



CARMEL MIDDLE SCHOOL COUGARS

Daily Bulletin

Friday, October 3rd, 2025

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45



Today is our Cougar Pride Spirit Day! Due to Mrs. Wells being off campus, the Student Store and Spirit Table will not be open today. However, be sure to wear your Spirit Gear next Friday to receive a Cougar Buck and for your chance to be entered into a drawing for your chance to win awesome spirit gear. Also, **Grab a partner and head to the main quad** for our **Fun Friday Activity** and for your chance to earn **Cougar Bucks**. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two! **Today is the LAST Day to earn RED Cougar Paws!** If you go above and beyond by being a person of character in your classes, you might just receive a Cougar Paw. During Seventh Period, your teachers will have you count how many RED paws you have earned for this first quarter. Be sure to give them an accurate count. We will have a new color of Cougar Paws starting on Monday!



Today's Hispanic and Latino History Month quote comes from **Oscar de la Renta**, a *Dominican fashion designer*, when he said **"Your greatest strength is knowing who you are."**



Good luck to our Cross Country Team when they compete in the Cluster Meet at Monterey Bay Charter today!
Go Cougars!!



INK-tober is HERE! Come join your fellow earthlings in the library any day you can during the month of October to practice our ink drawing skills. No talent is needed. Just bring a pen, some paper, and a positive attitude. We will announce each word every day in the bulletin. **Today's word is CROWN.** Break out that sketch paper and pens and let your imagination take you where it may. Hope to see you today or any day during this month at lunch in the Library!



Yearbooks are available for purchase! Order your 2025/26 keepsake for \$50 from the Josten's link on our website or by using your phone to scan the QR code from the giant poster in the front office window.



The Lost and Found is OVERFLOWING with water bottles, jackets, and even OHANA Day hoodies! Stop by the shelf between the office and cafeteria to claim your forgotten items before they are donated to charity over October Break!



CMS Cheer's Krispy Kreme Fundraiser continues through October 10th! Pre-order your dozen Glazed for \$18 or Chocolate, or Sprinkles for \$20 –all payments accepted! See a cheerleader, Coach Hanes in the Library. Help us reach our goals and fuel the spirit—one donut at a time!



In the 6th Grade Wiffleball Tournament of Donuts yesterday's game between the **Nakamuraville Nonchalant Labubus** and **Littletown Lunchables** was postponed mid-game when the field was converted into a giant slip and slide and while fun, it was not safe. We will finish the game at lunch today with one out in the bottom of the 2nd inning, the Lunchables have 5 runs and the Labubus have 2. Come on out to Wiffler's Park at lunch time to cheer them on!



Today's Menus: Breakfast: Ham, Egg, and Cheese Croissant Sandwich, a Smoothie, or Cinnamon Toast Crunch.
Lunch: Domino's Hawaiian Pizza, Spicy Chicken Sandwich, Veggie Dumpling w/Chow Mein, or a Crispy Chicken Wrap.



Happy Birthday to everyone celebrating over the weekend, including: