



Wellness Committee Meeting – September 18, 2025

Attendance:

Janet Anderson Nutrition Educator

Vickie Lentz-Wagoner

Adairia Washington Area Manager

Julie Streater CNS Training manager

Konou Vong Marketing Aramark

Gabriel Bread Chef Aramark

Alisha Jordan Operations Aramark

Emily Stone Assistance Athletic director

Jason Selmon Assistance Athletic director

Jonthan Panthers Bike Club

Suzie Marbis PTA Roger Store

September LTO Sampling

- Positive feedback received.
- Potential to include in the next menu cycle.

Old Business

Tobacco Policy

- Three policy drafts are in review.
- Current process is pending final approval.

DESTINATION EXCELLENCE

3027 SOUTH NEW HAVEN AVENUE | TULSA, OKLAHOMA 74114

918.746.6800 | www.tulsaschools.org

TSET Initiative (Vicki)

- Six schools were assessed last year.
- Funding is available for resources to support these elementary schools.
- Example: Lindbergh Elementary used funds to purchase and implement a Mover Board.
- Collaboration ongoing with PE teachers to identify their needs and how they'd utilize new equipment.
- Goal: Address high rates of obesity and heart issues by completing school assessments by end of October.

Smarter Lunchroom (Vicki)

- Partnering with Child Nutrition to implement strategies.
- Necessary items were secured for sites last year.
- Plan to possibly launch a weekly "Smarter Lunchroom Tip" for Child Nutrition Services (CNS) managers.

October 9 – East Central Race

6th/7th-grade students will participate in a "Race Around the School" event.

Ribbons awarded; Child Nutrition will be working to help provide meals or a water station.

March 23 – Farm to Market Event

- Location: Child Nutrition / Ross Building.
- Activities include sampling fruits & vegetables, organic organizations, and animal exhibits.

May 13 – Bike Club Rally

- Location: Gathering Place.
- Involves 32 elementary afterschool bike clubs (average of 13 kids per club).
- Bikes and students were transported to USA BMX Downtown for a city ride ending at the Gathering Place.
- Lunch and recreational activities included.
- Event supported by multiple partners.

Upcoming:

- Bike Club will open a new building within the next two months.
- Tulsa Met offers a class teaching high school students how to work with bikes.

Wellness Policy Update:

- The committee is currently reviewing the Wellness Policy.

- Introduction of the Smart Snack Calculator:
 - All snack items must be run through the calculator.
 - approval required from a designated individual.

Meeting adjourned

Next meeting pending the first of the year.

Will be a new bike club building.