



AIHS Weekly Announcements

October 6, 2025

School Week 7

Welcome to the Second AIHS Newsletter AIHS OPEN HOUSE

This past week was the AIHS Open House. Parents convened to hear Evan introduce the new staff, highlight some of the events and explain his vision and expectations for the upcoming year.

WEEK AT-A-GLANCE

- Monday, October 6, 2025
- Tuesday, October 7, 2025
- Wednesday, October 8, 2025
- Thursday, October 9, 2025
- Friday, October 10, 2025

UPCOMING EVENTS:

- (*starred events happening this week)
- *October 8 Superintendent's Walk-thru
- *October 10 PRT - Early Release (11:30)
- October 13 Holiday
- October 14 School Photos



During the evening SEPAC representatives were on hand to answer questions: Deanna Martin, Hillary Fraize and Matthew Lipson were talking to Evan and Bethany about the group and giving out "fidgits."

Families traveled from classroom to classroom to listen to their children's individual teachers speak about THEIR curriculum and expectations for their students.

Finally Bethany Noseworthy gave a presentation about FAFSA, details, tips and timelines of college finances.

[FAFSA Slideshow](#)



LET'S GET COOKING!

On Fridays we have two wonderful volunteers who come to AIHS to teach students about cooking!! Patty Champion and Karen Parady, whose own children are grown but just wanted to help, stop by, get the griddle/grill out and cook with our students who seem to love it. We hope maybe they will cook for you! Here is one of our student-chefs in action. Adriana picked it up right away. We are so grateful for these ladies. Thank you! You make a difference!!



OCTOBER

8 Michael Noury

15 Jace Broski

16 Adriana Aylward

26 Mr. Chris Sacoco

October Lunch Menu

| LUNCH | | | | | OCTOBER 2025 Amesbury High School | | | | | Menu subject to change |
|--|--|--|---|---|---|--|---|---|---|------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | | Macaroni & Cheese Seasoned Broccoli Dinner Roll | Chili Cheese Dog BBQ Baked Beans Potato Smiles | Global Smoothie Day French Bread Pizza Strawberry Smoothie | National Noodle Day Chicken or Beef Noodle Bowl With Veggies | Taco Tuesday Chicken Fajitas Spanish Rice Sour Cream, Salsa Shredded Cheddar | Rotini with Meat Sauce Seasoned Green Beans Garlic Bread | BBQ Pulled Pork Sandwich Corn on the Cob | Egg, Sausage and Cheese Bagel Fresh Fruit Salad | |
| | | Nachos Beef, Sour Cream, Salsa, Cheese, Lettuce, Tomato Jalapeno, Onion | National Shawarma Day Chicken Shawarma Wrap Pritos | World Food Day Dip into Flavor Chicken Nuggets Spiral Fries Cinnamon Breadstick | NO SCHOOL | Taco Tuesday Soft Tacos Mexican Rice Cider Hill Apples | Pasta Bar Rotini, Meat Sauce Or Alfredo Sauce Or Marinara Mixed Veggies | Philly Chicken Cheesesteak Tots Peppers and Onions | National Pasta Day Chicken Broccoli Alfredo Garlic Bread | |
| National Chicken and Waffles Day Chicken and Waffles Fresh Fruit Salad | National Apple Day Soft Tacos Mexican Rice Cider Hill Apples | Pasta Primavera Chicken, Fresh Veggies Garlic bread | National Buy a Donut Day Pancake Donuts Bites Strawberries, Sausage Hash Brown | French Toast Stick Sausage Patty Hash Brown Cinnamon Applesauce | | | | | | |
| National Potato Day Loaded Tater-Tots Cheese, Bacon, BBQ Pulled Pork, Scallions Sour Cream | Taco Tuesday Walking Tacos Beef, Lettuce, Tomato, Onion, Cheese, Sour Cream, Salsa | | | | | | | | | |

Also available Daily: chicken patty, burgers, grilled cheese, assorted wraps, salads and parfaits
All lunches served with fruit, vegetable and milk choices
A la Carte items are available for purchase



Remember to call or email if your child is going to be absent or late.

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Have a wonderful week!!!