NOVEMBER 2025

Health-e Pro



MON	TUE	WED	THU	FRI
3 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread	4 #1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)*	5 #1 Pepperoni Pizza #2 Cheese Pizza (M)	6 #1 Cheeseburger #2 Veggie Burger (M)	7 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellyous Plant-Based Nuggets w/ Whole Grain Vanilla
Broccoli & Mandarin Oranges	Baby Carrots & Pears Churro	Celery Sticks & Peach Cup	Black Beans & Orange Chocolate Chip Cookie	Crackers (M) Peas & Applesauce Cup
10 #1 Beef & Cheese Quesadilla #2 Cheese Quesadilla (M)	11 No School	12 No School	13 No School	14 #1 Whole Grain Corndog
Broccoli & Peaches				Corn & Grapes
17 #1Mac & Cheese (M)	18 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M)	19 Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty	#1 Pasta w/ Meat Sauce #2 Pasta w/ Plant Based Meat Sauce (M)*	#1Toasted Ham & Cheese Sandwich w/ Tomato Soup #2 Toasted Cheese Sandwich w/ Tomato Soup (M)
Broccoli & Apple	Baby Carrots & Mixed Berry Cup Pumpkin Cake	Celery Sticks & Orange	Pinto Beans & Pears Sugar Cookie	Peas & Craisins
24 #1Teriyaki Beef Dippers w/ Brown Rice	25 #1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)*	26 No School	27 No School	28 No School
Broccoli & Pineapple Tidbits	Baby Carrots & Banana Rice Krispie Treat			

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:

#3 Yogurt Lunch (M) #4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and unlimited salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

> Student Lunch = \$4.50 Milk = \$0.75Adults = \$5.75

This institution is an equal opportunity provider.