



K-8 SCHOOL MENU

BREAKFAST INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, GRAHAM CRACKERS, & MILK

LUNCH INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, VEGETABLES, & MILK

SUPPER INCLUDES ASSORTED: FRUIT AND/OR 100% FRUIT JUICE, VEGETABLES, & MILK

WEEK 2

WEEK 1

WEEK 2

WEEK 1

WEEK 2

	MON	TUE	WED	THU	FRI
	SEPT 29 BREAKFAST Cocoa Puffs Cereal, 1oz Honey Cheerios Cereal, 1oz LUNCH Teriyaki Chicken Bowl Bean & Cheese Pupusa SUPPER Mini Muffin Kit*	SEPT 30 BREAKFAST Mini Confetti Pancakes Honey Cheerios Cereal, 1oz LUNCH Chicken Nuggets Spicy Grilled Cheese Sandwich SUPPER Strawberry PBJ Sandwich*	1 BREAKFAST Maple Waffle Honey Cheerios Cereal, 1oz LUNCH Mini Cheeseburgers Bean Burrito SUPPER Cereal Kit*	2 BREAKFAST Mini Choc. Chip French Toast Honey Cheerios Cereal, 1oz LUNCH Corn Dog Bean & Cheese Burrito SUPPER Raspberry PBJ Sandwich*	3 BREAKFAST Trix Cereal, 1oz Honey Cheerios Cereal, 1oz LUNCH Galaxy Cheese Pizza Galaxy Pepperoni Pizza SUPPER Cracker Snack Kit*
	STUDENT FREE DAY: Intermediate Only 6 BREAKFAST Pan Dulce (Concha) 🍞 Lucky Charms Cereal, 1oz Yogurt Parfait 🥛 LUNCH Chicken Nuggets w/ Corn 🌽 Bean Burrito Fritos Chips, 1oz SUPPER Mini Muffin Kit*	7 BREAKFAST Cosmic Confetti Waffle 🍞 Cinn. Toast Crunch Cereal, 1oz Yogurt Parfait 🥛 LUNCH Cheese Enchiladas 🌮 Grilled Cheese Sandwich SUPPER Grape PBJ Sandwich*	8 BREAKFAST Breakfast Tamale 🌯 Cocoa Puffs Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich SUPPER Cereal Kit*	9 BREAKFAST Pumpkin Bread 🍞 Trix Cereal, 1oz Yogurt Parfait 🥛 LUNCH Crunchy Tacos 🌮 Italian Pull-Aparts with Cheese SUPPER Honey PBJ Sandwich*	10 BREAKFAST Breakfast Tamale 🌯 Honey Bunches Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Orange Chicken & Rice Bowl 🍗 Mini Cheeseburger Sliders SUPPER Tortilla Chips Kit*
	NATIONAL SCHOOL LUNCH 13 BREAKFAST Breakfast Bun 🍞 Lucky Charms Cereal, 1oz Yogurt Parfait 🥛 LUNCH Breaded Chicken Drumstick Galaxy Cheese Pizza Corn Bread 🍞 SUPPER Mini Muffin Kit*	LUNCH WEEK OCTOBER 13-17 14 BREAKFAST Mini Apple Breakfast Bites 🍏 Cinn. Toast Crunch Cereal, 1oz Yogurt Parfait 🥛 LUNCH Bean & Cheese Pupusa Spicy Grilled Cheese Sandwich SUPPER Strawberry PBJ Sandwich*	NATIONAL SCHOOL LUNCH WEEK OCTOBER 13-17 15 BREAKFAST Breakfast Tamale 🌯 Cocoa Puffs Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Corn Dog Bean & Cheese Burrito SUPPER Cereal Kit*	NATIONAL SCHOOL LUNCH 16 BREAKFAST Banana Choc. Chip Bread 🍞 Trix Cereal, 1oz Yogurt Parfait 🥛 LUNCH Beef Nachos 🌮 Cheesy Mozzarella Bites Tortilla Chips SUPPER Raspberry PBJ Sandwich*	WEEK OCTOBER 13-17 17 BREAKFAST Breakfast Tamale 🌯 Honey Bunches Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Beef Hamburger 🍔 Beef Cheeseburger Star Cookie 🌟 SUPPER Cracker Snack Kit*
	20 BREAKFAST Pan Dulce (Concha) 🍞 Lucky Charms Cereal, 1oz Yogurt Parfait 🥛 LUNCH Chicken Nuggets w/ Corn 🌽 Bean Burrito Fritos Chips, 1oz SUPPER Mini Muffin Kit*	21 BREAKFAST Cosmic Confetti Waffle 🍞 Cinn. Toast Crunch Cereal, 1oz Yogurt Parfait 🥛 LUNCH Cheese Enchiladas 🌮 Grilled Cheese Sandwich SUPPER Grape PBJ Sandwich*	22 BREAKFAST Breakfast Tamale 🌯 Cocoa Puffs Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich SUPPER Cereal Kit*	23 BREAKFAST Pumpkin Bread 🍞 Trix Cereal, 1oz Yogurt Parfait 🥛 LUNCH Crunchy Tacos 🌮 Italian Pull-Aparts with Cheese SUPPER Honey PBJ Sandwich*	24 BREAKFAST Breakfast Tamale 🌯 Honey Bunches Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Orange Chicken & Rice Bowl 🍗 Mini Cheeseburger Sliders SUPPER Tortilla Chips Kit*
	27 BREAKFAST Breakfast Bun 🍞 Lucky Charms Cereal, 1oz Yogurt Parfait 🥛 LUNCH Breaded Chicken Drumstick Galaxy Cheese Pizza Corn Bread 🍞 SUPPER Mini Muffin Kit*	28 BREAKFAST Mini Apple Breakfast Bites 🍏 Cinn. Toast Crunch Cereal, 1oz Yogurt Parfait 🥛 LUNCH Bean & Cheese Pupusa Spicy Grilled Cheese Sandwich SUPPER Strawberry PBJ Sandwich*	29 BREAKFAST Breakfast Tamale 🌯 Cocoa Puffs Cereal, 1oz 🍞 Yogurt Parfait 🥛 LUNCH Corn Dog Bean & Cheese Burrito SUPPER Cereal Kit*	HAPPY HALLOWEEN 30 BREAKFAST Pumpkin Bread 🍞 Trix Cereal, 1oz Yogurt Parfait 🥛 LUNCH Halloween Chicken Nuggets Pumpkin Cookie SUPPER Raspberry PBJ Sandwich*	31 STUDENT FREE DAY: TK-12

KEY:
 =HOMEMADE ELEMENTS (*DISH-UP AT VILLA)
 =NEW
 =GRAB & GO
 =CONTAINS PORK

*All cereals are Reduced Sugar: ≤6 grams

SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.



CLICK HERE



SCAN HERE

