



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

OCTOBER 5, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

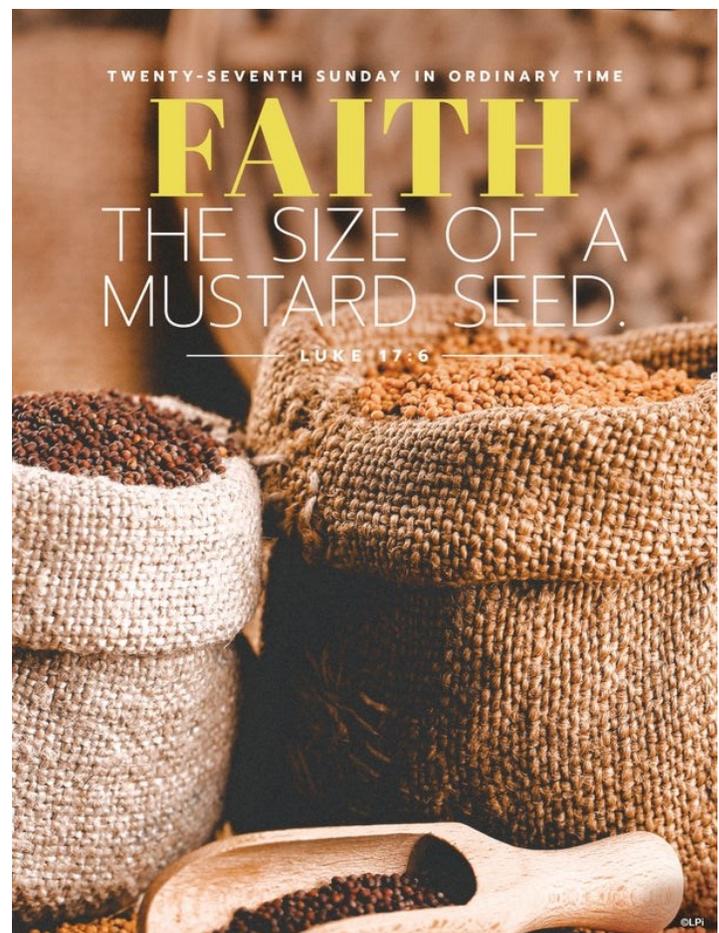
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday October 5

Twenty-Seventh Sunday in Ordinary Time

Ministry Fair after all Masses

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass

Monday October 6

Saint Bruno, Priest; Blessed Marie Rose Durocher, Virgin

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Class
7:00 PM	Rosary Group

Tuesday October 7

Our Lady of the Rosary

10:00 AM	Stitchers with Heart Group
6:00 PM	Bereavement Group

Wednesday October 8

Weekday

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass (school attending)
4:00 PM	Middle School J-Walkers Youth Group at St. Monica
6:35 PM	High School 6:35 Youth Group at St. Monica

Thursday October 9

Saint Denis, Bishop, and Companions, Martyrs;

Saint John Leonardi, Priest

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	<i>Eucharistic Adoration Canceled</i>

Friday October 10

Weekday

8:15 AM	Rosary
8:45 AM	Mass

Saturday October 11

Saint John XXIII, Pope

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday October 12

Twenty-Eighth Sunday in Ordinary Time

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	NO Sunday School
2:00 PM	NO Children's Sacramental Prep Class
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



After the First Reading, we meditate on the Word of God in another brief silence. Then we respond to it in God's own inspired words of praise and thanksgiving in the *responsorial psalm*. The use of the psalms in worship is an ancient tradition found in both the early Christian Church and even ancient Israelite worship. It is a liturgical dialogue, a joyful back-and-forth, that follows the heavenly model of worship where we will one day sing God's praises for all eternity.



WORLD ROSARY DAY for World Peace October 7 at 10am PT

Let's unite our prayers with the Holy Father.



World Rosary Day at Sacred Heart Church Tuesday, October 7 at 10:00 AM

Join the Sacred Heart Community at Sacred Heart Church as we come together as a family to pray the Rosary on October 7 at 10 AM. We will join the Vatican, Archdiocese of Seattle and Catholics from around the world in this prayer for hope and peace on World Rosary Day, which also commemorates the Memorial of Our Lady of the Rosary. In this Jubilee Year of Hope, Catholics around the world will unite in one symphony of prayer for hope and peace as we join hearts across nations.

WOMEN IN SACRED HEART
(WiSH) INVITES YOU TO

ADVENT BY CANDLELIGHT

Join us in the spirit of peace and friendship to connect, socialize, and kick off the holiday season. Enjoy complimentary refreshments, music, and reflection.



SUNDAY, DECEMBER 7TH, 6 – 8:30PM
SACRED HEART SCHOOL GYM

REGISTER AS A TABLE CAPTAIN
INFO@SACREDHEART.ORG

Save the Date! Advent by Candlelight 2025 is coming soon. Join us for a night of faith, community, and friendship as we focus on the Advent Season. Table Captain sign up begins Friday, October 3rd at 9am. To sign up to be a Table Captain, please email info@sacredheart.org. Individual attendee sign-ups to follow in November. We look forward to seeing you there!



Sacred Heart Parish
Ministry Fair
This Weekend!

October 4th & 5th, 2025

We invite you to join us in the Narthex after all Masses this weekend to learn more about our many parish ministries, and how you can become involved. Please consider a gift of your time to volunteer, share your talents and journey together in faith and fellowship with our Sacred Heart community.

"God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another" - 1 Peter 4:10-11

PARISH STEWARDSHIP OF TALENT.

YOUR TALENT IS GOD'S GIFT TO YOU.
HOW WILL YOU USE IT FOR HIM?

ADMINISTRATION & STEWARDSHIP

#60MINS4JESUS

Discover an hour of inspiration on how Jesus' teachings can guide our hearts through life.

Fr. Jim is a priest of the Diocese of Lexington, storyteller, and Papal Missionary of Mercy.

You'll laugh, you'll cry, you'll sing, you'll be inspired!



Sacred Heart Parish Mission

Monday, October 27
Tuesday, October 28
Wednesday, October 29
Each Night at 7:00 PM
All Are Welcome!

Sacred Heart Church, Bellevue
parish.sacredheart.org

FR. JIM SICHKO
frjims.com

Sacred Heart Parish Mission Featuring Fr. Jim Sichko October 27 -29, 2025 Each night at 7:00 PM

Mark you calendar for our Parish Mission, October 27-29, led by Fr. Jim Sichko! Fr. Jim Sichko is a priest of the Roman Catholic Diocese of Lexington, KY and has been an internationally known preacher, evangelist and motivational speaker for over 25 years. In 2015, Pope Francis commissioned Fr. Jim as a Papal Missionary of Mercy in conjunction with the Extraordinary Jubilee Year, making him one of 100 in the United States and 1,000 in the world. Known for his presentations entitled "60 minutes for Jesus" Fr. Jim's talks and parish missions are geared for every member of the household, from youth to adulthood, and for anyone, regardless of religious affiliation or not. Known as "the best opening act ever" by Dolly Parton, Fr. Jim uses real-life experiences, personal stories and humor to motivate any audience to recognize the good within themselves and others, while challenging them to make the world a better place. Each night of the mission is a stand-alone talk. You'll laugh, you'll cry, you'll sing, you'll be inspired!

PARISH STEWARDSHIP OF TALENT.

YOUR TALENT IS GOD'S GIFT TO YOU.
HOW WILL YOU USE IT FOR HIM?

Today you heard Fr. Nagel invite you to prayerfully consider using your unique talents to serve in our parish community as disciples of Christ. We encourage you to take a step in your faith journey by serving one ministry for one year. Giving of our time and our talent is just one way to give back and to center our lives around the gospel message. Please fill out the enclosed Talent Ministry Form, scan the QR code or visit [here](#) to sign up for the ministry that aligns with your passion for serving our church's mission. Please return the completed form by mail, deposit the form in the collection basket or drop it off at the Ministry Fair this weekend. Thank you for your commitment to the Sacred Heart Parish community!



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace .

-Archbishop Etienne on the Spirituality of Stewardship.

WEEKLY READINGS

Sunday 10/5

Habakkuk 1:2-3;2:2-4
Psalm 95:1-2,6-9
2 Timothy 1:6-8,13-14
Luke 17:5-10

Monday 10/6

Jonah 1:1—2:2,11
(Psalm) Jonah 2:2-5,8
Luke 10:25-37

Tuesday 10/7

Jonah 3:1-10
Psalm 130:1b-4ab,7-8
Luke 10:38-42

Wednesday 10/8

Jonah 4:1-11
Psalm 86:3-6,9-10
Luke 11:1-4

Thursday 10/9

Malachi 3:13-20b
Psalm 1:1-4,6
Luke 11:5-13

Friday 10/10

Joel 1:13-15;2:1-2
Psalm 9:2-3,6,8-9,16
Luke 11:15-26

Saturday 10/11

Joel 4:12-21
Psalm 97:1-2,5-6,11-12
Luke 11:27-28

Sunday 10/12

2 Kings 5:14-17
Psalm 98:1-4
2 Timothy 2:8-13
Luke 17:11-19

MASS INTENTIONS

Sunday 10/5

9:00 AM Mass: INT GEMMA THIELGES
by Marian Middleton

11:00 AM Mass:
RIP FRANCISCO ZANIC by the Zanic Family
5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 10/6

RIP PARISHIONER PRIVATE INTENTION

Wednesday 10/8

INT SACRED HEART & ST. MONICA
PARISH AND SCHOOL STAFF

Thursday 10/9

RIP JAMES ANDREW LYNCH by Patricia Allen

Friday 10/10

INT THE PARISHIONERS OF SACRED HEART

Saturday 10/11

INT THE PARISHIONERS OF SACRED HEART

Sunday 10/12

9:00 AM Mass: RIP PHILIP CRAIG SNYDER
by Nila Snyder

11:00 AM Mass:
INT ANJALEET ZAMI CHEVALIER
by Sacred Heart Parish Staff

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Tom Anderson (husband of Pam Anderson)

The Deceased

Anthony Joyce (father of Christine Kerr)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration Resumes on Oct. 16th

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - OCTOBER

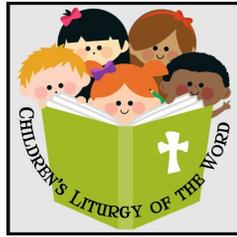
For Collaboration Between Different Religious Traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School this Sunday
October 5th, 2025
Grades K—5th, 12:30 to 1:30 PM
No Sunday School on October 12th

Scan the QR code for registration or visit sacredheart.org/Parish/



Join us for **Children's Liturgy of the Word** at the **11:00 AM Mass**

Register Now - Infant Baptism Class
Saturday, October 18th



Registration is now open for the upcoming infant Baptism preparation class on Saturday, October 18th, from 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old. Email sacraments@sacredheart.org to register for the upcoming class.

SACRED HEART SCHOOL

Open House

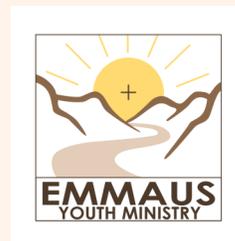
Pre-K through 8th Grade

THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



REGISTER ONLINE TODAY!

school.sacredheart.org



Youth Group Has Officially Begun!

Join us this Wednesday (10/8) at St. Monica Church: 4-5PM for Middle School and 6:35-8:05PM for High School. Visit parish.sacredheart.org/grow-in-faith/youth for more information.

JOIN HS 6:35'S DAY OF FALL!

SWANS TRAIL FARMS
PUMPKIN PATCH
CORN MAZE RACE
+ MORE!



SUNDAY OCTOBER 12TH | 12:30-5:30

MEET AT SACRED HEART | RIDES INCLUDED

\$25 ONLINE REGISTRATION, \$30 DAY OF

Middle & High Schoolers!



ST. MONICA
EMMAUS &
CONFIRMATION



SACRED HEART
CONFIRMATION



SACRED HEART
EMMAUS



Registration
closes **October 5th!**



COMMUNITY OUTREACH—COMMUNITY EVENTS

BUNDLE SUNDAY STUFF THE TRUCK



Donation Drive at Sacred Heart Parish
for St. Vincent de Paul of Seattle | King County

Donating to St. Vincent de Paul of Seattle | King County is easy and convenient at Sacred Heart Catholic Church

SAVE THE DATE:

Location: 9460 NE 14th St, Clyde Hill, Bellevue, WA, 98004 (Lower Parking Lot)
Date: October 19, 2025
Time: 9:00 AM to 12:00 PM

Your donations will be collected and sold at one of our SVdP Thrift Stores, providing financial support for our various programs dedicated to helping neighbors gain stability and self-sufficiency!

To view a list of items that we accept and DO NOT accept, please visit:
<https://svdpseattle.org/thriftstore>



Donate Today, Visit:
svdpseattle.org/donate

St. Vincent de Paul of Seattle | King County thanks you for your generous financial support!

October Parish Food Drive

Our October Parish Food Drive will benefit *Hopelink* and *Jubilee Reach*. Donations of non-perishable food items will be accepted in the Narthex between **Saturday, October 11th** and **Sunday, October 19th**. Monetary donations are also accepted through the Parish venmo account with the note "Food Drive". Items will be distributed to our charity partner following the evening Mass on 10/19.



HALLOWEEN 50+ LUNCHEON

sponsored by *Carpe Diem*



11:30am, Friday Oct. 31st
in the Narthex, \$25/person

~ Advance sales only:
Oct 18-19 & 25-26



Masks & Costumes *encouraged*,
but **NOT** required

Info: Linda Geere, 425-54-3908 or
lgeere@sacredheart.org

Sacred Heart Book Discussion Group Tuesday, October 28th at 7:00 PM Parish Conference Room 1

(Located through main entrance of parish office)

Are you rooting for the M's this fall? Have you been waiting years for them to finally make the play-offs? If so, we would love to have you join us to discuss a memoir of growing up loving baseball in 1950's New York, ***Wait Till Next Year*** by Doris Kearns Goodwin. Please join us to talk baseball! Everyone is welcome. Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net if you would like more information or to be added to the email list.



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

English Retreat -October 10- October 12, 2025
Spanish Retreat -October 31- November 2, 2025

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

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- Julie Nelson



Parishoners Matt & Christina with Client Julie



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Christina
612-987-0755



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