

Addiction doesn't discriminate. Neither should your health care.

Access compassionate treatment from top recovery centers to support your path to sobriety—at little to no cost.*

Call: 855-729-3511

Find hope with Carrum Health

Addiction knows no boundaries. It can affect anyone, regardless of their socioeconomic status or ethnicity. At Carrum, we understand that alcohol and substance addictions are complex and multifaceted issues that can impact individuals from all walks of life. We also understand that struggling with these addictions can feel overwhelming and isolating, but you don't have to go through it alone.

If you or your dependent (age 18+) is dealing with an alcohol or opioid use disorder, contact Carrum Health. We'll connect you to one of the country's top recovery centers for alcohol and drug addiction based on your personal needs.

Your Carrum Health benefit covers compassionate, highly effective treatment through some of the top recovery centers in the country. This may include:

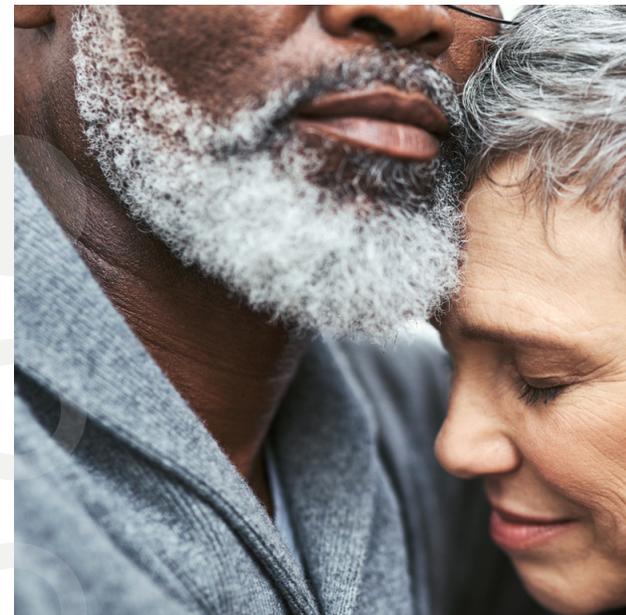
- Detox services
- Residential/inpatient rehab
- Partial hospitalization treatment
- Intensive outpatient treatment
- Outpatient treatment
- Recovery coaching
- Virtual care
- Medication-assisted treatment

Using clinically proven, evidence-based programs, the recovery centers in Carrum Health's substance use disorder network will provide meaningful support and customized treatment to help you reclaim your life.

Whether you're just starting your journey or continuing your recovery, let Carrum Health be your trusted guide, offering completely confidential access to proven treatment methods.

Get started today. Visit: carrum.me/kairos

*With the exception of second opinions, plan participants enrolled in a UMR high-deductible plan must first meet the Federal minimum deductible, but copays and coinsurance will be waived. Second opinions are provided at no cost to participants and do not require payment of any deductible. Per IRS rules, a portion of any covered travel expenses will be reported as taxable income and Carrum will provide a 1099-MISC when applicable.



Your privacy is protected

At Carrum, we prioritize the privacy and confidentiality of our members, especially when it comes to sensitive matters like substance use disorder. We understand the importance of creating a safe and supportive environment for individuals seeking assistance and treatment.

Rest assured that any information shared with us will be handled with the utmost discretion and will not be disclosed to your employer without your explicit consent. Your privacy and well-being are our top priorities, and we are committed to supporting you on your journey to recovery.

Eligibility

Carrum Health is available to plan participants, COBRA participants, pre-65 retirees, and their dependents (18+) enrolled in a Kairos UMR medical plan. Eligibility for coverage is based on American Society of Addiction Medicine (ASAM) criteria and specific requirements of the individual recovery center. Coverage is not available for court-ordered treatment.

Ready to get started?

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