Kairos at 888.331.0222 or your Benefits Department at 480.812.7036.

## PRIVACY NOTICE REMINDER

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 requires health plans to comply with privacy rules. These rules are intended to protect your personal health information from being inappropriately used and disclosed. The rules also give you additional rights concerning control of your own healthcare information.

This plan’s HIPAA privacy notice explains how the group health plan uses and discloses your personal health information. You are provided a copy of this notice when you enroll in the plan. You can get another copy of this notice from Chandler Unified School District.

## DIRECT ACCESS TO PRIMARY CARE PROVIDER (PCP) AND OB/GYN PROVIDER

The medical plans offered by Chandler Unified School District do not require the selection or designation of a primary care provider (PCP). You have the ability to visit any network or non-network healthcare provider; however, payment by the plan may be less for the use of a non-network provider.

You also do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to

obstetrical or gynecological care from a healthcare professional who specializes in obstetrics or gynecology. The healthcare professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating healthcare professionals who specialize in obstetrics or gynecology, contact Chandler Unified School District at 480.812.7036.

## REQUIREMENT TO PROVIDE THE TAXPAYER IDENTIFICATION NUMBER (TIN) OR SOCIAL SECURITY NUMBER (SSN) OF EACH HEALTH PLAN ENROLLEE

Employers are required by law to collect the taxpayer identification number (TIN) or social security number (SSN) for each medical plan participant and include that number on reports that are provided to the IRS each year. If you have a covered dependent who does not yet have a social security number, you can go to this website

To request one:  
<http://www.socialsecurity.gov/online/ss-5.pdf>  
Applying for a social security number is FREE.

If you have not yet provided the social security number (or other TIN) for each dependent enrolled in the health plan, please contact your Benefit Department at 480.812.7036.

## PAPERWORK REDUCTION ACT STATEMENT

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB

control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebssa.opr@dol.gov](mailto:ebssa.opr@dol.gov) and reference the OMB Control Number 1210-0137.

## MEDICARE NOTICE OF CREDITABLE COVERAGE REMINDER

If you or your eligible dependents are currently Medicare-eligible, or will become Medicare-eligible during the next 12 months, be sure you understand whether the prescription drug coverage that you elect through Chandler USD is creditable with (as valuable as) Medicare’s prescription drug coverage.

following prescription drug plan options is “creditable”: PPO, HDHP Low, and HDHP High.

Chandler USD has determined that the prescription drug coverage under the

If you have questions about what this means for you, review the plan’s Medicare Part D Notice of Creditable Coverage, which is available from Chandler USD at 480.812.7036.

## COBRA COVERAGE REMINDER

In compliance with a provision of federal law referred to as COBRA continuation coverage, this plan offers its eligible employees and their covered dependents (known as qualified beneficiaries) the opportunity to elect temporary continuation of their group health coverage when that coverage would otherwise end because of certain events (called qualifying events).

Qualified beneficiaries are entitled to elect COBRA coverage when qualifying events occur, and, as a result of the qualifying event, coverage for that qualified beneficiary ends. Qualified beneficiaries who elect COBRA continuation coverage must pay for it at their own expense.

Qualifying event examples include termination of employment for any reasons other than gross misconduct, reduction in hours of work making the employee ineligible for coverage, death of the employee, divorce/legal separation, or a child ceasing to be an eligible dependent child.

In addition to considering COBRA as a way to continue coverage, there may be other coverage options for you and your family. You may wish to seek coverage through the Health Care Marketplace. (See <https://www.healthcare.gov/>.) In the Marketplace, you could be eligible for a tax credit that lowers your monthly premiums for

Marketplace coverage, and you can see what your premium, deductibles, and out-of-pocket costs will be before you make a decision to enroll. Being eligible for COBRA does not limit your eligibility for coverage for a tax credit through the Marketplace. Additionally, you may qualify for a special enrollment opportunity for another group health plan for which you are eligible (such as a spouse's plan) if you request enrollment within 30 days, even if the plan generally does not accept late enrollees.

The maximum period of COBRA coverage is generally either 18 months or 36 months, depending on which qualifying event occurred.

In order to have the opportunity to elect COBRA coverage following a divorce/legal separation or a child ceasing to be a dependent child under the plan, you and/or a family member must inform the plan in writing of that event no later than 60 days after the event occurs. The notice should be sent to Chandler Unified School District via first class mail, and should include the employee's name, the qualifying event, the date of the event, and the appropriate documentation in support of the qualifying event (such as divorce documents).

If you have questions about COBRA, contact Kairos at 888.331.0222.

## PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP, and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from the Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs, but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP, and you live in a state listed below, contact your state Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your state Medicaid or CHIP

office or dial 1-877-KIDS NOW or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance.

If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call 1-866-444-EBSA (3272).

## PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN’S HEALTH INSURANCE PROGRAM (CHIP)

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2024. Contact your state for more information on eligibility. To see if any other states have added a premium assistance program since July 31, 2024, contact U.S. Department of Labor at 866.444.3272 or US Department of Health and Human Services at 877.267.2323.

<p style="text-align: center;"><b>ALABAMA – Medicaid</b></p>	<p style="text-align: center;"><b>ALASKA – Medicaid</b></p>
<p>Website: <a href="http://myalhipp.com/">myalhipp.com/</a> Phone: 1-855-692-5447</p>	<p>The AK Health Insurance Premium Payment Program Website: <a href="http://myakhipp.com/">myakhipp.com/</a> Phone: 1-866-251-4861 Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a> Medicaid Eligibility: <a href="http://health.alaska.gov/dpa/Pages/default.aspx">health.alaska.gov/dpa/Pages/default.aspx</a></p>
<p style="text-align: center;"><b>ARKANSAS – Medicaid</b></p>	<p style="text-align: center;"><b>CALIFORNIA – Medicaid</b></p>
<p>Website: <a href="http://myarhipp.com/">myarhipp.com/</a> Phone: 1-855-MyARHIPP (855-692-7447)</p>	<p>Health Insurance Premium Payment (HIPP) Program Website: <a href="http://dhcs.ca.gov/hipp">dhcs.ca.gov/hipp</a> Phone: 916-445-8322 Fax: 916-440-5676 Email: <a href="mailto:hipp@dhcs.ca.gov">hipp@dhcs.ca.gov</a></p>
<p style="text-align: center;"><b>COLORADO – Health First Colorado (Colorado’s Medicaid Program) &amp; Child Health Plan Plus (CHP+)</b></p>	<p style="text-align: center;"><b>FLORIDA – Medicaid</b></p>
<p>Health First Colorado Website: <a href="http://www.healthfirstcolorado.com/">www.healthfirstcolorado.com/</a> Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711 CHP+: <a href="http://hcpf.colorado.gov/child-health-plan-plus">hcpf.colorado.gov/child-health-plan-plus</a> CHP+ Customer Service: 1-800-359-1991/State Relay 711 Health Insurance Buy-In Program (HIBI): <a href="http://www.mycohibi.com/">www.mycohibi.com/</a> HIBI Customer Service: 1-855-692-6442</p>	<p>Website: <a href="http://www.flmedicaidtprecovery.com/flmedicaidtprecovery.com/hipp/index.html">www.flmedicaidtprecovery.com/flmedicaidtprecovery.com/hipp/index.html</a> Phone: 1-877-357-3268</p>
<p style="text-align: center;"><b>GEORGIA – Medicaid</b></p>	<p style="text-align: center;"><b>INDIANA – Medicaid</b></p>
<p>GA HIPP Website: <a href="http://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp">medicaid.georgia.gov/health-insurance-premium-payment-program-hipp</a> Phone: 678-564-1162, Press 1 GA CHIPRA Website: <a href="http://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra">medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra</a> Phone: 678-564-1162, Press 2</p>	<p>Health Insurance Premium Payment Program All other Medicaid Website: <a href="http://www.in.gov/medicaid/">www.in.gov/medicaid/</a> <a href="http://www.in.gov/fssa/dfr/">www.in.gov/fssa/dfr/</a> Family and Social Services Administration Phone: 1-800-403-0864 Member Services Phone: 1-800-457-4584</p>
<p style="text-align: center;"><b>IOWA – Medicaid and CHIP (Hawki)</b></p>	<p style="text-align: center;"><b>KANSAS – Medicaid</b></p>
<p>Medicaid Website: <a href="http://iowa.gov/health-and-human-services">iowa.gov/health-and-human-services</a> Medicaid Phone: 1-800-338-8366 Hawki Website: <a href="http://iowa.gov/healthy-and-well-kids-in-iowa">iowa.gov/healthy-and-well-kids-in-iowa</a> Hawki Phone: 1-800-257-8563 HIPP Website: <a href="http://iowa.gov/health-insurance-premium-payment-program">iowa.gov/health-insurance-premium-payment-program</a> HIPP Phone: 1-888-346-9562</p>	<p>Website: <a href="http://www.kancare.ks.gov/">www.kancare.ks.gov/</a> Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660</p>
<p style="text-align: center;"><b>KENTUCKY – Medicaid</b></p>	<p style="text-align: center;"><b>LOUISIANA – Medicaid</b></p>
<p>Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: <a href="http://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a> Phone: 1-855-459-6328 Email: <a href="mailto:KIHIP.PROGRAM@ky.gov">KIHIP.PROGRAM@ky.gov</a> KCHIP Website: <a href="http://kynect.ky.gov">kynect.ky.gov</a> Phone: 1-877-524-4718 Kentucky Medicaid Website: <a href="http://chfs.ky.gov/agencies/dms">chfs.ky.gov/agencies/dms</a></p>	<p>Website: <a href="http://www.medicaid.la.gov">www.medicaid.la.gov</a> or <a href="http://www.ldh.la.gov/lahipp">www.ldh.la.gov/lahipp</a> Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)</p>
<p style="text-align: center;"><b>MAINE – Medicaid</b></p>	<p style="text-align: center;"><b>MASSACHUSETTS – Medicaid and CHIP</b></p>
<p>Enrollment Website: <a href="http://www.mymaineconnection.gov/benefits/s/?language=en_US">www.mymaineconnection.gov/benefits/s/?language=en_US</a> Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: <a href="http://www.maine.gov/dhhs/ofi/applications-forms">www.maine.gov/dhhs/ofi/applications-forms</a> Phone: 1-800-977-6740 TTY: Maine relay 711</p>	<p>Website: <a href="http://www.mass.gov/mashealth/pa">www.mass.gov/mashealth/pa</a> Phone: 1-800-862-4840 TTY: 711 Email: <a href="mailto:masspremassistance@accenture.com">masspremassistance@accenture.com</a></p>

<b>MINNESOTA – Medicaid</b>	<b>MISSOURI – Medicaid</b>
Website: <a href="http://mn.gov/dhs/health-care-coverage/">mn.gov/dhs/health-care-coverage/</a> Phone: 1-800-657-3672	Website: <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">www.dss.mo.gov/mhd/participants/pages/hipp.htm</a> Phone: 573-751-2005
<b>MONTANA – Medicaid</b>	<b>NEBRASKA – Medicaid</b>
Website: <a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a> Phone: 1-800-694-3084 Email: <a href="mailto:HSHIPPProgram@mt.gov">HSHIPPProgram@mt.gov</a>	Website: <a href="http://www.ACCESSNebraska.ne.gov">www.ACCESSNebraska.ne.gov</a> Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178
<b>NEVADA – Medicaid</b>	<b>NEW HAMPSHIRE – Medicaid</b>
Medicaid Website: <a href="http://dhcnp.nv.gov">dhcnp.nv.gov</a> Medicaid Phone: 1-800-992-0900	Website: <a href="http://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program">www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program</a> Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext. 15218 Email: <a href="mailto:DHHS.ThirdPartyLiabi@dhhs.nh.gov">DHHS.ThirdPartyLiabi@dhhs.nh.gov</a>
<b>NEW JERSEY – Medicaid and CHIP</b>	<b>NEW YORK – Medicaid</b>
Medicaid Website: <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">www.state.nj.us/humanservices/dmahs/clients/medicaid/</a> Phone: 1-800-356-1561 CHIP Premium Assistance Phone: 609-631-2392 CHIP Website: <a href="http://www.njfamilycare.org/index.html">www.njfamilycare.org/index.html</a> CHIP Phone: 1-800-701-0710 (TTY: 711)	Website: <a href="http://www.health.ny.gov/health_care/medicaid/">www.health.ny.gov/health_care/medicaid/</a> Phone: 1-800-541-2831
<b>NORTH CAROLINA – Medicaid</b>	<b>NORTH DAKOTA – Medicaid</b>
Website: <a href="http://medicaid.ncdhhs.gov/">medicaid.ncdhhs.gov/</a> Phone: 919-855-4100	Website: <a href="http://www.hhs.nd.gov/healthcare">www.hhs.nd.gov/healthcare</a> Phone: 1-844-854-4825
<b>OKLAHOMA – Medicaid and CHIP</b>	<b>OREGON – Medicaid and CHIP</b>
Website: <a href="http://www.insureoklahoma.org">www.insureoklahoma.org</a> Phone: 1-888-365-3742	Website: <a href="http://healthcare.oregon.gov/Pages/index.aspx">healthcare.oregon.gov/Pages/index.aspx</a> Phone: 1-800-699-9075
<b>PENNSYLVANIA – Medicaid and CHIP</b>	<b>RHODE ISLAND – Medicaid and CHIP</b>
Website: <a href="http://www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html">www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html</a> Phone: 1-800-692-7462 CHIP Website: <a href="http://Children's Health Insurance Program (CHIP) (pa.gov)">Children's Health Insurance Program (CHIP) (pa.gov)</a> CHIP Phone: 1-800-986-KIDS (5437)	Website: <a href="http://www.eohhs.ri.gov/">www.eohhs.ri.gov/</a> Phone: 1-855-697-4347, or 401-462-0311 (Direct Rlte Share Line)
<b>MINNESOTA – Medicaid</b>	<b>MISSOURI – Medicaid</b>
Website: <a href="http://mn.gov/dhs/health-care-coverage/">mn.gov/dhs/health-care-coverage/</a> Phone: 1-800-657-3672	Website: <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">www.dss.mo.gov/mhd/participants/pages/hipp.htm</a> Phone: 573-751-2005
<b>SOUTH CAROLINA – Medicaid</b>	<b>SOUTH DAKOTA - Medicaid</b>
Website: <a href="http://www.scdhhs.gov">www.scdhhs.gov</a> Phone: 1-888-549-0820	Website: <a href="http://dss.sd.gov">dss.sd.gov</a> Phone: 1-888-828-0059
<b>TEXAS – Medicaid</b>	<b>UTAH – Medicaid and CHIP</b>
Website: <a href="http://Health Insurance Premium Payment (HIPP) Program   Texas Health and Human Services">Health Insurance Premium Payment (HIPP) Program   Texas Health and Human Services</a> Phone: 1-800-440-0493	Utah's Premium Partnership for Health Insurance (UPP) Website: <a href="http://medicaid.utah.gov/upp/">medicaid.utah.gov/upp/</a> Email: <a href="mailto:upp@utah.gov">upp@utah.gov</a> Phone: 1-888-222-2542 Adult Expansion Website: <a href="https://medicaid.utah.gov/expansion/">https://medicaid.utah.gov/expansion/</a> Utah Medicaid Buyout Program Website: <a href="https://medicaid.utah.gov/buyout-program/">https://medicaid.utah.gov/buyout-program/</a> CHIP Website: <a href="https://chip.utah.gov/">https://chip.utah.gov/</a>
<b>VERMONT– Medicaid</b>	<b>VIRGINIA – Medicaid and CHIP</b>
Website: <a href="http://Health Insurance Premium Payment (HIPP) Program   Department of Vermont Health Access">Health Insurance Premium Payment (HIPP) Program   Department of Vermont Health Access</a> Phone: 1-800-250-8427	Website: <a href="http://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select">coverva.dmas.virginia.gov/learn/premium-assistance/famis-select</a> <a href="http://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a> Medicaid/CHIP Phone: 1-800-432-5924
<b>WASHINGTON – Medicaid</b>	<b>WEST VIRGINIA – Medicaid and CHIP</b>
Website: <a href="https://www.hca.wa.gov/">https://www.hca.wa.gov/</a> Phone: 1-800-562-3022	Website: <a href="http://dhr.wv.gov/bms/mywvhipp.com/">dhr.wv.gov/bms/mywvhipp.com/</a> Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
<b>WISCONSIN – Medicaid and CHIP</b>	<b>WYOMING – Medicaid</b>
Website: <a href="http://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm">www.dhs.wisconsin.gov/badgercareplus/p-10095.htm</a> Phone: 1-800-362-3002	Website: <a href="http://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/">health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/</a> Phone: 1-800-251-1269