CONTACT US

Inter-Lakes School District
Superintendent's Office SAU #2
103 Main Street
Meredith, NH 03253
Phone: 603-279-7947
www.sau2.k12.nh.us

Inter-Lakes Middle High School
1 Laker Lane
Meredith, NH 03253
Phone: 603-279-6162
www.interlakes.org/ilmhs

Meredith Police Department
400 Daniel Webster Hwy
Meredith, NH 03253
Phone: 603-279-4561
www.meredithnh.org/police-department

Inter-Lakes Elementary School
21 Laker Lane
Meredith, NH 03253
Phone: 603-279-7969
www.interlakes.org/iles

Center Harbor Police Department
36 Main Street
Center Harbor, NH 03226
Phone: 603-527-5454
www.centerharbornh.org/police-department

Sandwich Central School
28 Squam Lake Road
Center Sandwich, NH 03227
Phone: 603-284-7712
www.interlakes.org/scs

Sandwich Police Department
68 Maple Street
Center Sandwich, NH 03227
Phone: 603-284-7777
www.sandwichnh.or/departments/police_department

Share concerns about your classmates or school safety.

Easily report:

- Bullying
- Planned fights
- Students in crisis
- Threats of violence
- Weapons in school
- Other urgent situations

SPEAK UP FOR SAFETY

EMAIL: speakup@interlakes.org
Voicemail & text: 603-441-0541

Inter-Lakes School District

Parent/Guardian Emergency Guide

In case of emergency - Dial 911
Suicide helpline - call or text 988

Working together, we can make school a positive and safe learning experience for all students!

Overview

The mission of the Inter-Lakes School District is to ensure quality educational experiences for our students. The cornerstone to these experiences is a safe and orderly environment. In order to guarantee that these environments are in place for learning, each school has an established Emergency Plan. As part of each plan, emergency responses have been identified and appropriate actions outlined. The next two pages of this document explain the various responses and what you and your student(s) should know and do.

Communication with Families

We value and appreciate good communication with our families. However, **our first and most important job is keeping your children safe during an emergency**. Depending on the nature of the incident, communication may be delayed as administrators and staff take the necessary precautions. As soon as possible, **we will communicate to families**. In addition to emergency responses, we communicate weather related school delays and closures. Below is a chart that outlines the communication methods used by the district.

Communication Method	Emergency Response Activated	School Delay/Closure
ParentSquare	Yes* (as soon as possible/after incident)	Yes
WMUR Channel 9	Only in extreme cases	Yes

*Only if the incident appears to be for an extended period of time, otherwise, parents/guardians will be notified only at the end of the incident.

Each school practices the various responses. Many drills are routine for students and parents, such as a fire drill. Although a lockdown drill is practiced, this may also be one that parents wish to discuss and process with their children in their home environment. Therefore, after a lockdown drill is conducted parents/guardians will be notified by the school.

ParentSquare Communication

The Inter-Lakes School District uses a communication tool known as ParentSquare to relay messages to the Inter-Lakes Community. ParentSquare uses contact information from our student information system, Alma, to send messages via email, voice, and text to recipients. For more information on ParentSquare and to access the Getting Started Guide, go to interlakes.org ➡ Family & Community Resources.

For questions regarding the use of ParentSquare, please contact your child's school.

Parents and staff can log into Alma to review their contact information. Once in Alma, click on the initials in the upper right-hand corner and then click on "My Info" or "My Profile." If the contact information in Alma needs to be edited or access is needed, please contact:

- ILES 603-279-7968
- SCS 603-284-7712
- ILMHS 603-279-6162

Culture of Respect, Responsibility and Safety

A positive school culture, one where students feel safe, valued, respected and included, is one of the greatest proactive steps schools and communities can take to create a safe environment. Achieving this culture is done through our daily one-to-one interactions with students and families and through more global efforts, such as Choose Love, an evidence-based social and emotional (SEL) classroom program teaching children how to choose love in any circumstance. The program focuses on four important character values: **Courage, Gratitude, Forgiveness and Compassion in Action** – which cultivates **optimism, resilience and personal responsibility**. Included elements are positive psychology, mindfulness, neuroscience, character values and more.

Developing genuine and authentic relationships with our students is an essential key to a successful school experience on all levels including safety. Such relationships mean that students feel safe and comfortable expressing concerns. When adults know of concerns, steps can be taken to address issues in productive and safe ways. Additionally, strong relationships with our families mean that parents/guardians are more likely to contact us if problems arise, which allows us to assist with positive resolutions. The motto being shared throughout our State and nationally is ***"see something, say something."*** Never hesitate to contact your child's Building Principal with a concern.

Comprehensive School Threat Assessment

Administrators and a team of staff in each of our schools have received training in **Comprehensive School Threat Assessment Guidelines. (CSTAG)**

While occasionally students may make threats, few students pose a threat. CSTAG provides school teams with a decision tree to help quickly resolve less serious, or transient threats, and focus time and resources on threats that are more serious, or substantive. An over-arching philosophy of the model is that threat assessment teams are problem-solvers attempting to help students resolve problems that underlie their threatening behavior. When a threat is reported, staff will use the CSTAG model to determine whether or not and to what extent protective action needs to be taken, and what problem or problems the student is experiencing that underlies the threat. A key point is that a threat assessment is concerned with understanding WHY a student made a threat in order to understand how we can prevent a threat from being carried out. This is our problem-solving approach to violence prevention. Below is a link to the forms/processes. › CSTAG Forms

› Reading the printed version? Forms can be found online by visiting www.interlakes.org ➡ Family Resources ➡ Parent/Guardian Emergency Guide

Parent Resources

We live in complex times and recognize that as a parent it can be difficult to engage in conversations around school safety. Below are resources on talking to children about safety, dealing with traumatic issues, establishing good boundaries for using social media and bullying.

Description	Resource(s)
Social Emotional Learning	www.jesselewischooselove.org
Safety	www.ncjrs.gov www.parents.com www.Kidpower.org www.sassnh.org www.naminh.org
Trauma	www.nctsn.org www.victimsinc.org www.communitypartnership.org www.asafeplace.org
Social Media/Bullying	www.safesearchkids.com www.mediapoweryouth.org www.stopbullying.gov
Health, Wellness, & Mental Health	www.kidshealth.org www.nh4youth.org www.nhstudentwellness.org www.samhsa.gov www.pphnh.org www.naminh.org
A.D.D. **What is A.D.D.?** A.D.D. is a way to respond to an emergency	**A= AVOID**: When you hear that a Lockdown is happening, you want to AVOID an encounter. **D= DENY**: Once we are in a safer location, we want to DENY entry. **D= DEFEND**: If necessary DEFEND yourself and your location.

Emergency Response	Description	How will I know what is going on?	What should I do as a parent/guardian?	What should I do as a student?
Evacuation	This procedure is activated when there is a concern for an inside hazard (e.g. fire). Students and staff report to their designated areas outside the building. Depending on the nature/length of the evacuation, the school community may relocate to another facility.	The nature of the emergency response determines how and when you will be notified of the events at school. If the response is relatively short and the threat minimal, you will be notified after the event by at least one of the following: • ParentSquare Communication and/or • Letter home If the response will be in place for a longer period of time and/or the threat is of a more serious nature, you will be notified as soon as reasonably possible of the event and thereafter, as needed via: • ParentSquare Communication	• Keep your contact information up-to-date with current phone numbers and e-mail addresses; please do so by contacting your school. • Wait for the school to communicate before taking any action; do not call or go to the school • Use school communication tools to get information: ParentSquare Communication • Do not go to the school, unless directed to go to the school or other location. • If you happen to be at the school during an emergency response, you will need to follow the directions of school personnel. • If you **see** something, **say** something 	• Follow the directions of school staff and administration • If you **see** something, **say** something to your Principal
Reverse Evacuation	This procedure is activated when there is a concern of an outside hazard (e.g. a wild animal).			
Secure Campus	This procedure is activated if there is a concern beyond the school campus. Students and staff stay within the building and normal operations continue.			
Shelter-In-Place	This procedure is activated if there is an airborne hazard (e.g. smoke from a fire off school property). Students and staff stay in their location and take precautions to protect the air.			
Lockdown	This procedure is activated when there is a serious internal or external threat of violence. Students and staff follow the lockdown procedures for their location.			
Drop/Cover/Hold	This procedure is activated if there is a concern for falling objects or items that may become projectiles (e.g. severe wind/weather event).			
Scan	This procedure is activated when it is necessary for staff to look around an area for an item that does not belong.			
Clear and Close	This procedure is activated when privacy is needed and should be respected (e.g. individual needing medical attention). Students and staff stay in their classroom and continue normal functions inside the classroom.			
Parent/Guardian Child Reunification	If an emergency occurs that might affect the area around one of our schools (such as a hazardous material release), students may need to be taken to an alternative location. In the event of this type of whole school dismissal, Parents/Guardians would be informed through a ParentSquare Communication with directions on where students are and how they will be dismissed.	• ParentSquare Communication	See above, plus: • Follow instructions for reunification. • Bring identification with you to the reunification site.	• Follow the directions of school staff and administration.