

**Fredericksburg ISD  
School Health Advisory Council Meeting Minutes  
April 8, 2025 – 7:00am  
Fredericksburg ISD - District Office  
234 Friendship Lane  
Fredericksburg, TX 78624**

**SHAC Members Present:** David Pedregon, Patricia Smith, Alma Trujillo, Amy Beicker, Kristi Stafford, Shelee Padgett, and John Willome

**SHAC Members Absent:** None

**Staff Present:** Sarah Southard, District Coordinator

**Others Present:** None

## **Agenda Topic**

Welcome and Opening Remarks

- A. Call to Order  
David Pedregon called the meeting to order at 7:01am
- B. Documentation of Attendance and Quorum  
All present.

Agenda Item #1 – Approval of the February 26, 2025 Meeting Minutes

Patricia Smith made a motion to approve the minutes. Kristi then seconded the motion to approve the minutes. The motion passed unanimously.

Agenda Item #2 – Navigate 360 Safety and Wellbeing Curriculum Consideration

Amy Beicker made a motion to recommend the curriculum to the FISD school board for use by FISD. Patricia Smith seconded the motion. There was substantial discussion as outlined below with the SHAC wanting to inform the FISD school board of its full thinking on the product.

- Implementation: We understand the materials will supplement in-person instruction. This is good because there is concern things like suicide prevention are sensitive topics, and only delivering the material through online interaction is not optimum. Computer only “seems cold.” It needs an engagement proctor. Will there be a specific implementation plan given to teachers, or will the material just be made available to them? We understand the high school counselors are developing an implementation plan. That is good.
- Age-Appropriate Material: We understand the FISD staff will have the flexibility to determine which modules will be able to be used with which grade. I believe this is good because some of the age levels assigned by Navigate 360 are not assigned to the correct age, erring on the materials not being mature enough for the grade level Navigate 360 indicates. The elementary school modules seemed age-appropriate.
- Student Assessment/Engagement: It should be noted that there is not an assessment component within the Navigate 360 program. Beyond knowing a student completed a module, there is no assurance any material has been comprehended. One SHAC parent had her children review the materials and she observed them just advancing without really engaging with the content. It was a positive, however, that the platform’s delivery videos are in short segments and multiple languages
- School board review: Will there be a way for the school board to assess program effectiveness after the first year of using Navigate 360?

- SHAC review: SHAC would like to have a presentation at its February 2026 meeting reporting the impact of the program with teachers and students. For example, how many students have completed the program through the first two-thirds of the school year. In which grades has it been implemented? Which will complete it by the end of the school year?
- Parent notification: Will parents be notified when their child is about to go through the Navigate 360 content?

After the lengthy discussion, David called for a vote. The motion to recommend Navigate 360 Safety and Wellbeing Curriculum to the school board passed unanimously.

Adjourn

Kristi Stafford made a motion to adjourn the meeting. Alma Trujillo seconded the motion. The motion passed unanimously and the meeting adjourned at 7:14am.

Respectfully submitted by John Willome on April 9, 2025