

Elementary Menu - HPE/GWF

October 2025

DAILY OFFERINGS

Choice/Alternate Sandwich
Garden Salad
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

DAILY BREAKFAST OFFERINGS

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Choice/Alternate Sandwich Days</u></p> <p>Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad</p>		1 (Day 2)	2 (Day 3)	3 (Day 4)
		<p><i>Cheeseburger on a bun</i></p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> Apple Frudel</p>	<p><i>Pizza Day!</i> <i>Cheese/Garlic/Pepperoni</i></p> <p>Vegetarian Baked Beans</p> <p><u>Breakfast</u> French Toast Sticks</p>	<p><i>Fish Sticks w/tartar sauce</i></p> <p>Sweet Green Peas Homemade Cole Slaw</p> <p><u>Breakfast</u> Mini Waffles</p>
6 (Day 5)	7 (Day 6)	8 (Day 1)	9 (Day 2)	10
<p><i>Mini Corn Dogs</i></p> <p>Crazy Carrot Coins</p> <p><u>Breakfast</u> Mini Cinni</p>	<p><i>Rotini w/meat sauce & meatballs</i></p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> Cheese Omelet</p>	<p><i>Chicken Patty on a bun</i></p> <p>Tiny Broccoli Trees</p> <p><u>Breakfast</u> Apple Frudel</p>	<p><i>BBQ Pork Rib Patty on a bun</i></p> <p>Whole Kernel Corn</p> <p><u>Breakfast</u> French Toast Sticks</p>	<p><i>SUPERINTENDENT'S CONFERENCE DAY</i></p> <p>NO SCHOOL</p>
13	14 (Day 3)	15 (Day 4)	16 (Day 5)	17 (Day 6)
<p>NO SCHOOL</p> 	<p><i>Meatball Sub Sandwich</i></p> <p>Crazy Carrot Coins</p> <p><u>Breakfast</u> Cheese Omelet</p>	<p><i>Homemade Goulash</i></p> <p>Tiny Broccoli Trees</p> <p><u>Breakfast</u> Apple Frudel</p>	<p><i>Ham and Cheese Croissants</i></p> <p>Sweet Green Peas</p> <p><u>Breakfast</u> French Toast Sticks</p>	<p><i>Pizza Crunchers</i></p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> Mini Waffles</p>
20 (Day 1)	21 (Day 2)	22 (Day 3)	23 (Day 4)	24 (Day 5)
<p><i>Mac & Cheese</i></p> <p>Crazy Carrot Coins</p> <p><u>Breakfast</u> Mini Cinni</p>	<p><i>Macho Nachos w/Tostitos Chips</i></p> <p>Chickpea Salad</p> <p><u>Breakfast</u> Cheese Omelet</p>	<p><i>Chicken Nuggets w/dipping sauces</i></p> <p>Tiny Broccoli Trees Rice</p> <p><u>Breakfast</u> Apple Frudel</p>	<p><i>Pizza Day!</i> <i>Cheese/Garlic/Pepperoni</i></p> <p>Vegetarian Baked Beans</p> <p><u>Breakfast</u> French Toast Sticks</p>	<p><i>Grilled Cheese w/Tomato Soup</i></p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> Mini Waffles</p>
27 (Day 6)	28 (Day 1)	29 (Day 2)	30 (Day 3)	31 (Day 4)
<p><i>Chicken Quesadilla Wedge</i></p> <p>Black Beans</p> <p><u>Breakfast</u> Mini Cinni</p>	<p><i>Mozzarella Sticks w/marinara sauce</i></p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> Cheese Omelet</p>	<p><i>Chicken Tender Wrap w/lettuce & mozz cheese</i></p> <p>Tiny Broccoli Trees</p> <p><u>Breakfast</u> Apple Frudel</p>	<p><i>Bagged Lunch Day!</i> <i>Ham/Turkey/PBJ</i></p> <p>Fresh Carrot Sticks</p> <p><u>Breakfast</u> French Toast Sticks</p>	<p><i>Hot Dog on a bun w/Tater Tots</i></p> <p>Whole Kernel Corn</p> <p><u>Breakfast</u> Mini Waffles</p>

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change