

## Physical Education Waiver Notification for Physical Education Program K-8

The School Board recognizes the value of physical education to the maintenance of the health and vitality of all students, as well as to the development of lifelong habits that will enhance personal fitness and wellness. Also, one-on-one counseling concerning the benefits of physical education is available to students (Board Policy 2280 – Physical Education).

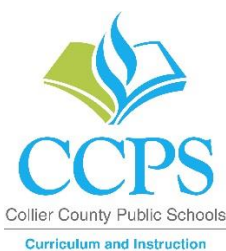
Therefore, it shall be the policy of the Board that instruction in physical education shall be available to all students. Students in kindergarten through grade five (5) shall be provided 150 minutes of physical education, as defined in Florida statutes, each week. Middle school students enrolled in a school that contains grades 6-8 are required to take the equivalent of one class period per day of physical education for one semester of each year.

However, this requirement shall be waived if the student meets one of the following criteria:

1. The student is enrolled or required to enroll in a remedial course, such as intensive reading or intensive math.
2. The student's parent communicates with the school, in writing, either of the following:
  - a. The parent requests the student enroll in another course from among those courses offered as options by the school district.
  - b. The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

\*Students must still meet full-time equivalent requirements for the school day

Waiver forms may be picked up at each school in the school counselor's office or printed from the district Physical Education webpage. **Forms must be submitted by September 15th for semester 1 and January 15th for semester 2 for waiver to be considered for that semester.**



## Request for K-8 Physical Education Waiver

Student Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

**Please return this form to the Principal's office within the first 2 weeks of school.** Waiver requests submitted after this date may not be considered.

Please waive the Physical Education requirement for the student named above.

**Select only one option and please include reason/explanation:**

**Option 1:** The student is enrolled or required to enroll in a remedial course:

\_\_\_\_\_

**Option 2:** Parent requests the student be enrolled in an alternative course from among those courses offered as options by the school district:

\_\_\_\_\_

**Option 3:** The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement for physical education in elementary school:

\_\_\_\_\_

Parent(s) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent(s) Name (print): \_\_\_\_\_

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**For School Administration Use for entering PE Waivers:**

- For students who **are not** participating in a physical education course because of a waiver, the district will report the code of "Y" on the data element "Physical Education Waiver" to the Florida Department of Education and entered into TERMS on the 316 panel under Misc. prior to Oct 1<sup>st</sup> for Semester 1 and Jan 30<sup>th</sup> for Semester 2 of the current school year.
- This data will be collected during Surveys 2 (Oct), 3 (Feb), and 5 on the Federal/State Indicator Status format. District Informational Technology specialists will be receiving additional information regarding the use of this new data element.

PE Waiver added to student academic history file for no credit.

Date entered: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Initials \_\_\_\_\_