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### Local School Wellness Policy Triennial Assessment

LEAs are required to have a written local wellness policy (LWP), and at least once every three years, they must assess the implementation of what is written in the policy. This Triennial Assessment will document the development, implementation, and completion of these wellness goals.

<b>COMPONENT 1 GOALS: NUTRITION PROMOTION &amp; EDUCATION</b>	<b>Yes</b>	<b>Comments</b>
Students receive nutrition education, to include food safety, which is integrated into health education curriculum or core curriculum.	11 out of 11	Lesson Planning, Classroom Walk-Throughs
Students receive, to the extent possible, messages regarding nutrition throughout the school environment.	11 out of 11	Posters, Bulletin Board, DoJo Website, Social Media, etc.
School participates in at least one planned Nutrition Promotion event or activity per year.	11 out of 11	National School Lunch Week, Taste Testing *National School Breakfast Week
The Nutrition Services staff will schedule the cafeteria to serve as a learning lab for nutrition education activities at least once per year.	11 out of 11	Taste Testing Signage, Social Media Posts, etc.
Each Nutrition Services manager will supply his/her school's faculty and staff with one nutrition education resource at least once per year.	11 out of 11	Fact Sheets For Fruits & Vegetables *USDA Items/Fact Sheets
Each school will promote the consumption of fresh fruits and vegetables with promotional signage and/or modified and attractive product display at breakfast or lunch at least once per year.	11 out of 11	In/Around Cafeteria and School

<b>COMPONENT 2 GOALS: PHYSICAL ACTIVITY</b>	<b>Yes</b>	<b>Comments</b>
Physical activity or recess is not being used as a reward or punishment.	11 out of 11	
Physical education instruction is included in activities and team sports.	11 out of 11	
Students participate in periodic fitness assessments.	11 out of 11	Per District/State Schedule
School environment provides safe and enjoyable physical activities for all students.	11 out of 11	Lesson Planning, Classroom Walk-Throughs
School promotes after school physical activities.	11 out of 11	Fitness Clubs, Team Meetings
Patterns of physical activity are encouraged in students' lives outside of physical education.	11 out of 11	Mile, 5K Events, Family Events
School works with families and communities to assist them in incorporating safe physical activity into their lives and community infrastructure.	11 out of 11	Field Days, Athletic Team Event, Jump Rope for Heart

<b>COMPONENT 3 GOALS: OTHER SCHOOL BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS</b>	<b>Yes</b>	<b>Comments</b>
Teachers and other appropriate school staff are provided with assistance in detecting student health problems that may affect learning and attendance.	11 out of 11	Physicals, Health Screenings
School takes reasonable steps to provide a safe and clean environment.	11 out of 11	Regular Cleaning, Improvements to building/Entry Safety Law Enforcement @ Each School
School's provide information and/or opportunities that promote staff wellness at least once per year .	11 out of 11	Weight Loss Challenges, Staff Physical Activity Programs, Mental Health Programs, etc.
School's provide information and/or opportunities that promote family wellness activities at least once per year.	11 out of 11	Family Participation Days, Social Media, Announcements, etc.

<b>COMPONENT 4 GOALS: NUTRITION STANDARDS &amp; GUIDELINES FOR ALL FOODS &amp; BEVERAGES AVAILABLE ON CAMPUS DURING THE SCHOOL DAY</b>	<b>Yes</b>	<b>Comments</b>
School staff does not use foods or beverages as rewards for academic performance or good behavior, particularly those foods with minimal nutrition value.	11 out of 11	
School's prohibit the withholding of food or beverages, including food served through school meals as punishment.	11 out of 11	
All food offered to students outside of the School Nutrition Program should meet state and federal nutritional guidelines.	11 out of 11	Meal Plans, Menus Posted, Signage
Organizations only use non-food items or foods designed for delivery and consumption as fundraisers after school hours.	11 out of 11	District Approval Required

<b>COMPONENT 5 GOALS: DEVELOPMENT, IMPLEMENTATION AND PERIODIC EVALUATION OF THE SCHOOL WELLNESS PROGRAM</b>	<b>Yes</b>	<b>Comments</b>
The Superintendent, or designee, forms and supports a School Health Council. Such School Council members may include, but are not limited to: District Staff, or designee, School Nutrition Program representative, teachers, school nurse, parents, community members, health care representatives or other stakeholders.	11 out of 11	Community Stakeholders/Community Representatives
The School Health Council meets no less than two times per year.	11 out of 11	4-5 Times Per Year