

## **COLTON JOINT UNIFIED SCHOOL DISTRICT**

### **CLASS TITLE: CERTIFIED ATHLETIC TRAINER**

#### **BASIC FUNCTION:**

Under the direction of an assigned supervisor, provide athletic training services to student athletes engaged in various school sports; organize and participate in program care, treatment, rehabilitation, and prevention of physical injuries to athletes in the athletic program; perform related duties as assigned.

#### **REPRESENTATIVE DUTIES:**

##### **ESSENTIAL DUTIES:**

Provide athletic training services to student athletes; administer first aid during home and away sports games, matches and other District related athletic events; apply protective or injury-prevention devices and braces.

Provide technical services and information for the prevention, recognition, evaluation, management, treatment and rehabilitation of injuries.

Operate ultrasound and electrical stimulation equipment, hydro collator, hydrotherapy, skinfold calipers, grip- strength dynamometer and other medical equipment used to accurately interpret and treat physical symptoms; refer athletes to physicians or the hospital.

Assist in establishing and implementing a conditioning program for athletes to prevent and minimize injuries; counsels and advises athletes on routine or corrective exercises to strengthen, stretch and develop muscles and body structure to maintain student health and wellness.

Develop and conduct athletic presentations, clinics, and workshops for coaching staff, faculty, athletes, and parents on proper diet and the care and prevention of athletic injuries.

Maintain accurate and detailed records and reports concerning accidents, injuries, treatments, progress and physician referrals.

Communicate with coaches, athletes, parents, physicians, and others regarding injuries, treatments, and rehabilitation programs;

Provide advice regarding equipment purchases; fit and monitor the fitting of protective equipment for injury prevention and safety.

Maintain accurate records of injuries, treatments, and provide insurance claim forms for sports injuries treated by a physician. Assist in the completion of insurance forms for injured athletes.

Coordinate the maintenance of the equipment; clean, disinfect and maintain equipment in the training room; notify appropriate personnel of needed repairs; inventory, requisition and store training room supplies and equipment.

Assist with arranging physical examinations for athletics clearances and maintaining other related health documentation; establish and maintain accurate records of athletes for eligibility based on physical examinations.; provide coaches, athletic director, and site administrators with a list of athletes medically eligible to compete.

Supervise high school sports medicine students and college interns from Athletic Training Education Programs (ATEP).

Assist with developing and maintaining a budget for the athletic training program.

**OTHER DUTIES:**

Perform related duties as assigned.

**KNOWLEDGE AND ABILITIES:****KNOWLEDGE OF:**

Athletic training methods, equipment, and materials  
Athletic outfitting, issuance, and maintenance  
Principles of anatomy, physiology, kinesiology, nutrition, diet, CPR and first aid  
Methods, procedures and techniques of advanced first aid, including CPR procedures  
Taping, strapping, bandaging, and physical therapy techniques  
Methods practices, and strategies pertaining to the conditioning and physical fitness of athletes  
Methods of prevention, reduction, and treatment of injuries  
Safety and protective equipment used in sports  
Technical aspects of field of specialty  
Equipment, supplies and materials used in competitive sports programs  
Principles and procedures of basic record keeping and inventory methods and practices  
Correct English usage, grammar, spelling, punctuation, and vocabulary.  
Operation of a computer, assigned software and data entry techniques.  
Methods of collecting, organizing and processing data and information.  
Record-keeping and report preparation techniques.  
Interpersonal skills using tact, patience and courtesy.  
Oral and written communication skills.

**ABILITY TO:**

Diagnose signs and symptoms and related treatment of various athletic injuries  
Administer first aid and CPR to students  
Respond effectively to injury/illness situations  
Perform a variety of athletic training services  
Counsel and advise athletes concerning conditioning, hygiene and body care  
Perform a variety of cleaning, maintenance and sanitation tasks  
Interpret and apply applicable laws, rules, regulations and policies.  
Communicate effectively in oral and written form  
Perform a variety of athletic equipment maintenance activities  
Perform duties involving physical setting up and movement of equipment.  
Work confidentially with discretion.  
Lift and move students safely.

Communicate effectively both orally and in writing.  
Maintain records and prepare reports related to assigned activities.  
Establish and maintain cooperative and effective working relationships with others.

**EDUCATION AND EXPERIENCE:**

Education: Graduation from high school or equivalent. Bachelor's degree from an accredited college or university with major course work in health education, physical education, sports medicine, or a related field. A Bachelor's or Master's degree from a Commission on Accreditation of Athletic Training Education (CAATE) college or university is preferred.

Experience: One (1) year of experience as an athletic trainer.

Any combination of training and/or experience which would likely provide the required knowledge and/or abilities may be considered.

**LICENSES AND OTHER REQUIREMENTS:**

Valid Athletic Trainer (AT) Certification issued by the Board of Certification (BOC) for the Athletic Trainer of the National Athletic Trainers Association must be maintained as a condition of employment.  
Valid First Aid and CPR/AED certification.  
Valid California Class C driver's license.  
Position requires the use of a personal automobile

**WORKING CONDITIONS:**

**ENVIRONMENT:**

Outdoor or indoor sports environment.  
Seasonal heat and cold or adverse weather conditions.  
Travel to locations throughout the District may be required.

**PHYSICAL DEMANDS:**

Dexterity of hands and fingers to operate a computer keyboard and health instruments.  
Hearing and speaking to exchange information in person or on the telephone.  
Standing and/or walking for extended periods of time.  
Lifting, carrying, transporting students needing assistance and/or move up to 50 pounds independently and occasionally lift and/or move more than 100 pounds with assistance.  
Pushing wheelchairs to transport students.  
Bending at the waist, kneeling or crouching to assist students.  
Reaching overhead, above the shoulders and horizontally.  
Seeing to assess student illnesses and injuries.

**HAZARDS:**

Contact with blood and other body fluids.  
Potential for contact with blood-borne pathogens and communicable diseases.  
Chemicals including antiseptics and disinfectant