

North Allegheny School District Growth and Development

Grade 5 Boys

Class Objectives

- Introduce the changes in life phases (infancy, childhood, adolescence; grouped in time frame of 5-6 years).
- Understand the physical and emotional changes that occur during puberty and respect for others.
- View the video *Meet the New You! For Boys, Grade 3-5* (Item #9751: Marsh Media).
- Review the male reproductive system and the physical changes of puberty.
- Review products for personal hygiene - including skin care, hair care and deodorant.
- Open discussion reflecting on class content with the intent of fostering parental discussion.

About the Video: *Meet the New You!* *For Boys, Grades 3-5*

This video is designed for young students who are not quite ready to learn about reproduction, but need to know about body changes, hygiene and emotional changes unique to boys. Topics include:

- When to expect the onset of puberty
- Physical and emotional changes
- Importance of good hygiene, exercise and nutrition
- Self-esteem
- Body image

Bloodborne Pathogens

- Bloodborne Pathogens will be discussed with the 5th grade students during the Growth & Development lesson
- The pathogens that will be discussed are HIV, Hepatitis B and Hepatitis C.
- See the chart to the right for the topics that will be touched on.
- More in depth discussions about these pathogens will be discussed in middle school.

