Morning Announcements

October 7th, 2025

"Congratulations to senior Isaiah Paoletto and junior Justin Harb for being the first two returning basketball players to run their required mile in less than 6 minutes. They were able to do this three weeks ahead of schedule because of their hard work conditioning in the off season."

October is Breast Cancer Awareness month! On Wednesdays in October visit the table during the lunch periods in the cafeteria for free goodies to help raise awareness.

Did you know that men can get breast cancer, too? About 1 in 100 cases occurs in men.

D & D club today in the Cafeteria after school.

"Calling all Patriots! We're getting ready for our Homecoming Fall Pep Rally**, and we want YOU to be part of the fun!**

If you'd like to participate in the pep rally games, make sure to sign up this week using the Sign-Up Genius link that Mrs. Manning sent out this morning to our emails!
Spots are limited, so don't wait—grab your chance to represent your grade and show your school spirit!

Let's make this pep rally one to remember. Go Patriots!"

Get ready—it's almost time for our **Homecoming Dance!**

Mark your calendars for **OCTOBER 18TH** in the **VF GYM!**

Tickets will be on sale starting **THIS THURSDAY** during lunch in the cafeteria. The cost is **$15 per ticket** and they will be available through **THURSDAY OCTOBER 16**. Remember, you must have your ticket in advance—no sales at the door!

Don't miss out on one of the best nights of the year. Grab your tickets, bring your school spirit, and get ready to make unforgettable Homecoming memories."

"LISTEN UP!!!! IF YOU ARE BRINGING A GUEST TO HOCO!!!!
If your guest is a NON-VALLEY FORGE STUDENT, you need to get a SPECIAL FORM from room 113 (Mrs. Manning), the lunch sales tables, or attendance office. THESE FORMS ARE DUE ON OCTOBER 16TH - NO EXCEPTIONS!"

Listen up Patriots - Coach Hartel is looking for the very best athletes in the building to join the Valley Forge Baseball Program! We are looking for players of all experience and talent levels to join our team. We are having our informational meeting on Wednesday October 8 after school, at 2:10 pm, in Room 209. If you have any questions, contact Coach Hartel for more information!

"SPIRIT WEEK IS COMING! SPIRIT WEEK IS COMING! Next week starts our HOMECOMING SPIRIT WEEK! Check you emails and the flyers all over school and the Student Council and VF Insta for the spirit day themes!
Monday Oct. 13- PJ DAY and start bringing coins for PENNY WARS!
Tuesday Oct. 14- TROPICAL TUESDAY! Wear your Hawaiian gear, grass skirts, and coconuts!
Wednesday Oct. 15- Dress to Impress - Dress up and impress your friends and teachers!
Thursday Oct. 16- Pink out day! Wear Pink from head to toe for breast cancer awareness
Friday is Class Color and pep rally day!"

Attention all Red Cross certified lifeguards:

Valley Forge is looking for certified lifeguards to work for swim practice and open swims. The swim season begins in mid-October and runs through February.

If you are interested in either of these opportunities, please see Mrs. Kennedy or email her at kennedyji@parmacityschools.org

Thank you,

Attention Valley Forge students! If you're interested in joining the Valley Forge Swimming and Diving team, we'd love to see you at our informational meeting on October 8th, right after school in ROOM 163**. No experience is needed, just a mindset to improve and learn a valuable life skill. See you there—let's make a splash this year!**

Calling all players and parents interested in joining the Lady Patriots Basketball program!

There will be a mandatory player and parent meeting on Wednesday, October 15, 2025, at 6:00 PM.

This is a great opportunity to meet the coaches, get important information about the upcoming season, and ask any questions you may have.

If you are unable to attend or have questions beforehand, please reach out to Coach Matt at revcom52@gmail.com.

We can't wait to see you there!

Work permits are to be turned into student services. Please make sure to have the form completed and then turn it into student services, not the main office. Thank you

Attention Patriots: Clinic news

When you are ill, please get a pass to go to the clinic and call your parents from the CLINIC PHONE. The clinic staff will always let you call your parents. This way everybody knows when and where your pickup will take place. This will stop all the confusion and ease the frustration for everyone involved.

Hello Patriots! don't forget to turn in your filled-in Patriot Buck to Student Services if you receive one from a staff member for being respectful, responsible and ready!

Valley Forge Patriots are responsible, respectful, and ready to learn!