



R. J. Vial Elementary School

Christina Mullins, Principal
Shannon Madden, Assistant Principal

Jaguar Journal



October 2025

Principal's Message



Dear Jaguar Families,

Hello, October! As we navigate the currents of this school year, our students are settled into their classrooms, adapting to fresh routines, and **diving deep** into their learning. We're excited for the ocean of experiences ahead and look forward to witnessing their continued growth as we all work together to make R.J. Vial successful. October brings a **wave of excitement** as we transition into the Fall and prepare for the busy holiday season. To stay informed, please keep an eye on the **monthly calendar** shared in our newsletter, weekly updates, and our school website. This will keep you updated on all the great events happening at R.J. Vial and in the community. We look forward to seeing our Jaguar families on campus this month; your **partnership is invaluable!**

The **first quarter ends** on **Thursday, October 9, 2025**, with Q1 assessments wrapping up by October 10th. Please plan to attend our **Parent-Teacher-Student Conferences** on **Thursday, October 23, and Friday, October 24**. Having your child present emphasizes their voice and creates a unified system of support between home and school. Be sure to return the **conference request forms** by **Friday, October 17**, so teachers can arrange meetings that fit your schedule. We are also excited to celebrate our **50th Anniversary** of serving students and families on **Monday, October 27th**. Lastly, don't miss our fun **Halloween Walk** on **Friday, October 31!**

Dream it - Believe it - Achieve it!

Christina Mullins

Principal

Follow us:

Instagram @rjviaelementaryschool
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St. Charles Parish Public Schools
School Issue 2

UPCOMING EVENTS



- October 6th**
4th Grade Arts Experience
Robotics 3:50—5:00pm
4H Club 3:50—5:00pm
- October 7th**
Pink link Dress Down \$2.00
Talented Theater 3:50—5:00pm
- October 8th**
Robotics 3:50—5:00pm
- October 9th**
Q1 Ends
Talented Theater 3:50—5:00pm
- October 10th**
Q1 Jaguar fest
- October 13th—14th**
Fall Break—No School
- October 15th**
Robotics 3:50—5:00pm
- October 16th**
Talented Theater 3:50—5:00pm
- October 17th**
Book Club
Snow ball sale \$3.00
- October 20th**
Robotics 3:50—5:00pm
- October 21st**
Talented Theater 3:50—5:00pm
- October 22nd**
Make-Up Picture Day
Robotics 3:50—5:00pm
- October 23rd**
Early Dismissal 12:45pm
Parent Teacher Conferences
- October 24rd**
Quarter 1 Awards:
5th Grade —9:00am
4th Grade —9:30am
3rd Grade —10:00am
Early Dismissal 12:45pm
Parent Teacher Conferences
- October 27th**
50 Years in Paradis(e) Celebration
Robotics 3:50—5:00pm
- October 28th**
Talented Theater Performance
@ LPAC 6:30pm
- October 29th**
Robotics 3:50—5:00pm
- October 30th**
Special Olympics
Bowling Tournament
- October 31st**
Halloween Walk
*School Appropriate Halloween
Costumes May Be Worn

September Students of the Month

The R. J. Vial students of the month are chosen based upon qualities including character, leadership, and citizenship. Students of the month must demonstrate an effort to learn subjects to the best of his or her ability, be prepared for class, and participate in class. R. J. Vial students of the month demonstrate excellent behavior in and out of the classroom, are well-mannered, and are respectful to both peers and teachers.



3rd Grade: Cullen Allen

4th Grade: Hayden Harrell

5th Grade: Brooklyn Capitano

Congratulations!

R.J. Vial Employee of the Month

Faculty and staff at R. J. Vial Elementary nominated Mrs. Amanda Shields for Employee of the Month!

Here are just some of the reasons she was nominated:

“As a 4th Grade ELA/Social Studies teacher, she not only excels in the classroom but also goes above and beyond to support new teachers and colleagues. Her positivity, organization, kindness, and dedication make her a valued and cherished member of the Jaguar family.”



Congratulations!

Congratulations Mignon Matherne RJV Student of the Year!!



The Students of the Year Awards Program is designed to recognize outstanding elementary, middle, and high school students. This program, patterned after the Teacher of the Year Awards Program, is an excellent opportunity to recognize those students who have demonstrated excellent academic and/or career and technical achievements, leadership ability, and citizenship. The candidates participate in a writing and an interview, those scores are combined with academics and application score to determine the Student of the Year. The program is sponsored by the Louisiana State Superintendent through the State Department of Education and the State Board of Elementary and Secondary Education.

R. J. Vial Top 10 Student of the Year Candidates!!

Congratulations!



Pictured Left to Right: Mariah Williams, Cameron Hebert, Beau Sassin, Mignon Matherne, Tristan Matherne, Mia Frickey, Emalee Rawls, Bella Comardelle, Cora Sellers, Eva, Madere

50th ANNIVERSARY

Calling all former R.J. Vial Jaguars!!
YOUR HISTORY IS OUR HISTORY. WE INVITE
YOU TO BE A PART OF OUR 50TH
ANNIVERSARY CELEBRATION AS WE HONOR
THE PAST AND LOOK TO THE FUTURE.

10·27·25

9:30 - 11:00 AM

DO YOU HAVE ANY MEMORABILIA YOU'D
LIKE TO SHARE? WE WOULD LOVE TO
SHOWCASE IT!

RSVP for the event by
scanning the QR code.



Tuesday, October 7th



PINK LINK DRESS DOWN

Students may dress down in
pink for a \$2.00 donation.

R. J. Vial Elementary School

SAVE THE DATE

HALLOWEEN WALK
OCTOBER 31, 2025

R. J. VIAL ELEMENTARY SCHOOL

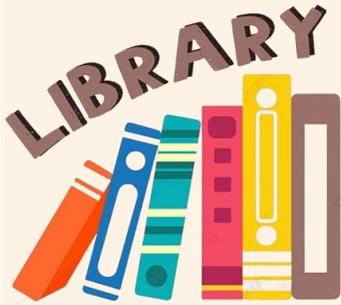
2:00 PM

TRICK
OR
TREAT



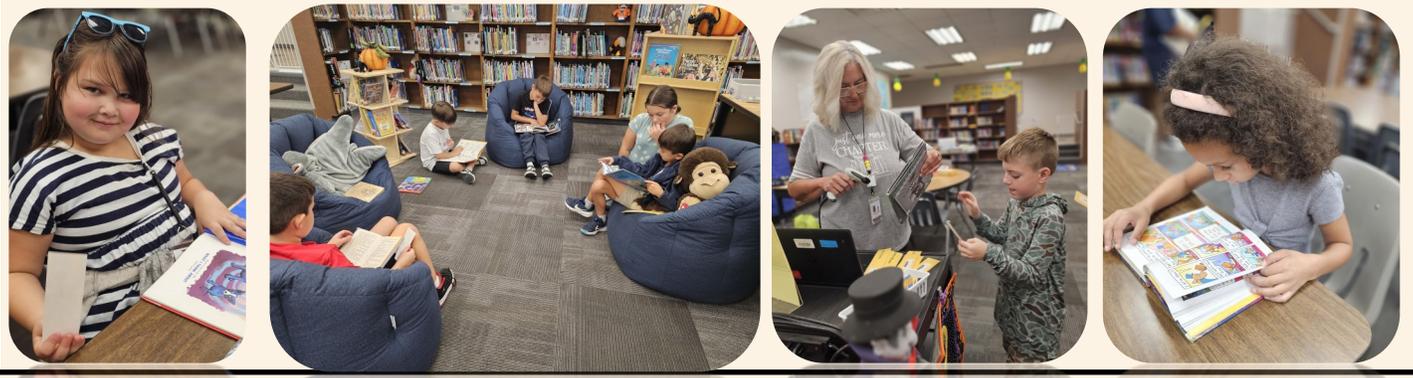
Congratulations to these students on winning a pass good for unlimited rides at the Alligator Festival sponsored by Bayou Electrical! The students were randomly chosen from those who have had perfect attendance for the school year.





Our Jaguars Love the Library!

Our Jaguars are busy exploring books, finding cozy spots, and loving every minute in the library.



The RJV Bands are continuing to work and grow into wonderful musicians! We are preparing for our Holiday Concert.





ART NEWS



In the month of September, art students reflected on the artwork of Tim Burton's spooky characters. Each student created a spooky portrait sharing similar characteristics, including exaggerated eyes with small noses and mouths. The portrait was drawn in a mostly black and white color scheme, sometimes adding a pop of color with oil pastels for shading purposes. The students had a blast with this creation!

Our first art club took place for fourth and fifth graders on September 25. Getting into our Fall season, we designed shoes based on a particular candy. The students chose from a variety of shoes to create their "candy" shoe. As students ate a piece of candy, they colored and designed shoes in the likes of Skittles, Almond Joy, Snickers, Laffy Taffy and many more. We used some amazing acrylic paint pens that were filled with glitter or had a metallic look. Our next Art Club will be on October 30th!



PHYSICAL EDUCATION



In physical education class, we completed the FitnessGram pre-test. We are now beginning to play four square in all grade levels. During class we have really been focusing on the rules of regular foursquare. Students are also learning about the term "strike" and how it pertains to playing a game of foursquare. A strike is a hit with control. This month students will be practicing how to hit the ball with control as they play games of foursquare.



3rd Grade

In math, third graders will learn place value concepts through metric measurement. Students will be exploring place value through weight and liquid volume. Then, students will apply these concepts by solving one-step word problems involving any of the four operations (ie. addition, subtraction, multiplication, and division). Next, students will be rounding to the nearest ten and hundred on a vertical number line. Then, students will learn and use simplifying strategies to find sums and differences. Towards the end of the math module, students will use simplifying strategies, the place value chart, or standard algorithm to solve two and three-digit measurement addition and subtraction problems within 1,000.



4TH GRADE

Our fourth graders have been busy investigating the fascinating process of **erosion** using stream tables. Through hands-on experiments, students are exploring how **wind, water, ice, and gravity** shape the world around us.

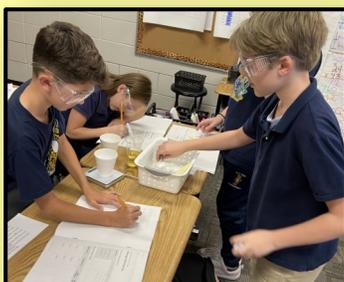
Beyond the science, this unit emphasizes collaboration. Students are practicing how to work effectively in groups, share responsibilities, and record their findings just like real scientists. It's been wonderful to see their curiosity, teamwork, and observation skills grow!



5TH GRADE



This month in ELA students continue to soar through *The Birchbark House*, learning about theme through Omakayas's actions and the development of her relationships. Students will wrap up their learning by completing the Culminating Task. In Social Studies, students will begin learning about the Medieval Period in history. In October, 5th grade mathematicians are making exciting connections between FRACTIONS and DIVISION. In Module 2 of Eureka Math Squared students will practice modeling division differently yet accurately using their most efficient strategies. They will also explore adding and subtracting fractions, whole numbers and mixed numbers by making like units. In Science, students will wrap up their understanding of "What caused the Statue of Liberty to change colors?" Through investigations, students determined mixing substances may cause the formation of a new substance resulting in the color change of the Statue.





Join us for a
HALLOWEEN WALK!

When: Friday, October 31st
Setup Time: 2:00 pm
Start Time: 2:30pm
Where: R. J. Vial's Covered Area



R.J. Vial family and friends are invited to dress up in school appropriate costumes or holiday theme shirts and hand out candy to our students in our HALLOWEEN WALK. Our students will be excited to walk around gathering treats.

You are welcome to bring a table and chairs to set up under our covered area. Please be prepared to hand out treats to 240 students. All candy must be prepackaged and individually wrapped.

Candy donations are being accepted October 6th—October 30th. Please drop off to the front office.



Please RSVP by Friday, October 24, 2025 to participate and reserve a space.

Yes, I'd like to bring treats to hand out to our students:

Name's: _____ Contact Number: _____

Student: _____ Homeroom Teacher: _____

*Only Four Visitors per student may participate. Children who do not attend R.J. Vial will be NOT be allowed on campus during the Halloween Walk.





\$1.00 Each

Boo Gram Sales will begin October 6th and conclude on October 31st. Turned in orders will be delivered weekly to students during closing circle. Fill out the boxes to participate and turn in to your homeroom teacher. Please send cash or a check made out to R.J. Vial. Additional sheets are available at school or on the school website.

Send your friend a Halloween Treat and a special note from you!



TO: _____
 GRADE: _____
 FROM: _____
 TEACHER: _____
 NOTE: _____



TO: _____
 GRADE: _____
 FROM: _____
 TEACHER: _____
 NOTE: _____



TO: _____
 GRADE: _____
 FROM: _____
 TEACHER: _____
 NOTE: _____



TO: _____
 GRADE: _____
 FROM: _____
 TEACHER: _____
 NOTE: _____



TO: _____
 GRADE: _____
 FROM: _____
 TEACHER: _____
 NOTE: _____



EMPOWERING MINDS

A FAMILY GUIDE TO THE 7 MINDSETS

EVERYTHING IS POSSIBLE

The Everything is Possible Mindset focuses on the power of hope and reminds us that everyone has the potential to achieve great things. Each person has the ability to create a life full of happiness, success, and meaningful experiences. This mindset applies to every student, and by embracing it, we aim to unlock their full potential. Research shows that the Everything is Possible Mindset can improve academic performance. This mindset also leads to greater happiness, stronger friendships, and better emotional well-being.



PRACTICAL TIPS FOR YOUR FAMILY

- **Talk about the Future:** Research shows encouraging children to think about their future sparks positive growth. Talk about their dreams to build hope and expand their sense of what's possible!
- **Support Dreams, Don't Shut Them Down:** You might disagree with your child's dreams or goals because they seem unrealistic. What matters most is that they dream; discouraging them might stop them from setting future goals.
- **Share Your Dreams and Failures:** Talk about your dreams and times when things didn't go as planned with your child. This may show them it's okay to try, fail, and keep going.

MINDSET MATTERS

Here are ways we want to support your child:

- **Dream Big:** Dreaming big inspires your child to set ambitious goals and believe in their potential to achieve extraordinary things.
- **Embrace Creativity:** Embracing creativity encourages your child to find new ideas and ways to grow.
- **Think Positive:** Positive thinking helps your child build resilience and approach challenges with optimism, paving the way for greater success.
- **Act and Adjust:** Acting and adjusting teaches your child to take charge and keep moving forward, even when facing challenges.



CONVERSATION STARTERS

Use these questions to engage in a conversation with your child/children.

- What's something you did that seemed impossible at first? How did you make it happen?
- What's one new thing you want to try this week, even if it feels difficult?



SCHOOL Counselors



In September, our counseling lessons focused on **emotions**—what they are, how to recognize them, and healthy ways to cope when they feel “big.” Learning to understand emotions is an important skill for students. When children can name and manage how they’re feeling, it helps them build stronger friendships, make better choices, and feel more confident in handling challenges. We encourage you to talk with your child at home about their feelings and practice strategies such as deep breathing, taking a break, or using kind words to express themselves.

Looking ahead, we’re excited to celebrate **Red Ribbon Week** from **October 27–31!** This year’s activities will include a **Kindness Walk**, **ribbon decorating**, and a **photo contest**. It will be a great opportunity for our students to come together to show school spirit, spread kindness, and learn the importance of making positive, healthy choices.

If you ever need to reach us, please don’t hesitate to contact us by phone or email at ibarbay@wearescpss.org or adisalvo@wearescpss.org.

You can request a counseling session for your student anytime by filling out the counselor request Google form.

https://docs.google.com/forms/d/e/1FAIpQLScPOptidLJLkmfbNpjV2Fty8elx6LAjVgNn8ILLY4c5shI3jw/viewform?usp=sf_link



Safe Trick-or-Treating Tips from Your School Counselors

Halloween is such a fun time to dress up, enjoy treats, and spend time with friends and family! As you head out for trick-or-treating, here are a few reminders to help keep the night safe and enjoyable:

- **Stay with an adult or group** – Never go out alone.
- **Use sidewalks and crosswalks** – Be sure to look both ways before crossing the street.
- **Be visible** – Carry a flashlight or glow stick, and add reflective tape to costumes.
- **Check your treats** – Wait until you’re home and an adult has looked them over before eating.
- **Costume safety** – Make sure costumes fit well so you don’t trip, and masks don’t block your vision.
- **Respect others** – Be polite when knocking on doors, and skip houses with lights off.

Wishing you a Halloween that’s full of fun, laughter, and safe adventures! Stay safe and have a **spook-tacular** time!

—Your School Counselors

October 2025 Elementary Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider. Menus are subject to change.

taste the world: YOUR SCHOOL LUNCH PASSPORT!

National School Lunch Week | October 15-17, 2025
The National School Lunch Program serves nearly 30 million children each day. NSLW highlights the importance of a healthy school lunch to a student's success both in and out of the classroom.

AVAILABLE DAILY

With all meals
Low Fat White Milk
Fat Free Flavored Milk

Cold Lunch Choice

Monday: Sunbutter Sandwich
Tuesday: Charley Box
Weds.: Deli Sandwich
Thursday: Entrée Salad
Friday: Sunbutter Sandwich



Wednesday, October 1

Breakfast
French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Soup of the Day
Grilled Cheese *or* Bosco Stick
Garden Salad
Banana
Brownie

Thursday, October 2

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Beef Teriyaki Dippers
Macaroni & Cheese
Broccoli Florets
Baked Beans
Pineapple Tidbits

Friday, October 3

Breakfast
Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chicken Filet Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges

Monday, October 6

Breakfast
Grits w/Sausage
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Red Beans w/Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Peaches

Tuesday, October 7

Breakfast
Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Tacos
Steamed Corn
Refried Beans
Taco Salad Cup
Apple Wedges

Wednesday, October 8

Breakfast
Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Shepherd's Pie
Broccoli
Dinner Roll
Banana

Thursday, October 9

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Turkey Stew
Steamed Rice
Candied Yams
Steamed Cabbage
Strawberry Cup

Friday, October 10

Breakfast
Fresh Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Fresh Hot Pizza
Marinara Sauce
Garden Salad
Orange Wedges
Cookie



EVERY
COMPLETE
MEAL WE
SERVE
COMES
WITH YOUR
CHOICE
OF LOW
FAT OR
NONFAT

Monday, October 13

Tuesday, October 14

Happy Fall Break!
NO SCHOOL

Wednesday, October 15

Breakfast
French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

*Passport to
Italy*
Lunch
Spaghetti & Meatsauce
Italian Salad
Broccoli Florets
Garlic Bread, Banana

Thursday, October 16

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

*Passport to
Asia*
Lunch
Orange Chicken w/Fried Rice
Asian Chopped Salad
Edamame Beans
Mandarin Oranges

Friday, October 17

Breakfast
Pancake Sausage Bites
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

*Passport to
America*
Lunch
Hamburger/Cheeseburger
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Baked Beans, Oranges

Each school cafeteria
will celebrate
National School Lunch
week with
games and prizes.

Monday, October 20

Breakfast
Breakfast Pizza
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chicken Tenders
Waffles
Broccoli
Steamed Carrots
Sliced Peaches

Tuesday, October 21

Breakfast
Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Fish Nuggets
Macaroni & Cheese
Peas
Cucumber & Tomato Salad
Pears

Wednesday, October 22

Breakfast
Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chili, Fritos
Garden Salad
Steamed Corn
Banana
Cake *or* Crisp

Thursday, October 23

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

**Early Dismissal
Lunch**
Bosco Sticks
Marinara Sauce Cup
Green Beans
Pineapple Tidbits

Friday, October 24

Breakfast
Scone
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

**Early Dismissal
Lunch**
Mini Corn Dogs
Tater Tots
Carrots w/Ranch
Orange Wedges

YOUR SCHOOL LUNCH PASSPORT



Monday, October 27

Breakfast
Confetti Pancakes
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Totchos
Green Beans
Steamed Corn
Applesauce
Corn Bread

Tuesday, October 28

Breakfast
Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Sweet & Sour Meatballs
Loaded Mashed Potatoes
Peas
Apple Wedges

Wednesday, October 29

Breakfast
French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Beef Vegetable Soup
Grilled Cheese Sandwich
Garden Salad
Banana
Brownie

Thursday, October 30

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Beef Teriyaki Dippers
Macaroni & Cheese
Broccoli Florets
Baked Beans
Pineapple Tidbits

Friday, October 31

Breakfast
Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chicken Filet Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges



October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Fall Fundraiser Ends at noon Robotics 3:50pm - 5:00pm	2 Talented Theater 3:50pm - 5:00pm	3	4
5	6 4th Grade Artsperience 4H Club 3:50pm - 5:00pm Robotics 3:50pm - 5:00pm	7 Pink Link Dress Down \$2:00 Talented Theater 3:50pm - 5:00pm	8 Robotics 3:50pm - 5:00pm	9 Q1 Ends Today Talented Theater 3:50pm - 5:00pm	10 Q1 Jaguar Fest 	11
12	13	14	15 Robotics 3:50pm - 5:00pm	16 Talented Theater 3:50pm - 5:00pm	17 	18
19	20 Robotics 3:50pm - 5:00pm	21 Talented Theater 3:50pm - 5:00pm	22 PICTURE DAY Robotics 3:50pm - 5:00pm	23 12:45pm Early Dismissal Parent/Teacher Conferences	24 Q1 Awards 12:45pm Early Dismissal Parent/Teacher Conferences	25
26	27 Robotics 3:50pm - 5:00pm	28 Talented Theater performance @ LPAC 6:30pm	29 Robotics 3:50pm - 5:00pm	30 Special Olympics Bowling Tournament	31 Halloween Walk School Appropriate Halloween costumes may be worn	



50 Years in Paradis(e)!

