



TPRS "Monthly Minute"

Odessa High School

October 2025

Important Dates To Remember>>>>>

END Of 1st 9WKS--- October 10th

PROGRESS REPORTS to students---October 17th

October 6-10- PSAT/SAT Testing (digital)

October 13 & 14- NO School; Columbus Day and PD day for teachers

October 16- MCH Tour and Learning, Parent Permission slips due by 10/10/25

October 21 -1st Nine Week Celebration in RM 213, Hot dogs and treats!

October 23-TPRS FAMILY MEETING at Odessa College, 5:15 PM-6:15PM, see enclosed information

October 31-Interim Progress Report



"GRADES GO DOWN WHEN YOU ARE NOT AROUND..."

Attendance is essential to school success. Absences, excused and unexcused, can quickly add up to cause academic trouble. Please visit with your corral if you feel that you have lost credits due to attendance.

(Please review the link below for help to improve school attendance. Click on the link or copy and paste the link in a new window.)

ENGLISH: https://attendanceworks.org/wp-content/uploads/2017/08/AW_HS-flyer-1-pager.pdf

SPANISH: https://attendanceworks.org/wp-content/uploads/2017/08/AW_HS-flyer_Spanish.pdf



Words of Wisdom

"The only difference between where you are and where you want to be are the steps you haven't taken yet."

---Rigel J. Dawson



Father's
Playbook

DID YOU KNOW?

Did you know that Dad's involvement during pregnancy positively influences health outcomes for mom, dad, and baby? From pregnancy loss, maternal and infant mortality, post-partum health, and parenting transition, father involvement has a key role to play.

Yet, keeping fathers involved is sometimes easier said than done when the path to involvement is not always as clear for men as it is for the mom. But there are some great tools out there that can guide fathers in staying engaged throughout pregnancy and into infancy.

One such tool was developed through a collaboration by the Center for Health Communication, Texas Safe Babies, and SAGA at the University of Texas Austin: the [Fathers Playbook](#) app. This free app is designed to give dads a week-by-week breakdown of what is happening to mom and baby, practical tips for understanding pregnancy, and checklists for financial goals and preparation, which are just a few of its features. Check out the website, where there is also information for providers on how to get materials to share with clients and help them learn about this great resource!

And don't stop there. Let's keep encouraging fathers to stay involved and let them know that they do matter, at all stages of their child's life.

Father's Playbook

About to be a Dad and trying to make sense of pregnancy, what to do, and where to start? The Father's Playbook app is here to help. This app is developed for guys to help them understand pregnancy and prepare them for after the baby comes.

Reminders for Trick or Treating!

[It is not safe to let kids walk the streets by themselves.](#) Make sure that an adult is going with them. If you can't take them yourself, see if another parent can.

[Show your children how to cross a street properly.](#) Always look both ways before crossing the street and only cross at corners or crosswalks. If you have more than one child, ensure the older child takes the hand of the younger child when they cross a street.

[Teach your kids about not getting into strangers' cars or talking to strangers,](#) no matter what the person says to them.



What Are We Up To?

Books for You & Your Baby!

TPRS delivers **FREE books every month** to enrolled students through care packages and campus drop-offs! Why? Because reading with your baby now helps them learn faster, grow stronger, and be ready for school later on. And let's be real—snuggling up with your little one and a book makes for some of the best memories. ♥♥

Want to score a **basket packed with books and goodies (worth \$180!)?** Here's how:

- 👉 Snap a picture of yourself **reading with your baby**
- 👉 Send it to **connie.flores@ectorcountysd.org**
- 👉 You're entered into the raffle! 📷

The winner will be announced early December, in time for Christmas!

Celebrating Hispanic Heritage Month at Odessa High School

Odessa High's **Little Friendly Library (LFL)** is now stocked with even more **dual language and Hispanic culture books**—right here on campus. With nearly 90% of our student body being Hispanic, it's important that our library reflects who we are and the rich culture we come from.

These books aren't just for fun (though they're a great read)—they also help you level up academically. Research shows that reading in two languages can:

- ☑ Boost your vocabulary in both English & Spanish
- ☑ Improve your memory, focus, and problem-solving skills
- ☑ Spark creativity and flexibility in your thinking
- ☑ Even give your brain long-term protection later in life
- ☑ Plus—it makes you more competitive in college and future jobs!

Stop by Odessa High to explore our latest books—including titles by **local author Rolando J. Diaz**. You can even see us featured on Channel 2's *Highlighting Hope* segment: [Little Family Library gives Odessa families free access to books.](#)



SENIOR SECTION:

ECISD PSAT/SAT

Wednesday, Oct 6-10, 2025

Contact your Campus College Advisor

Study resources are available to prepare you. Please contact Ms. Tolbert in the library.



The 2026-27 FAFSA is open now!

The Department of Education opened the [Free Application for Federal Student Aid \(FAFSA\)](#) for all students and families on September 24, 2025 -marking it the earliest launch in the program's history.

ARE YOU GOING TO PASS 1st Nine Weeks?

Do you think you could do better if you had some help?

Please, reach out to our team in the TPRS office in RM 213.

We have tutoring resources for you.

- Odessa College Tutoring- Available Sunday through Monday and evening hours
- AVID tutoring – by appointment.
- AIR TUTORS- online tutoring

There is NO REASON FOR YOU NOT TO BE PASSING YOUR CLASSES.

Call our office to discuss. Do not wait until you are failing your semester!



Did you know as an ECISD TPRS student you are eligible to receive childcare services and transportation to school for **FREE!**

If you attend OHS, COC, or EAA campuses you can go to school and not have to worry about who is going to take you to school or who is going to take care of your child. This peace of mind is **FREE!**

It is proven fact, TPRS students that utilize childcare services improve and/or continue to do well with attendance and grades. **FREE** Childcare also helps with establishing a daily routine for your baby so that s/he will sleep during the night, giving parents a good night's rest.

We encourage you to call the center or our office to set up a tour to see the ECISD facility and meet the staff.

You will love it!



Reading helps strengthen the bond between you and your baby.

Reading helps develop imagination and creativity.

Reading helps with listening skills.

Reading helps with language development.

Reading helps develop a large vocabulary.

Reading helps with cognitive brain development.

Reading helps with empathy.

Reading enhances concentration.

Read to your kids daily; their future depends on it.

Brought to you by: TPRS Babies and Books Initiative, An Early Literacy Jumpstart

The Letters in **PURPLE** Stand for

PURPLE

PEAK OF CRYING

Your baby may cry more each week, the most in month 2, then less in months 3-5

UNEXPECTED

Crying can come and go and you don't know why

RESISTS SOOTHING

Your baby may not stop crying no matter what you try

PAIN-LIKE FACE

A crying baby may look like they are in pain, even when they are not

LONG LASTING

Crying can last as much as 5 hours a day, or more

EVENING

Your baby may cry more in the late afternoon and evening

The word *Period* means that the crying has a beginning and an end.

For information follow this link, [I want more information, please.](#)



Get in **FREE** with your **ECISD** ID!

**ECISD students, faculty and staff
can get into all **Odessa College**
Athletic events free!**



Family Meetings- TPRS Families and Students are to attend our monthly meetings.



Meeting Time 5:15 – 6:30 pm
Odessa College, Wood Math and Science Building
Room 119

Join ECISD TPRS and MCH Family Outreach for life lessons
and a fun activity for everyone to enjoy.

September 25

Help! I'm Stressed!

Understanding and handling the stress when life gets tough



October 23

Making Sense of What You're Feeling

Recognizing and understanding your feelings and emotions



January 29

Reflections: Who are You?

Discovering the influences on your self-image, both positively
and negatively



February 26

Relationships: The Good, The Bad and Sometimes
the Ugly!

Making good decisions for great relationships



March 26

Making Sense of Anger

Understanding what makes you angry and expressing it in a healthy
way



MCH Family Outreach
Offering Hope Since 1899





Free baby supplies for children up to 36 months!

Supplies include free diapers, formula, wipes and gently-used maternity and baby clothing.

By appointment only. Call The Life Center - Odessa at 432.617.8378

The **Life**Center

802 N. Washington, Odessa 79761 • 432.617.8378

Earn Baby Bucks to redeem for new baby items from clothing to car seats and strollers, just by attending classes!

free pregnancy classes and education



Classes are taught by qualified instructors, with topics such as:

- Nutrition
- Home Safety
- SIDS and Abusive Head Trauma Prevention
- Raising Emotionally Healthy Children
- Mother and Newborn Baby Care
- Infant Choking, First Aid and CPR
- Breastfeeding/Dad University
- Labor and Delivery
- Car Seat Safety

Call for class or appointment* times in your area!

Midland

432.683.6072
2101 W. Wall Street
Midland, TX 79701

Andrews

432.523.2859
1412 NE Mustang Drive
Andrews, TX 79714

Odessa

432.617.8378
802 N. Washington
Odessa, TX 79761

Big Spring

432.606.5041
1801 S. Main Street
Big Spring, TX 79720

*Parenting education is available by appointment; call for details.

The **Life**Center



Resources

Crisis Phone Numbers:

911 for Immediate Crisis

Permian Basin Community Center Crisis Line

- 24/7 Crisis Intervention/Suicide Prevention
- 1-844-420-3964

The Crisis Center

- 24/7 Crisis Intervention/Suicide Prevention
- 1-866-627-4747

Crisis Text Line

- If you are in crisis, reach out for help. Text HOME to 741741.
- 24/7 Crisis Intervention/Suicide Prevention
- [Crisis Text Line Website](#)

National Suicide Prevention Lifeline

- 1-800-273-8255
- suicidepreventionlifeline.org

Teen Parent Related Services Include:

- * Counseling Services**
- *Tutoring, Academic/Attendance Review**
- *Health Services**
- * Truancy Intervention**
- * Free Child Care Services and Bussing to/from school**
- *Homebound Education and Services**
- *Dropout Recovery**
- *Credit Recovery/Acceleration through online education**



Odessa High School
Home of the Broncos

TEEN PARENT RELATED SERVICES (TPRS) STAFF:

Odessa High School : 456-0029

Connie Flores, Case Worker: 456-5271

Marisela Gonzalez, Specialist: 456-5854

Erica Dangerfield, TPRS Counselor: 456-5851

Marisa Molina, OHS Nurse, 456-5253

Rose Valderaz, Coordinator: 456-8552

Kimberly Bryer, TPRS Homebound Teacher: 456-1006

Hortencia Del Bosque, TPRS Homebound Teacher: 456-8524

