

VHS VIKINGS ATHLETICS BULLETIN

Vol. 1, Ed. 3, 1 Sept-25

EPIC CONQUESTS: Early Fall Action

Cross Country Debut Climb

Runners shine at Lagoon Valley

Girls' Tennis Dominant in Opener

7-2 Win at Concord High

Volleyball Earning Experience

Tough Early-Season Matches

Flag Football Sizzling Start

(3-1) Outscored Opponents 88-19

Tackle Football Rolls to 2-0

Big Wins at Home

August Athletes of the Month:

Josiah Chavez and Kenna Holloway



FLAG FOOTBALL



TACKLE FOOTBALL



G VOLLEYBALL

Game Plan for NCAA Eligibility:

Want to Play Sports in College?

- Visit the [NCAA Eligibility Center](#)
- Download the [Guide for the College-Bound Student-Athlete](#)
- Earn the best grades possible in NCAA-Approved Core Classes





COMMUNITY SERVICE



BEYOND THE COMPETITION: Clean-Up Day

A Need Was Identified.
A Call Was Made.
The Troops Were Rallied.
The Mission Was Accomplished!
Vanden athletes stepped up big, exchanging workout time to help collect trash and debris along Markeley Ln. and De Ronde Dr. in preparation for the 25-26 school year.



STUDENT SECTION

FANCENTRIC FEATURE: Display Your Viking Spirit

Contribute to a positive athletic culture at Vanden High School, at home and on the road:

Show Up - support the Vikes!

Get Loud - provide contagious positive energy

Respect All Participants - the Vikes, the opponents, and all game officials

Celebrate All Achievements - sports are about more than just the final score

Help to create an environment where everyone feels valued. Demonstrate the true meaning of sportsmanship at all Vanden competitions!



ERIN VEATCH
GOLF

MEET THE VIKES: Athlete Spotlight

Now in her second year golfing for the Vikings, Erin Veatch expects to continue improving as an individual while her team grows closer as a unit. Pushing one another to get better is a focus for the cohesive group of Lady Viking golfers.

Check out Erin and her teammates at Cypress Golf Course on Thursday, Sept 18th for their home-opener.