



Academy of Accelerated Learning, Inc.

5300 N Braeswood, Suite 8

Houston, TX 77096

713-668-8237

“Reaching for the Stars”

AAL SHAC Meeting Minutes

Date: September 30, 2025

Time: 5:11 PM – 5:58 PM

Location: Academy of Accelerated Learning District Office

Meeting Called to Order By: Brianna Perez, Curriculum Compliance & Accountability Administrator (Administrator Liaison)

Opening & Call to Order

- Meeting officially called to order at **5:11 PM**.
 - Notice posted online and at District Office ≥ 72 hours prior.
 - Quorum confirmed (votes permitted).
 - Reminder: all phones silenced.
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Welcome & Remarks

- **Brianna Perez** welcomed attendees, introduced herself as SHAC Administrator Liaison, and reviewed the agenda.
 - **Superintendent Brandon Chandler** thanked members for serving, acknowledged their commitment, and expressed appreciation before departing.
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Introductions

- **Parents:**
 - *Shaniqua Lewis* – Belfort Campus
 - *Crystal Hope* – Belfort Campus
 - *Kenneth Hope* – Belfort Campus
 - *Ines González* – Ashcroft Campus
- **District Staff:**
 - *Kathy Queen* – RN, Savoy Campus (with LPN and CNA team)
 - *Jeri (Gracie) Brown* – District staff, later elected Secretary
 - *Brianna Perez* – Administrator Liaison
- **Community Member:**



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- *Destiny Jefferson* – Community Education Specialist, Harris County Public Health (Substance Use Prevention Program)
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Handouts & Materials

- Infographic on SHAC and its role distributed.
 - Member handbooks and folders provided.
 - Materials received positively.
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What is SHAC?

- Advisory council to the School Board on student health.
 - Provides **recommendations** (not mandates).
 - Focus areas: health education, curriculum, nutrition services, physical activity, mental health, substance abuse prevention, human sexuality, child abuse, school safety, and wellness policy.
 - Programs must reflect **community values**.
 - Mandated under **Texas Education Code 28.004**.
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Guiding Framework: Maslow’s Hierarchy of Needs

- Students require **basic needs**: health, safety, shelter, food, water, and love.
 - Meeting these needs is essential for student achievement.
 - SHAC’s role is to ensure support systems address these needs.
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Mission Statement (Draft for Review)

English:

The School Health Advisory Council (SHAC) engages families, schools, and community partners to guide policies, programs, and practices that support the whole child. SHAC is dedicated to ensuring that every student has access to a safe, supportive learning environment and the resources necessary to thrive.



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Español:

El Consejo Asesor de Salud Escolar (SHAC) involucra a las familias, las escuelas y los socios comunitarios para guiar políticas, programas y prácticas que apoyen al niño en su totalidad. El SHAC se dedica a garantizar que cada estudiante tenga acceso a un ambiente de aprendizaje seguro y de apoyo, así como a los recursos necesarios para prosperar.

Vision Statement (Draft for Review)

English:

All students will have the knowledge, resources, and environment to make healthy choices that support their physical, mental, and emotional well-being.

Español:

Todos los estudiantes tendrán el conocimiento, los recursos y el entorno que les permita tomar decisiones saludables que apoyen su bienestar físico, mental y emocional.

- **Discussion:** Members debated whether “environment” over-promises. Some viewed it as essential (safe haven for students); others raised caution about accountability.
 - **Consensus:** Keep “environment” for now; revisit wording if needed.
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Goals for 2025–2026

1. Strengthen partnerships between families, schools, and community organizations to support wellness.
 2. Review and provide recommendations on health curriculum and policies.
 3. Ensure equitable representation and diverse perspectives in SHAC discussions and decisions.
 4. Organize **two district-wide health and wellness initiatives**.
 - Brainstormed ideas: resource fair, community walk/relay challenge, wellness vendor event.
 - *Consensus:* Agreement to plan two initiatives this year.
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Review of SHAC Bylaws



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- **Article I – Name & Authority:** Advisory only, no authority to spend funds or enter contracts. Staff coordinator supports SHAC operations. *Unanimously approved.*
 - **Article II – Purpose & Responsibilities:** Advisory to Board; must be consulted before any curriculum/health instruction changes. *Approved.*
 - **Article III – Membership:** Majority parents (non-employees); two-year staggered terms; attendance rules apply. *Approved.*
 - **Article IV – Officers:** Chair, Vice Chair, Secretary; elected annually by majority vote. *Approved.*
 - **Article V – Meetings:** Posted publicly per open meeting laws; decisions by majority; minutes posted within 10 days; rules for special meetings. *Approved.*
 - **Article VI – Subcommittees:** May form subcommittees on health-related topics; recommendations require SHAC approval. *Approved.*
 - **Article VII – Amendments:** Require 2/3 majority with prior notice. *Approved.*
 - **Article VIII – Reporting:** Annual written report to Board; bylaws and minutes posted on district website. *Approved.*
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Officer Elections & Roles

- **Chair:** *Ines González* (Parent, Ashcroft Campus)
- **Co-Chairs:** *Ms. Lewis* (Parent, Belfort Campus)
- **Secretary:** *Jeri (Gracie) Brown*
- **Health Professional:** *Nurse Kathy Queen* (Savoy)
- **Community Member:** *Destiny Jefferson* (Harris County Public Health)
- **Liaison:** *Brianna Perez*

All officer positions confirmed unanimously by vote.

Nutrition Program Update

- District continues **free breakfast, lunch, and snacks** under CEP (Community Eligibility Provision).
- CEP requires $\geq 20\%$ free/reduced students; AAL remains above 60%.
- **Fresh Fruit & Vegetables Program:**
 - Awarded to **Ashcroft Campus** this year.
 - Launching **October 1, 2025** (~2:30 PM).
 - Includes teacher-led lesson before students and staff sample fruits together.
 - Belfort had program for prior five years; Ashcroft newly qualified this year.
- **Food Service Update:**



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- Meals now served via **steam tables** so students can see options and receive portions by age.
 - Improved presentation has increased student satisfaction.
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Next Steps

- Members to review **district wellness policies** before next meeting.
 - Each member should identify:
 1. One **compliance area** to address
 2. One **district-specific issue**
 3. One **community/member-driven concern**
 - Goal: Bring **2–3 priorities** forward for group discussion.
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Closing

- Confirmed adoption of bylaws, election of officers, and approval of future meeting dates.
- Next SHAC meeting scheduled for **Wednesday, January 7, 2026 at 5:00 PM** at District Office.
- Meeting adjourned at **5:58 PM**.