



A recording of the meeting will be available for viewing on the District's website within 10 days of the meeting date. To make public comments at this meeting of the Aledo ISD School Health Advisory Council, [click this link](#) and complete the form no later than 4:30pm on Thursday, September 29.

## **Aledo ISD SHAC Meeting – October 8, 2025**

- 1) Introduction of members
  - a) Opening activity
- 2) Public comment
- 3) SHAC mission and purpose
- 4) Review of SHAC bylaws
- 5) Nomination/selection of parent co-chair
  - a) Vote
- 6) Creation of physical activity and fitness planning subcommittee
- 7) SHAC webpage-review
- 8) Establish priorities for the year
- 9) Future meeting dates / times
  - a) 12.10.25
  - b) 02.11.26
  - c) 04.08.26

### **Purpose**

TEC § 28.004: The purpose of a local School Health Advisory Council (SHAC) is to assist the district in ensuring that local community values are reflected in the district' health education instruction.

### **Mission Statement**

The Aledo ISD School Health Advisory Council (SHAC) will establish and communicate guidelines and age-appropriate strategies to implement ongoing programs enabling students at all levels to make informed choices for a healthy lifestyle reflective of our community's values.