



WYOMING PRIMARY SCHOOLS

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WYOMING
CITY SCHOOLS

October 3, 2025

Dear Wyoming Primary Families,

We are excited to invite Wyoming Primary School families and students to our fourth annual Family Math Night 6:30–7:30 p.m. Thursday, October 16th, at Wyoming Middle School! Parents are encouraged to attend with their child for a fun-filled hour of engaging math games designed specifically for each grade level. It's a great opportunity to support your child's learning while enjoying hands-on activities together. We look forward to seeing you there!

At the Primary School we know that teaching goes beyond reading, writing, and math. Just as students need clear instruction and practice with academic skills, they also benefit from learning how to recognize and manage their emotions. Our teachers are dedicating time to directly teach strategies for calming down, handling frustration, and working through challenges. By pairing strong academics with social-emotional learning, we're helping students build the lifelong skills they need to succeed both in school and beyond. This week our students learned about The Hand Brain Model. The Hand Brain Model is a simple way to help children understand what happens in their brain when they have big feelings. If you hold up your hand like a high-five, tuck your thumb in, and fold your fingers over it, you've just made a model of the brain.

- The thumb represents the “feelings center” of the brain (the amygdala), which reacts quickly to emotions like anger, fear, or excitement.
- The fingers folded down represent the “thinking brain” (the prefrontal cortex), which helps with problem-solving, decision-making, and self-control.

When the fingers are folded over the thumb, the thinking brain is working together with the feelings brain. This is when your child can regulate emotions, make good choices, and solve problems. But when emotions run high, it's as if the fingers pop up—sometimes called “flipping the lid.” In that moment, the thinking brain disconnects from the feelings brain, making it hard for children to reason, listen, or make safe choices. Our students are learning strategies to “bring the fingers back down.” Simple tools such as deep breathing, counting, using positive self-talk, or

seeking support from a trusted adult can help re-engage the thinking brain so they can calm down and move forward.

Warmly,

Jenn Earhart
WPS Principal

Upcoming Events

Halloween Costume Upcycle Event: September 22–October 10, 2025

WPS Family Math Night: Thursday, October 16th
6:30 pm at Wyoming Middle School

3rd Grade Ohio State Test in English Language Arts
9–11 am on October 22, & 23, 2025

Halloween Parade & Parties: Friday, October 31st
Look for detailed information in Thursday Folders

[Click here for more Events and Information from around WCS & the community](#), including:

- WPS Construction Project Design Workshops on Oct. 15 & Nov. 10
- PSA Dine & Donate: Wyoming LaRosa's on Oct. 8
- Volunteer Opportunity: PSA Vice Treasurer
- Basketball Skills Taught the Kimbrough Way