

BRICKIE CONNECTIONS

BRICKIE TIP #9: Slow Down

We make mistakes when we go too fast. Why are we always in such a rush? Is it possible to slow down?

Today, notice your pace and try to decrease the speed. Drive, walk, talk, even breathe a bit slower. Notice how this makes you feel inside.

Put a check mark next to everything you tried slower today.

- WALKING
- TALKING
- BREATHING
- CLASSROOM WORK
- EATING

Set a timer to mark the minimum amount of time students need to complete a task. Issue “speeding tickets” for moving too fast. If students finish early, they should use that time to enhance their work.



SPEEDING TICKET



Quality work we can be proud of takes time and care.
You have been caught speeding through your work by:

- | | |
|---|--|
| <input type="checkbox"/> You didn't use your best handwriting | <input type="checkbox"/> You made careless mistakes |
| <input type="checkbox"/> You didn't follow instructions | <input type="checkbox"/> You clicked through questions |
| <input type="checkbox"/> You didn't color neatly | <input type="checkbox"/> You didn't show your work |
| <input type="checkbox"/> You didn't check or edit your work | <input type="checkbox"/> This is not your normal quality of work |

**ONCE YOU HAVE MADE CHANGES TO YOUR WORK MAKE SURE TO
SHOW ME AGAIN SO WE CAN CELEBRATE YOUR SUCCESS**

Date ticket was given _____ Date ticket was cleared _____