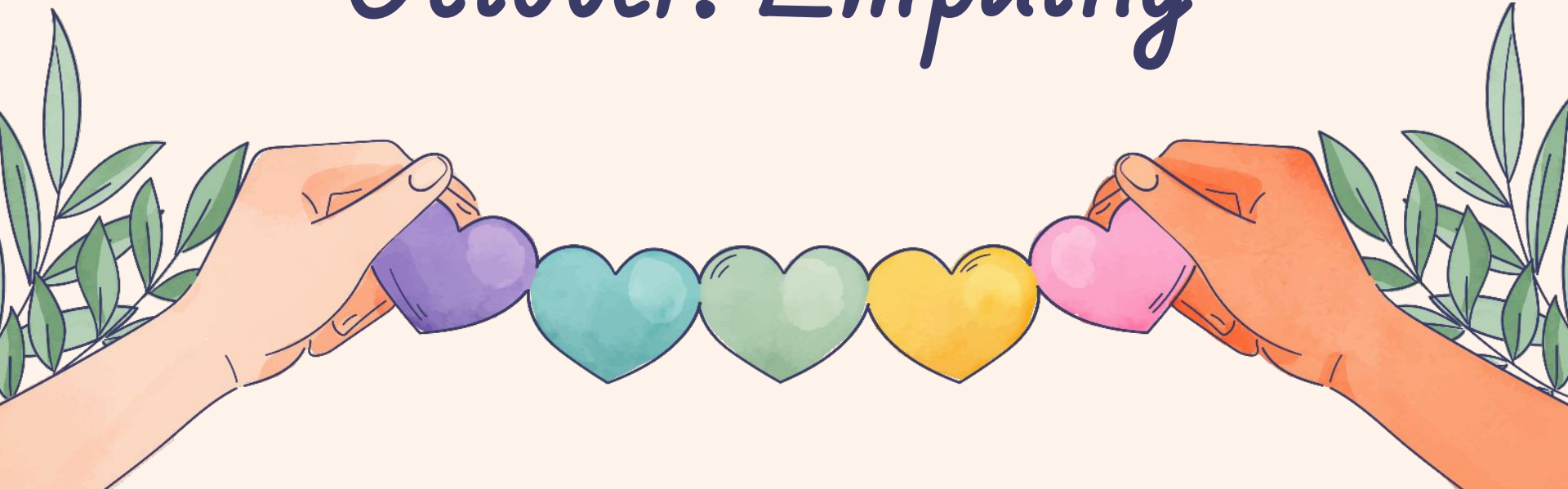


♥ Cordova Villa Character Traits ♥

October: Empathy





Empathy is understanding and sharing the feelings of others. It's also being able to relate to someone experiencing something you have also experienced.

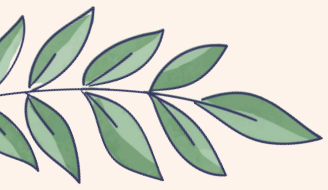
Empathy is being aware of other people's feelings and imagining what it would be like to be in their situation.





For example, if your friend is sad after losing their favorite toy, you can imagine how you would feel and understand what they are feeling.





Why is empathy important?



It helps us be kind.

It helps create strong friendships.

It makes friends feel cared for.

It shows respect for one another.

It makes our community a better place!

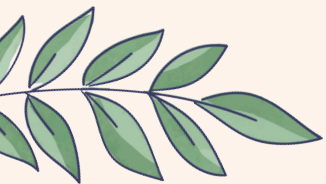
"Empathy means turning kind thoughts into kind actions."





ALL about **EMPATHY** for **kids**





Watch the following clip from
“Inside Out”.

Which character is showing
empathy?

Empathy is shown through
words, but also through our
actions. What actions
demonstrate empathy?







**What are ways you can show
EMPATHY in your classroom
community this year?**

