

SOCIAL SERVICES SERVICIOS SOCIALES

CalFresh Benefits Helpline
(877) 847-3663

California WIC Program
(888) 942-2229

Casa Youth Shelter
Crisis Hotline: (800) 914-2272
Shelter: (562) 594-6825, (714) 995-8601

Women and Children Crisis Center
Crisis Hotline: (562) 945-3939
Shelter: (562) 945-3937

LGBTQ Center
Support Groups of Long Beach
(562) 434-4455

LA Housing
(213) 473-3231

Consejo De Federaciones Mexicanas (COFEM)
(213) 417-8390

Pasadena Hope Center Apartments
(626) 773-4400

The Whole Child Family Housing - Downey
(562) 204-0640

Union Station Homeless Services- Pasadena
(626) 337-014

Los Angeles Regional Food Bank
(323) 234-3030

Friends In Deed Food Pantry- Pasadena
(626) 797-6072

SHIELDS for Families Food Bank- Los Angeles
(323) 242-5000

CONTACT US CONTÁCTENOS

MIGRANT EDUCATION OFFICE
OFICINA DE EDUCACIÓN MIGRANTE
Call/Llame: (562) 922-6164
Email/Correo Electrónico: mep@lacoed.edu

For more resources, scan the QR code below.
Para más recursos, escanee el código QR abajo.



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RECURSOS COMUNITARIOS



COMMUNITY RESOURCE INFORMATION

EDUCATIONAL SERVICES SERVICIOS EDUCATIVOS

College Assistance Migrant Program (CAMP)
California State University Long Beach
(562) 985-2006

High School Equivalency Program (HEP)

HEP California State University, Fullerton
(657) 278-4149

HEP California State University, San Bernardino
(909) 273-7028

Mexican American Opportunity Foundation
(323) 890-9600

LEGAL SERVICES SERVICIOS JURIDICOS

Consulado Mexicano

Ventanilla de Educación: (213) 351-6827
Protección a Mexicanos: (213) 351-6825
Información: (213) 351-6800

**The Coalition for Humane Immigrant Rights
(CHIRLA)**

Immigrant Assistance Referral: (888) 624-4752
Legal Services: (213) 201-3797

CARECEN Central American Resource Center
(213) 385-7800

Esperanza Immigrant Rights Project
(213) 251-3505

MENTAL HEALTH SERVICES SERVICIOS DE SALUD MENTAL

**Los Angeles County
Mental Health Department**
(800) 854-7771

Alzheimers Association
(800) 272-3900

Straight Talk
(714) 828-2000

Un Paso Mas
(323) 312-0762

The Whole Child
Crisis Hotline 988
Non-Emergency (562) 692-0383

**USC Telehealth - No-Cost Short Term
Counseling**
(866) 740-6502

Migrant Education Program Psychotherapist
Terry Alcantar, (323) 856-1698

Domestic Violence: Peace Over Violence
Central Los Angeles, (213) 626-3393
South Los Angeles, (310) 392-8381
West San Gabriel Valley, (626) 793-3385

Rape, Abuse, Incest National Network (RAINN)
(800)656.HOPE (4673)

National Domestic Violence Hotline
(800) 799.SAFE (7233)
(800) 787.3224 TDD

HEALTH SERVICES SERVICIOS DE SALUD

MediCal Assistance
(888) 452-2273

DentiCal Assistance
(800) 322-6384

Covered California
Spanish: (800) 300-0213
English: (800) 300-1506

My Health LA
(888) 452-5437

**East Valley Community Health Center
Dental, Vision, & Medical Services**
(626) 919-5724

St. John's Community Health
(323) 541-1411

Susan G. Komen, LAC (Cancer Association)
(800) 511-2300

**The Children's Clinic
Serving Children & Families**
(844) 822-4646 - Appointments
(562) 264-3115 - Application Support

UCLA Mobile Eye Clinic
(310) 825-2195

**National Center for Farmworker Health, Inc.
Una Voz Para La Salud**
(800) 377-9968