



Ms. Knies

Period 2

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Mr. Haworth

Periods 4-6

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7th Grade Health

If you need to reach us you can contact your child's teacher via Parentsquare or at the emails above.

Health Class Basics

- We talk about the health triangle in every unit and the importance of life balance.
- We give lots of class time to work on assignments. Students will only have homework if their work is not completed in class.
- In case of an absence, students should check the Canvas “Week at a Glance” section to see what they missed.



Health Class Grading Policy

- Students will be graded on projects, presentations, assignments, daily work and class participation.
- Students should check Skyward weekly for current progress and any missing assignments.
- Late assignments may receive a lower grade. Late work will typically not be accepted after 2 weeks have passed from the original due date.

