

October 2025

Middle School Breakfast Menu

Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI	
29		30		10/1		10/2		10/3	
Double Chocolate Muffin (v) Variety Cereal with Crackers (v)	Waffles with Syrup & Turkey Sausage Variety Cereal with String Cheese (v)	Chicken Sausage & Cheese Breakfast Sandwich Variety Cereal with Crackers (v)	Ham & Cheese Croissant Variety Cereal with String Cheese (v)	Cinni Minis (v) Variety Cereal with Crackers (v)					
Seasonal Fruit: Two Options 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Seasonal Fruit & Harvest of the Month: Organic Dragonfruit Applesauce Cup 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk					
6		7		8		9		10	
Oatmeal Chocolate Chip BeneFit Bar (v) Variety Cereal with Crackers (v)	Bagel with Cream Cheese (v) Variety Cereal with String Cheese (v)	Chocolate Chip Muffin (v) Variety Cereal with Crackers (v)	Freshly Baked Cinnamon Roll (v)	Parent/Teacher Conferences *School not in Session.*					
Seasonal Fruit: Two Options 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk						
13		14		15		16		17	
Double Chocolate Muffin (v) Variety Cereal with Crackers (v)	Buttery Maple Waffle + Turkey Sausage Variety Cereal with String Cheese (v)	Chicken Sausage & Cheese Breakfast Sandwich Variety Cereal with Crackers (v)	Ham & Cheese Croissant Variety Cereal with String Cheese (v)	Cinni Minis (v) Variety Cereal with Crackers (v)					
Seasonal Fruit: Two Options 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Seasonal Fruit & Harvest of the Month: Organic Dragonfruit Applesauce Cup 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk					
20		21		22		23		24	
Oatmeal Chocolate Chip BeneFit Bar (v) Variety Cereal with Crackers (v)	Bagel with Cream Cheese (v) Variety Cereal with String Cheese (v)	Chocolate Chip Muffin (v) Variety Cereal with Crackers (v)	Freshly Baked Cinnamon Roll (v)	Concha (v) Variety Cereal with Crackers (v)					
Seasonal Fruit: Two Options 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk					
27		28		29		30		31	
Double Chocolate Muffin (v) Variety Cereal with Crackers (v)	Buttery Maple Waffle + Turkey Sausage Variety Cereal with String Cheese (v)	Chicken Sausage & Cheese Breakfast Sandwich Variety Cereal with Crackers (v)	Ham & Cheese Croissant Variety Cereal with String Cheese (v)	Cinni Minis (v) Variety Cereal with Crackers (v)					
Seasonal Fruit: Two Options 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk					

(p) = Contains Pork

(v) = Vegetarian



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October 2025

Middle School Lunch Menu

Cafeteria - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
29		30		10/1
		10/2		10/3
Beef Rolled Taco Kickin' Nuggets + Fries (v) Whole Grain Savory Crackers (v) Fruit: Two Options It's Corn, Baby Carrots w/ Ranch Krypton Kale Salad (v) 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread Mozzarella Pull Aparts with Marinara (v) Whole Grain Savory Crackers (v) Seasonal Fruit & Harvest of the Month: Organic Dragonfruit Broccoli w/ Ranch, Chili Lime Chickpeas Homestyle Ranch Salad (v), BBQ Sauce 8 oz NF or 1% White Milk	Chicken Delights Sandwiches Chili Cheese Fries (v) Whole Grain Savory Crackers (v) Fruit: Two Options Jicama with Chili, Jalapeño Shredded Lettuce with Cheese (v) 8 oz NF or 1% White Milk	Minimum Day	Yucatan Style Carnitas & Chips (p) & Whole Grain Brookie The Best Burrito (v) Whole Grain Savory Crackers (v) Fruit: Two Options Cilantro, Corn & Black Bean Salad (v), Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate
6		7		8
		9		10
Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Freshly Baked Whole Grain Chocolate Chip Cookie Whole Grain Savory Crackers (v) Fruit: Two Options It's Corn, Baby Carrots w/ Ranch Curtido, Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Super Orange Chicken with Organic Fried Rice + Fortune Cookie Chile Verde Burrito (v) Whole Grain Savory Crackers (v) Fresh Fruit: Two Options Edamame, Chili Lime Chickpeas Sesame Ginger Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Mozzarella Pull Aparts with Marinara (v) Whole Grain Savory Crackers (v) Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chili with Tortilla Chips Grilled Cheese Sammie (v) Whole Grain Savory Crackers (v) Fruit: Two Options Baby Carrots with Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Parent/Teacher Conferences *School not in Session.*
13		14		15
		16		17
Beef Rolled Taco Kickin' Nuggets + Fries (v) Whole Grain Savory Crackers (v) Fruit: Two Options It's Corn, Baby Carrots w/ Ranch Krypton Kale Salad (v) 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread Mozzarella Pull Aparts with Marinara (v) Whole Grain Savory Crackers (v) Seasonal Fruit & Harvest of the Month: Organic Dragonfruit Broccoli w/ Ranch Homestyle Ranch Salad (v), BBQ Sauce 8 oz NF or 1% White Milk	Chicken Delights Sandwiches Cheesy Pinwheel (v) Whole Grain Savory Crackers (v) Fruit: Two Options Jicama with Chili, Jalapeño, Buffalo Ranch Fava Beans Shredded Lettuce with Cheese (v) 8 oz NF or 1% White Milk	BBQ Pulled Pork + Roll (p) The Best Burrito (v) Whole Grain Savory Crackers (v) Fruit: Two Options Cilantro, Corn & Black Bean Salad (v), Baby Carrots w/ Ranch Coleslaw (v) 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Yummy Cheese Pizza (v) Whole Grain Savory Crackers (v) Fruity Frozen Cups & Seasonal Fresh Fruit It's Corn, Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate
20		21		22
		23		24
Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Freshly Baked Whole Grain Chocolate Chip Cookie Whole Grain Savory Crackers (v) Fruit: Two Options It's Corn, Baby Carrots w/ Ranch Curtido, Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Super Orange Chicken with Organic Fried Rice + Fortune Cookie Chile Verde Burrito (v) Whole Grain Savory Crackers (v) Fresh Fruit: Two Options Edamame, Chili Lime Chickpeas Sesame Ginger Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Mozzarella Pull Aparts with Marinara (v) Whole Grain Savory Crackers (v) Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chili with Tortilla Chips Grilled Cheese Sammie (v) Whole Grain Savory Crackers (v) Fruit: Two Options Baby Carrots with Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Jalapeño Pepperoni or Jalapeño Cheese Pizza Yummy Pepperoni or Cheese Pizza (v) Whole Grain Savory Crackers (v) Fruity Frozen Cups & Seasonal Fresh Fruit Baby Carrots w/ Ranch Broccoli w/ Ranch, Secret Sauce Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
27		28		29
		30		31
Beef Rolled Taco Kickin' Nuggets + Fries (v) with Cheez Its Whole Grain Savory Crackers (v) Fruit: Two Options It's Corn, Baby Carrots w/ Ranch Krypton Kale Salad (v), Ketchup 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread Mozzarella Pull Aparts with Marinara (v) Whole Grain Savory Crackers (v) Fruit: Two Options Broccoli w/ Ranch, Chili Lime Chickpeas Homestyle Ranch Salad (v), BBQ Sauce 8 oz NF or 1% White Milk	Chicken Delights Sandwiches Cheesy Pinwheel (v) Whole Grain Savory Crackers (v) Fruit: Two Options Jicama with Chili, Jalapeño Shredded Lettuce with Cheese (v) 8 oz NF or 1% White Milk	BBQ Pulled Pork + Roll (p) The Best Burrito (v) Whole Grain Savory Crackers (v) Fruit: Two Options Cilantro, Corn & Black Bean Salad (v), Baby Carrots w/ Ranch Coleslaw (v) 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Yummy Cheese Pizza (v) Whole Grain Pumpkin Cookie (v) Whole Grain Savory Crackers (v) Fruity Frozen Cups & Seasonal Fresh Fruit Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate

(p) = Contains Pork
(v) = Vegetarian

























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October 2025

Middle School Lunch Menu

Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI	
						Minimum Day			
29		30		10/1		10/2		10/3	
PopTart Bento Box (v)		PB & J Lunch Box (v)		PopTart Bento Box (v)		PB & J Lunch Box (v)		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit	
It's Corn		Baby Carrots w/ Ranch		Chili Jicama Sticks		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch	
Baby Carrots w/ Ranch		Broccoli w/ Ranch		Baby Carrots w/ Ranch		Broccoli w/ Ranch		Broccoli w/ Ranch	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	
6		7		8		9		10	
Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Parent/Teacher Conferences	
Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		*School not in Session.*	
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit			
It's Corn		Baby Carrots w/ Ranch		Cool Cucumber		Baby Carrots w/ Ranch			
Baby Carrots w/ Ranch, Mustard, Mayo		Broccoli w/ Ranch, Mustard, Mayo		Baby Carrots w/ Ranch, Mustard, Mayo		Broccoli w/ Ranch, Mustard, Mayo			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
13		14		15		16		17	
PopTart Bento Box (v)		PB & J Lunch Box (v)		PopTart Bento Box (v)		PB & J Lunch Box (v)		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit	
It's Corn		Baby Carrots w/ Ranch		Chili Jicama Sticks		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch	
Baby Carrots w/ Ranch		Broccoli w/ Ranch		Baby Carrots w/ Ranch		Broccoli w/ Ranch		Broccoli w/ Ranch	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	
20		21		22		23		24	
Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Turkey Club Sandwich & Baked Cheddar Ruffles	
Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Seasonal Fresh Fruit	
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit	
It's Corn		Baby Carrots w/ Ranch		Cool Cucumber		Baby Carrots w/ Ranch		Broccoli w/ Ranch	
Baby Carrots w/ Ranch, Mustard, Mayo		Broccoli w/ Ranch, Mustard, Mayo		Baby Carrots w/ Ranch, Mustard, Mayo		Broccoli w/ Ranch, Mustard, Mayo		Baby Carrots w/ Ranch, Mustard, Mayo	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	
27		28		29		30		31	
PopTart Bento Box (v)		PB & J Lunch Box (v)		PopTart Bento Box (v)		PB & J Lunch Box (v)		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit	
It's Corn		Baby Carrots w/ Ranch		Chili Jicama Sticks		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch	
Baby Carrots w/ Ranch		Broccoli w/ Ranch		Baby Carrots w/ Ranch		Broccoli w/ Ranch		Broccoli w/ Ranch	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	

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LESD Middle School Supper Menu

MON		TUES		WED		THURS		FRI	
29		30		10/1		10/2		10/3	
Granola (v) Vanilla Yogurt (v) Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Mango Chamoy Smoothie (v) String Cheese (v) ChatSnax Crackers (v) Jicama with Chili 8 oz NF or 1% White Milk	Scooby Snacks (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Frozen Watermelon Cup & Harvest of the Month: Organic Dragonfruit Baby Carrots 8 oz NF or 1% White Milk	Rotini Pasta with Meat Sauce Orange Smiles Paradise Punch 8 oz NF or 1% White Milk	Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v) Sliced Peaches Salsa 8 oz NF or 1% White Milk					
6		7		8		9		10	
Baked Ruffles Chips + ChatSnax Crackers (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) Applesauce Cup Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Apples Cool Cucumber 8 oz NF or 1% White Milk	Baked Flamin' Hot Cheetos (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) 100% Fruit Juice Baby Carrots 8 oz NF or 1% White Milk	Crunchy Beef Tacos, Cholula Cranberries & Mango Paleta Baby Carrots 8 oz NF or 1% White Milk	Parent/Teacher Conferences *School not in Session.*					
13		14		15		16		17	
Granola (v) Vanilla Yogurt (v) Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Strawberry Banana Smoothie (v) String Cheese (v) ChatSnax Crackers (v) Jicama with Chili 8 oz NF or 1% White Milk	Scooby Snacks (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Frozen Watermelon Cup & Harvest of the Month: Organic Dragonfruit Baby Carrots 8 oz NF or 1% White Milk	Quesabirria Pupusa (Beef & Cheese Pupusa) String Cheese (v) Orange Smiles Baby Carrots & Curtido 8 oz NF or 1% White Milk	Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v) Sliced Peaches Salsa 8 oz NF or 1% White Milk					
20		21		22		23		24	
Cheeze It Crackers (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) Applesauce Cup Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Apples Cool Cucumber 8 oz NF or 1% White Milk	Baked Flamin' Hot Cheetos (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) 100% Fruit Juice Baby Carrots 8 oz NF or 1% White Milk	Crunchy Beef Tacos, Cholula Cranberries & Mango Paleta Baby Carrots 8 oz NF or 1% White Milk	SunChips (v) String Cheese (v) Danimals Yogurt Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk					
27		28		29		30		31	
Granola (v) Vanilla Yogurt (v) Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Mango Chamoy Smoothie (v) String Cheese (v) ChatSnax Crackers (v) Jicama with Chili 8 oz NF or 1% White Milk	Scooby Snacks (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Frozen Watermelon Cup Baby Carrots 8 oz NF or 1% White Milk	Quesabirria Pupusa (Beef & Cheese Pupusa) String Cheese (v) Whole Grain Pumpkin Cookie (v) Orange Smiles Baby Carrots & Curtido 8 oz NF or 1% White Milk	Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v) Sliced Peaches Salsa 8 oz NF or 1% White Milk					

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