BEAUMONT ISD CHILD NUTRITION DEPARTMENT
FARM FRESH CHALLENGE OCTOBER, 2025

Farm to School — Seasonality Wheel

Every fruit and vegetable has a season, the time of the year when locally grown options are easier to find and when fresh flavors are at their peak. Purchasing locally grown fruits and vegetables is good for Texans and good for local agriculture.

Use this tool to identify the seasons and growing regions that match your favorite fruits and vegetables!

Pick a fruit or vegetable and check for availability:
Click on your favorite fruit or vegetable in the right panel to find out when local selections will be available at the market! The Texas growing region will also highlight to show where it grows best in the Lone Star State.

Is there a fruit or vegetable you do not recognize in the right hand panel? Hover over it and the name will appear in the text box above the wheel.

Pick a month to identify locally available fruits and vegetables:
Click on any month to see what fruits and vegetables are growing in Texas during that time. Also, the toolbar on the right comes to life to illustrate that month's best bounty. This function of the tool can help with menu planning, budgeting, and for seeking out the best tasting ingredients!

Growing region information
Texas is a huge and agriculturally diverse state. Click on any region in Texas to see what makes each growing region unique.

Click below or use the QR code to go to the Texas Department of Agriculture's Seasonality Wheel to learn more about produce availability throughout the year in TEXAS

https://squaremeals.org/FandN-Resources/Texas-Farm-Fresh/Seasonality-Wheel

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Farm Fresh Challenge – Eat Local, Teach Local, Be Social

The Farm Fresh Challenge takes place every October to celebrate Texas grown foods or beverages used in school meals. All Child Nutrition Program operators are encouraged to participate.

Child Nutrition Program operators pledge to participate and to serve local foods, teach about local products and nutrition, and to share their local food usage on social media. Successful Farm Fresh Challenge participants will achieve recognition and receive different awards based on their level of completion.

The Beaumont ISD Child Nutrition Department (CND) has received recognition by the Texas Department of Agriculture (TDA) for at least the past 7 years as being the "Best of the Bunch". To win this recognition, the CND has used three different Texas grown foods in our weekly menus, provide educational materials and share our successes on social media.

While the CND has pledged to serve more Texas products during the month of October, these items are actually served throughout the school year in our BISD meals.