



PRINCIPAL'S MESSAGE

We are approaching the end of the first quarter, and we are so proud of the growth that our students are showing. Please continue to make attending school each day and completing homework priorities! With a positive home-school relationship, our students will flourish!

Thank you to all of the parents who participated in the September Family Center Sessions. If you were not able to make these sessions, please reach out to Valerie Chiasson who can share information with you about the sessions.

We appreciate our community and family feedback at our Stakeholder Advisory meetings. Please contact Valerie Chiasson if you are interested in being part of this group. We are always looking for new ways to include parents and family members in our school.

As we enter fall and winter, we want to remind everyone about our dress code. All outerwear with hoods must open the entire length in the front. Girls are asked to wear leggings that are navy, black or white under skirts. Crocs are not allowed at school due to safety reasons. Notes will be sent home to inform you of special dress down days, including Saints shirts. The only consistent dress down is the ability for students to wear jeans on Friday with a spirit shirt.

Don't forget about our upcoming Fall Fest! We need lots of support. Please join PTA and consider volunteering for this event!

Lisa Perrin
Principal

MISSION

We are committed to ensuring high levels of learning for all students to build a strong foundation.

VISION

Our students are engaged, well-rounded learners who accept others and work as a team.

At Allemands Elementary School, we believe...

- all students can learn to their utmost potential.
- all students will engage in quality experiences.
- a student's success is a collaborative effort among school, students, family, and community.
- a physically and psychologically safe environment is essential to promote student learning.
- excellence is worth the cost.

UPCOMING EVENTS

October

		1 Playgroup 10-11 PTA Board Meeting 1:00	2 Volunteer Day 10:00 United Way Battle for the Paddle 3:00-7:30	3 Saints Shirt Day
6	7 PK Fact Session 9:00-10:00	8 Playgroup 10-11	9 End of the Quarter Fall Fest Work Day 4pm	10 Quarter 2 Begins Saints Shirt Day
13 Fall Break- NO school	14 Fall Break- NO school	15 Playgroup 10-11	16	17
20	21 Playgroup for Kindergarten Readiness (older children)	22 Playgroup 10-11 School Board Meeting 6pm	23 Report Cards go Home Early Dismissal 12:45 Parent-Teacher Conferences	24 Saints Shirt Day Early Dismissal 12:45 Parent-Teacher Conferences
27 Red Ribbon Week (27-31)	28 Spanish Speaking Families Check In 9:15-10:15	29 Playgroup 10-11	30 2nd Grade Art Experience Black, White, Orange Shirt 1:15 Trunk or Treat	31 Purple & Gold Shirt Day Battle on the River HHS 7pm



We'll Stand **BAYOU** at AES!



Parent Teacher Conferences

Parent Teacher conferences will be held on October 23th from 1:15-6:15 and October 24th from 1:15-4:15. Please take time to schedule a meeting with your child's teacher. Report cards will be given at the conferences. Our teachers will also share updates at the conference on individual academic instructional plans, if your child has a plan. These meetings will be 10 minutes long, and we would love for you to attend in-person, but you will also have the option of a virtual meeting if needed. Sign up information will be sent at a later date. If you cannot meet on one of these days, contact your child's teacher and they will gladly assist you in finding a date and time that works within their working hours. Teachers can only meet with parents and legal guardians. Our goal is to have 100% participation.

Attendance

Help your kids keep sailing into school every day!

*Please send in a doctor's note or parent note for absences.



STEAM

Science-Technology-Engineering-Art-Math

Our learners have been participating in STEAM activities during extended enrichment time! Lots of fun and learning in these respected topics every week.





Newsletter Delivery

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at lbutler@wearescpps.org and a copy will be sent home each month with your child. Thank you.

Early Dismissal

When our school has an Early Dismissal schedule, it is imperative to talk to your child about what will be different for that day. If you need to have a child picked up from carpool instead of riding the bus, a note or email must be written and submitted to the office by 10:30. Emails must be sent to aesbus@wearescpps.org. Please call school if you have any questions about our Early Dismissal procedures. Our Early Dismissal days for this month are on October 23 and 24.

SIP Stakeholder Group

We are looking for parents, grandparents, and community members to work with us! Our School Success Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives. These meetings will be in-person and will last 30-45 minutes. Our next meeting is on October 2 at 9:00. If you are interested in being a part of this group, please contact Valerie Chiasson at vchiasson@wearescpps.org.

Family Engagement is Important to Us!

Allemands Elementary's goal is to have activities that will allow families to have fun while supporting our students in their academic growth. Our school visits will be structured differently to support our School Success Plan. Please make sure to check your child's folder each night to see which activities you can attend. If you have any suggestions, please join our PTA or Stakeholder Group. You will receive points on PIMS points for participation.





OUR LEARNING



pre-k

Pre-K students are learning all about families. The students enjoyed sharing pictures and telling their friends stories all about themselves and what they like to do with their families. In Math, we have been working on identifying numbers and shapes. In ELA, we are working on asking and answering questions. We continue to strengthen our fine motor skills so that soon we will be holding writing utensils and begin making purposeful strokes to form shapes, lines, and letter-like formations. Our new playground is so much fun! We are loving the new shade canopy that keeps us cool during the hot days! Thanks to the PTA and our district for these improvements!



kindergarten

Kindergarteners are learning and growing every day! In math, we will begin to learn to count and write numbers to 10. We are learning phonemic awareness by blending sounds to say words. We are also working on phonics by learning letter sounds using Zoophonics. We will begin to look at the shape that our mouths make when we say each sound. This will help us to read words. We are so excited to be readers by the end of kindergarten.



OUR LEARNING



first grade

First graders have been working hard reviewing short and long vowel sounds, consonant clusters, and digraphs in words, phrases, and stories. We will be starting a new reader, *Gran*. Have your child discuss the story read in class with you. You can help by asking your child about the characters, setting, and major events. In Knowledge, we are enjoying learning about our incredible human body. In math, your student is learning more about solving problems within 10. We are focusing on understanding the equal sign, solving addition and subtraction word problems, and addition and subtraction strategies. Please complete nightly homework to support your child with these skills that we are learning.

second grade

Happy Fall Yall!

October will bring many exciting treats. Reading regularly at home is a very important step in becoming a good reader and thinker. The fall is a great time to welcome the cooler weather with a good book. You may want to treat your child to a visit to the public library to check out a fall book like: Biscuit Visits the Pumpkin Patch, Why Do Leaves Change Color?, or How Many Seeds in a Pumpkin? A student favorite is The Ugly Pumpkin by Dave Horowitz. Remember after reading, have your child answer questions about the text. Students have practiced procedures and expectations during the first six weeks of school. Please encourage your child to continue to meet expectations listed in the red conduct folder. Understanding place value, adding, subtracting, and problem solving are math goals. We are holding on to special memories by writing personal narratives. Have conversations with your child about their new learning. Parent conferences will be this month. Please make every effort to attend. We are striving for 100% participation. Your support is essential to your child's success in education. Together, we can make it a fabulous fall of teaching and learning!



ENRICHMENT

Librarian's

Letter

October is a busy month for us in the library! Students will start checking out library books this month. Our school wide reading program, Finley's Fin-tastic Fishies, is in full swing! Please read the letter on the back of the reading log

to learn how the reading program works.

Pre-K and Kindergarten students who read 100 books will be recognized on a bulletin board, as well as all 1st graders and 2nd graders who read 200 books.

BOOK FAIR: Coming Soon!

A flyer will go home with more details.

Happy Reading!

Love, Ms. Lacey, Librarian

COUNSELOR'S *corner*

The week of October 27-31 is **Red Ribbon week**. During this week we have theme days planned to remind the students about being drug free and the **importance of making good choices**. During counseling enrichment we will be focusing on making good choices and having good character.

As parents/guardians, if we want our children to have happy and successful lives, we need to help them build their character.



**The week of October 27 - October 31 is
Red Ribbon Week.**

The following are Theme Days:

Monday, October 27

Team up Against Drugs

Students can wear a T-shirt/jersey from their favorite team with uniform pants/shorts.

Tuesday, October 28

Sailing Into Success Drug Free

Students can wear a blue shirt with uniform pants/shorts.

Wednesday, October 29

Hats Off to Being Drug Free

Students can wear a hat to school with school uniform.

Thursday, October 30

Say Boo to Drugs

Students can wear an orange, black, or white shirt or school appropriate Halloween shirt with jeans or uniform pants/shorts. No Costumes.

Friday, October 31

Drugs Can't Find Me

Students can wear camo shirt and/or camo pants, jeans or uniform pants.

Parent Access to Instructional Materials

As required by law, information regarding Parental Access to Instructional Materials and the Louisiana Parents' Bill of Rights can be found at www.stcharles.k12.la.us under the FOR COMMUNITY-Legislative compliance.

September Events

Pizza & Paint Night



September Events

Wetland Watchers



Allemands Elementary Family Center

Home & School: Together We Can Make a Difference



Valerie Chiasson vchiasson@wearescpps.org

Phone: 985-758-7427

During the school year, teachers will invite you to come to parent-teacher meetings (also called conferences). This is very common in the United States. You can also ask for a conference any time.

What if I work during the day? Let the teacher know you can only go to conferences at night.

What will we talk about? Your child's teacher will probably talk about your child's grades, classwork, homework, and behavior.

What will I learn? You will learn more about your child's classes, and find out if your child is having any problems.

What will the teacher ask me? Teachers like to learn about students from their parents. No one knows your child better than you do. You can help the teacher by talking about:

What your child likes to do. Events that may affect your child (such as a new baby, divorce or death) Special medical or learning needs.

Durante el año escolar los maestros le invitarán a participar en las reuniones de padres y maestros (también conocidas como conferencias).

Esto es muy común en Estados Unidos. Usted también puede solicitar una conferencia en cualquier momento.

¿Qué sucede si trabajo durante el día? Déjele saber al maestro que sólo puede asistir a la conferencias en la noche.

¿Qué sucede si no hablo inglés? Usted tiene derecho a solicitar que un intérprete esté presente en la conferencia.

También puede traer a un amigo o a un familiar que se encargue de la interpretación. Es importante que su niño no sea quien le traduzca a usted.

¿qué hablaremos? Usted conocerá más sobre las clases de su niño y averiguará si es que su niño tiene problemas.

¿Qué me preguntará el maestro? A los maestros les gusta obtener información acerca de los alumnos de parte de los padres. Nadie conoce mejor a su niño que usted. Usted puede ayudar al maestro comentando sobre: Lo que a su niño le gusta hacer. Situaciones que pueden afectar a su niño (como un divorcio, un recién nacido o un fallecimiento) Necesidades médicas especiales o de aprendizaje

¿Qué aprenderé? Usted conocerá más sobre las clases de su niño y averiguará si es que su niño tiene problemas.

¿De

Dates to remember:

Oct 2- 9:00 am Stakeholder meeting 10:00 Volunteer Day

Oct 7- 9:00 am PreK FACT Session

Oct 9- Mrs. Chellie's Family Playgroup

Oct. 10- Saints Dress Down Day

Oct 13/14- Fall Break- No School

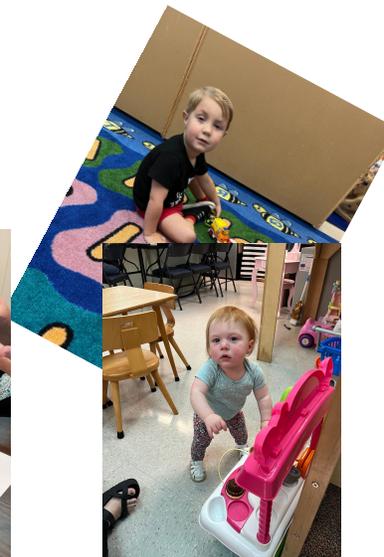
Oct 21 9:00 Report Card Parent Information

Oct 23/24 Parent Conferences

Oct 30- Trunk or Treat- Black and Orange dress down

Oct 31- Purple and Gold dress down

Ongoing- Wednesdays 10:00 playgroup



PTA News

Dear Catfish Families,

This year is off to an incredible start! We are so thankful for each of you who have joined our PTA! Each membership marks your support of our students, faculty and staff! And is one step closer to our goal of having a PTA member to every student. Currently are at 78% of that goal. So grab your family and friends and join by visiting the QR code below. We are so close!!

Scan QR Code for:
PTA Membership,
Spirit Shirts, Magnets
and/or Winter Wear



allemandspta.givebacks.com

Please check us out on our PTA website. I encourage you to visit it. There you will find information on upcoming events, order Spirit Wear, Volunteer sign up opportunities, and Faculty/Staff information sheets in case you are looking for ideas for that special Thank you gift. Below is the link.

www.allemandspta.org

Our next board meeting will be on Wednesday, October 1st @ 1:00 in the Family Center. We would love for you to join us.

Below is a look ahead for the month of October.

As always we thank you for your continued support. Should you have any questions or concerns please feel free to reach out directly to me at president@allemandspta.org.

Laura Brown
AES PTA President

Thank you to everyone who contributed to the fundraising last year. Our canopy cover for our students has been installed, and our children are able to play on equipment under this amazing cover.

Please consider helping with Fall Fest. We need volunteers to assist with the preparation! A decision was made to have our raffle tickets on sale during Fall Fest only due to the limited number of committee chairpersons available.

Our students will have an essay contest and 2nd graders will have an design for the t-shirt contest. Ask your child about these opportunities!

This event is not only a fundraiser for our students, but it is a celebration of our school and community.

Essay Contest



We are holding an optional essay contest in conjunction with Fall Fest. The essay is due on October 31, to Mrs. Perrin. Below are the guidelines for the contest.

Topic: Fall is fun!

Prekindergarten: Learners can dictate to an adult who writes their information on a paper. Students should draw a picture that matches their story.

Kindergarten: Learners can dictate to an adult who writes their information on a paper. Students should draw a picture that matches their story. If a learner can write for themselves, they are welcome to write it in their own handwriting.

1st and 2nd graders: Learners will write their own essay on the topic. They do not need to draw a picture to match their writing, but they can illustrate it if they would like.

All learners who will participate will receive a certificate. Winners in each grade will receive an award and be able to read it to the school.

Catfish Character Traits

Our School Improvement Team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In October, we will focus on compassion. Our teachers will read a grade-specific book and review the trait during the month. Please help us to reinforce these character traits at home and in the community.

Week of 10/6- Be Kind To All

Week of 10/13-Random Acts of Kindness

Week of 10/20- Be The Best

Week of 10/27- Empathy

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: _____

What did he/she do to show responsibility in your home or the community?

Nurse's Notes

OCTOBER
2025



October is National Dental Hygiene Month!

Start early:

Start practicing good oral care as soon as the first baby tooth erupts

Brush for 2 minutes:

Brush teeth for a minimum of 2 minutes with the right brushing techniques

Eat healthy food:

Choose nutritious foods and limit sugar intake

Brush a minimum of 2 times a day:

Encourage brushing day and night with fluoride toothpaste for children

Visit the dentist twice a year:

Schedule a dental appointment 2 times a year

October is an exciting month full of spooky fun! Keep in mind:

- The sugar in candy sticks to teeth and can cause cavities, even if your teeth feel clean! Make sure your child brushes their teeth every morning and every night—especially after eating candy!



Reminders

- Please return all vision referral paperwork back to the school nurse
- Please continue to submit updated immunization records

Whitney Burnam, RN





United Way of St. Charles

At Allemands Elementary, we are learning everyday about showing C.A.R.E.S.

C.A.R.E.S. stands for cooperation, assertion, responsibility, empathy, and self-control. This year we are planning a school-wide effort to support and help others by showing C.A.R.E.S. During the month of October we will learn about the “E” in C.A.R.E.S. We will take this month to emphasize showing EMPATHY. Our culminating activity will be a grade level PENNY DRIVE. Starting October 1st we are asking students to bring in pennies to help us meet our school goal. At Allemands Elementary we love helping others!



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(EOE)

October 2025 Elementary Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider. Menus are subject to change.

taste the world: Your school LUNCH passport!

National School Lunch Week | October 15-17, 2025
The National School Lunch Program serves nearly 30 million children each day. NSLW highlights the importance of a healthy school lunch to a student's success both in and out of the classroom.



AVAILABLE DAILY

With all meals

- Low Fat White Milk
- Fat Free Flavored Milk

Cold Lunch Choice

- Monday: Sunbutter Sandwich
- Tuesday: Charley Box
- Weds.: Deli Sandwich
- Thursday: Entrée Salad
- Friday: Sunbutter Sandwich



EVERY COMPLETE MEAL WE SERVE COMES WITH YOUR CHOICE OF LOW FAT OR NONFAT

<p>Monday, October 6</p> <p>Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Red Beans w/Steamed Rice Seasoned Mustard Greens Steamed Carrots Cornbread Peaches</p>	<p>Tuesday, October 7</p> <p>Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Tacos Steamed Corn Refried Beans Taco Salad Cup Apple Wedges</p>	<p>Wednesday, October 8</p> <p>Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Shepherd's Pie Broccoli Dinner Roll Banana</p>	<p>Thursday, October 9</p> <p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Turkey Stew Steamed Rice Candied Yams Steamed Cabbage Strawberry Cup</p>	<p>Friday, October 10</p> <p>Breakfast Fresh Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Fresh Hot Pizza Marinara Sauce Garden Salad Orange Wedges Cookie</p>
<p>Wednesday, October 1</p> <p>Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Soup of the Day Grilled Cheese or Bosco Stick Garden Salad Banana Brownie</p>	<p>Thursday, October 2</p> <p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Beef Teriyaki Dippers Macaroni & Cheese Broccoli Florets Baked Beans Pineapple Tidbits</p>	<p>Friday, October 3</p> <p>Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Chicken Filet Sandwich Crinkle Cut Fries Lettuce/Tomato/Pickle Fresh Orange Wedges</p>		

Monday, October 13 **Tuesday, October 14**

Happy Fall Break!

NO SCHOOL

<p>Wednesday, October 15</p> <p>Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Passport to Italy Lunch Spaghetti & Meatsauce Italian Salad Broccoli Florets Garlic Bread, Banana</p>	<p>Thursday, October 16</p> <p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Passport to Asia Lunch Orange Chicken w/Fried Rice Asian Chopped Salad Edamame Beans Mandarin Oranges</p>	<p>Friday, October 17</p> <p>Breakfast Pancake Sausage Bites Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Passport to America Lunch Hamburger/Cheesburger Crinkle Cut Fries Lettuce/Tomato/Pickle Baked Beans, Oranges</p>
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Each school cafeteria will celebrate National School Lunch week with games and prizes.

YOUR SCHOOL LUNCH PASSPORT

<p>Monday, October 20</p> <p>Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Chicken Tenders Waffles Broccoli Steamed Carrots Sliced Peaches</p>	<p>Tuesday, October 21</p> <p>Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Fish Nuggets Macaroni & Cheese Peas Cucumber & Tomato Salad Pears</p>	<p>Wednesday, October 22</p> <p>Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Chili, Fritos Garden Salad Steamed Corn Banana Cake or Crisp</p>	<p>Thursday, October 23</p> <p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Early Dismissal Lunch Bosco Sticks Marinara Sauce Cup Green Beans Pineapple Tidbits</p>	<p>Friday, October 24</p> <p>Breakfast Scone Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Early Dismissal Lunch Mini Corn Dogs Tater Tots Carrots w/Ranch Orange Wedges</p>
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<p>Monday, October 27</p> <p>Breakfast Confetti Pancakes Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Totchos Green Beans Steamed Corn Applesauce Corn Bread</p>	<p>Tuesday, October 28</p> <p>Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Sweet & Sour Meatballs Loaded Mashed Potatoes Peas Apple Wedges</p>	<p>Wednesday, October 29</p> <p>Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Beef Vegetable Soup Grilled Cheese Sandwich Garden Salad Banana Brownie</p>	<p>Thursday, October 30</p> <p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Beef Teriyaki Dippers Macaroni & Cheese Broccoli Florets Baked Beans Pineapple Tidbits</p>	<p>Friday, October 31</p> <p>Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p> <p>Lunch Chicken Filet Sandwich Crinkle Cut Fries Lettuce/Tomato/Pickle Fresh Orange Wedges</p>
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Happy Halloween!