Transition Services Menu

Filled in boxes represent age that each service is suggested

		14	15	16	17	18
Employment	Volunteer					
	Get a part time job					
	Apply for Employment Services (DVR)					
	Youth Apprenticeship					
Education	Participate in IEP & Self Advocate					
	Career Exploration Activities					
	Get involved in clubs and activities					
	Explore Post Secondary Options					
Independence	Learn to use public transportation					
	Take Drivers Ed, Drivers License, State ID					
	Explore Housing Options					
	Register to Vote					
	Healthcare Transition Plan					
Financial	Open a Checking & Savings Account					
	Learn about money management					
	Apply for Social Security					
	Able Account					
Adult Services	Contact Aging and Disability Resource Center					
	Long Term Care					
	Guardianship & Supported Decision Making options					

Understanding the Transition Timeline

Each transition is different. The timeline below is a guide and may be useful to you as you consider your own needs, interests and preferences.

Early Transition Skills: Ages 13-14

- Start taking responsibility for your health care needs, such as making your own appointments or meeting with your health care provider alone for at least part of your appointment.
- Be a part of the IEP team and remember that transition services are part of the IEP.

Middle Transition Skills: Ages 15-17

- Start thinking about how and when you will transition from pediatric to adult health care.
- Gain work experience through volunteering, job shadowing, and part-time employment.
- Ask school staff about a referral to the Division of Vocational Rehabilitation (DVR).
- 15 years: Investigate driver education options if you wish to obtain a driver's license at age 16. Consider what accommodations you might need.
- Explore futures planning tools.
- Learn more about services that are available to you as a young adult, including adult long-term care, and where and when to apply.
- 17 years 6 months: Get screened for long-term care eligibility at the ADRC.
- Think about how you will make big decisions because when you turn 18, you will have the right to make all your own decisions about health care. You may want to have someone else help you make decisions.
- Prepare documents related to power of attorney for health care, power of financial attorney, medical directives and/or guardianship if needed.
- 17 years 6 months: Get updated medical and psychological evaluations if your family plans on going through guardianship processes.
- 17 years 9 months: Your parents may apply for guardianship.

Late Transition Skills: Age 18 and beyond

- 18 years: Power of health care attorney, power of financial attorney, medical directives and/or guardianship, are in place if needed.
- 18 years: Apply for SSI and Medicaid as an adult if eligible.
- Take increased responsibility for managing health insurance coverage.
- Make decisions about future plans for work, school, and where you will live.
- Enroll in an adult long-term care program if eligible.
- Register for Selective Service if you are a male.
- Register to vote.
- 21 years: Complete the transition to adult health care providers, unless special provisions are made.
- 21 years: Finish public school; special education services end at age 21. The school must provide a summary of your performance to help you meet your post-secondary goals.
- 26 years: Stay on your parent's health insurance plan up until age 26, if needed.

For More information about Transition Services in La Crosse County:

SCAN ME