

October 2025

LESD Elementary Breakfast Menu

MON		TUES		WED		THURS		FRI			
29		30		10/1		10/2		10/3			
Double Chocolate Chip Muffin (v)	Bagels & Cream Cheese (v)	Cinnamon Roll (v)	Chicken Sausage & Cheese Breakfast Sandwich	Waffle with Turkey Sausage		Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)		
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Parent/Teacher Conferences		California Citrus	Bahama Bananas	California Citrus	California Citrus		
Raisins	Applesauce Cups	100% Orange Juice	Sliced Peaches	*School not in Session.*		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		
6		7		8		9		10			
Ham & Cheese Croissant	Concha (v)	Chocolate Chip Muffin (v)	Cinni Minis (v)	Parent/Teacher Conferences *School not in Session.*		Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)		
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)			California Citrus	Bahama Bananas	Apples	California Citrus		
Dried Cranberries	Applesauce Cups	100% Orange Juice	Sliced Peaches			8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		
13		14				15		16		17	
Double Chocolate Chip Muffin (v)	Bagels & Cream Cheese (v)	Cinnamon Roll (v)	Chicken Sausage & Cheese Breakfast Sandwich			Waffle with Turkey Sausage		Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Parent/Teacher Conferences		California Citrus	Bahama Bananas	California Citrus	California Citrus		
Raisins	Applesauce Cups	100% Orange Juice	Sliced Peaches	*School not in Session.*		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		
20		21		22		23		24			
Ham & Cheese Croissant	Concha (v)	Chocolate Chip Muffin (v)	Cinni Minis (v)	Mantecada Muffin (v)		Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)		
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)		California Citrus	Bahama Bananas	California Citrus	California Citrus		
Dried Cranberries	Applesauce Cups	100% Orange Juice	Sliced Peaches	Raisins		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		
27		28		29		30		31			
Double Chocolate Chip Muffin (v)	Bagels & Cream Cheese (v)	Cinnamon Roll (v)	Chicken Sausage & Cheese Breakfast Sandwich	Waffle with Turkey Sausage		Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)		
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Parent/Teacher Conferences		California Citrus	Bahama Bananas	California Citrus	California Citrus		
Raisins	Applesauce Cups	100% Orange Juice	Sliced Peaches	*School not in Session.*		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		

(v)= Vegetarian

(p) = Contains Pork



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October 2025

LESD Elementary School 2nd Chance Breakfast Menu

MON		TUES		WED		THURS		FRI	
29		30		10/1		10/2		10/3	
Double Chocolate Chip Muffin (v)	California Citrus	Bagels & Cream Cheese (v)	Bahama Bananas	Variety Cereal + String Cheese (v)	Grapes & Harvest of the Month: Organic Dragonfruit	Chicken Sausage & Cheese Breakfast Sandwich	Apples	Waffle with Turkey Sausage	California Citrus
Dried Cranberries	8 oz NF or 1% White Milk	Applesauce Cups	8 oz NF or 1% White Milk	100% Orange Juice	8 oz NF or 1% White Milk	Sliced Peaches	8 oz NF or 1% White Milk	Raisins	8 oz NF or 1% White Milk
6		7		8		9		10	
Ham & Cheese Croissant	California Citrus	Concha (v)	Bahama Bananas	Chocolate Chip Muffin (v)	Strawberries	Cinni Minis (v)	Apples	Parent/Teacher Conferences *School not in Session.*	
Raisins	8 oz NF or 1% White Milk	Applesauce Cups	8 oz NF or 1% White Milk	100% Orange Juice	8 oz NF or 1% White Milk	Sliced Peaches	8 oz NF or 1% White Milk		
8 oz NF or 1% White Milk									
13		14		15		16		17	
Double Chocolate Chip Muffin (v)	California Citrus	Bagels & Cream Cheese (v)	Bahama Bananas	Variety Cereal + String Cheese (v)	Grapes & Harvest of the Month: Organic Dragonfruit	Chicken Sausage & Cheese Breakfast Sandwich	Apples	Waffle with Turkey Sausage	California Citrus
Dried Cranberries	8 oz NF or 1% White Milk	Applesauce Cups	8 oz NF or 1% White Milk	100% Orange Juice	8 oz NF or 1% White Milk	Sliced Peaches	8 oz NF or 1% White Milk	Raisins	8 oz NF or 1% White Milk
20		21		22		23		24	
Ham & Cheese Croissant	California Citrus	Concha (v)	Bahama Bananas	Chocolate Chip Muffin (v)	Grapes	Cinni Minis (v)	Apples	Mantecada Muffin (v)	Orange Smiles
Raisins	8 oz NF or 1% White Milk	Applesauce Cups	8 oz NF or 1% White Milk	100% Orange Juice	8 oz NF or 1% White Milk	Sliced Peaches	8 oz NF or 1% White Milk	Raisins	8 oz NF or 1% White Milk
27		28		29		30		31	
Double Chocolate Chip Muffin (v)	California Citrus	Bagels & Cream Cheese (v)	Bahama Bananas	Variety Cereal + String Cheese (v)	Grapes	Chicken Sausage & Cheese Breakfast Sandwich	Apples	Waffle with Turkey Sausage	California Citrus
Dried Cranberries	8 oz NF or 1% White Milk	Applesauce Cups	8 oz NF or 1% White Milk	100% Orange Juice	8 oz NF or 1% White Milk	Sliced Peaches	8 oz NF or 1% White Milk	Raisins	8 oz NF or 1% White Milk

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October 2025

LESD Lunch Menu

MON	TUES	WED	THURS	FRI
29	30	10/1	10/2	10/3
Chicken Delights Sandwiches Mozzarella Pull Aparts with Marinara (v) Bahama Bananas Baby Carrots Shredded Lettuce & Cheese, Pickles, Mustard, Ketchup, Pickles 8 oz NF or 1% White Milk	Beef Rolled Taco Mac and Cheese & Goldfish Crackers (v) Grapes & Harvest of the Month: Organic Dragonfruit Broccoli with Super Ranch Krypton Kale Salad, Cholula 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread* PB&J Sandwich + String Cheese + Sweet Crackers (v) Frozen Fruit Cup Baby Carrots w/ Ranch, Buffalo Ranch Fava Beans Homestyle Ranch Salad, BBQ Sauce 8 oz NF or 1% White Milk	Yucatan Style Carnitas & Chips (p) Bean & Cheese Pupusa (v) California Citrus Cilantro, Corn & Bean Salad, Chili Jicama Sticks Baby Carrots & Super Ranch, Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Chicken Tenders + Scooby Snacks Chili Cheese Fries (v) + Scooby Snacks Watermelon It's Corn, Broccoli, Baby Carrots & Super Ranch Garden Fresh Tossed Salad, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk or NF Chocolate
California Crunch Day				
6	7	8	9	10
Happy Cheeseburger with Secret Sauce or Happy Hamburger (Grass Fed Beef) Grilled Cheese (v) Bahama Bananas Pickles, Ketchup & Mustard Shredded Lettuce, Baby Carrots and Broccoli w/ Ranch, Sliced Tomatoes 8 oz NF or 1% White Milk	Chicken Nuggies with Whole Grain Chocolate Chip Cookie Mac and Cheese with Whole Grain Chocolate Chip Cookie (v) 100% Fruit Juice Baby Carrots & Ranch Ranch Kale Salad, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk	Super Orange Chicken & Organic Fried Rice + Fortune Cookie Mini PB&J Sandwich + Danimals + Goldfish Crackers (v) Frozen Fruit Cup Chili Lime Carrots, Edamame Sesame Ginger Salad 8 oz NF or 1% White Milk	Chicken & Red Sauce Tamales + String Cheese The Best Burrito (v) California Citrus Cool Cucumber Baby Carrots, Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Parent/Teacher Conferences *School not in Session.*
National School Lunch Week				
13	14	15	16	17
Chicken Delights Sandwiches Mozzarella Pull Aparts with Marinara (v) Bahama Bananas Baby Carrots Shredded Lettuce & Cheese, Pickles, Mustard, Ketchup, Pickles 8 oz NF or 1% White Milk	Beef Rolled Taco Mac and Cheese & Goldfish Crackers (v) Grapes & Harvest of the Month: Organic Dragonfruit Broccoli and Baby Carrots with Super Ranch Krypton Kale Salad, Cholula 8 oz NF or 1% White Milk	Teriyaki Chicken & Organic Brown F Mini PB&J Sandwich + String Chees Sweet Crackers (v) Frozen Fruit Cup Baby Carrots w/ Ranch, Buffalo Ranch Fava Beans Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	BBQ Pulled Pork + Roll (p) Bean & Cheese Pupusa (v) California Citrus Cilantro, Corn & Bean Salad, Chili Jicama Sticks Baby Carrots & Super Ranch, Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Chicken Tenders + Scooby Snacks Chili Verde Burrito (v) Watermelon It's Corn, Broccoli, Baby Carrots & Super Ranch Homestyle Ranch Salad, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk or NF Chocolate
20	21	22	23	24
Happy Cheeseburger with Secret Sauce or Happy Hamburger (Grass Fed Beef) Grilled Cheese (v) Bahama Bananas Pickles, Ketchup & Mustard Shredded Lettuce, Baby Carrots and Broccoli w/ Ranch, Sliced Tomatoes 8 oz NF or 1% White Milk	Chicken Nuggies with Whole Grain Chocolate Chip Cookie Mac and Cheese with Whole Grain Chocolate Chip Cookie (v) Grapes Baby Carrots & Ranch Ranch Kale Salad, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk	Super Orange Chicken & Organic Fried Rice + Fortune Cookie Mini PB&J Sandwich + Danimals + Goldfish Crackers (v) Frozen Fruit Cup Chili Lime Carrots, Edamame Sesame Ginger Salad 8 oz NF or 1% White Milk	Chicken & Red Sauce Tamales + String Cheese The Best Burrito (v) California Citrus Cool Cucumber Baby Carrots, Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice Yummy Cheese Pizza Slice (v) Watermelon It's Corn, Broccoli, Baby Carrots & Super Ranch Secret Sauce Salad 8 oz NF or 1% White Milk or NF Chocolate
27	28	29	30	31
Chicken Delights Sandwiches + Pumpkin Cookie Mozzarella Pull Aparts with Marinara (v) + Pumpkin Cookie Bahama Bananas When Carrot Met Hummus Shredded Lettuce & Cheese, Pickles, Mustard, Ketchup, Pickles 8 oz NF or 1% White Milk	Beef Rolled Taco Mac and Cheese (v) Grapes Broccoli with Super Ranch Krypton Kale Salad, Cholula 8 oz NF or 1% White Milk	Teriyaki Chicken & Organic Brown Rice Mini PB&J Sandwich + String Cheese + Sweet Crackers (v) Frozen Fruit Cup Baby Carrots w/ Ranch, Buffalo Ranch Fava Beans Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	BBQ Pulled Pork + Roll (p) Bean & Cheese Pupusa (v) California Citrus Cilantro, Corn & Bean Salad, Chili Jicama Sticks Baby Carrots & Super Ranch, Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread* Chili Verde Burrito (v) Watermelon It's Corn, Broccoli, Baby Carrots & Super Ranch Homestyle Ranch Salad, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk or NF Chocolate

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October 2025

LESD Elementary Supper Menu

MON		TUES		WED		THURS		FRI	
29		30		10/1		10/2		10/3	
Granola (v) Vanilla Yogurt (v)	Mango Chamoy Smoothie (v)	String Cheese (v) ChatSnax Crackers (v)	Cheez It Crackers (v) String Cheese (v) Roasted Sunflower Seeds (v) Grapes & Harvest of the Month: Organic Dragonfruit	Tortilla Chips (v) Chili con Queso Cup (v) Honey Roasted Sunflower Seeds (v)	Mozzarella Breadsticks (v) Cinnamon Teddy Grahams	Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Baby Carrots 8 oz NF or 1% White Milk	Sliced Peaches Salsa 8 oz NF or 1% White Milk	100% Fruit Juice Marinara Sauce 8 oz NF or 1% White Milk
6		7		8		9		10	
Baked Ruffles Chips + ChatSnax Crackers (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) Applesauce Cup Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Strawberry Frozen Fruit Cup Baby Carrots 8 oz NF or 1% White Milk	Chicken Tenders Cranberries & Mango Paleta Cool Cucumber, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk	Scooby Snacks (v) String Cheese (v) Jack Links Sweet BBQ Chicken Bites Apples Paradise Punch 8 oz NF or 1% White Milk	Parent/Teacher Conferences *School not in Session.*					
13		14		15		16		17	
Granola (v) Vanilla Yogurt (v)	Strawberry Banana Smoothie (v)	String Cheese (v) ChatSnax Crackers (v)	Cheez It Crackers (v) String Cheese (v) Roasted Sunflower Seeds (v) Grapes & Harvest of the Month: Organic Dragonfruit	Tortilla Chips (v) Chili con Queso Cup (v) Honey Roasted Sunflower Seeds (v)	Mozzarella Breadsticks (v) Cinnamon Teddy Grahams	Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Baby Carrots 8 oz NF or 1% White Milk	Sliced Peaches Salsa 8 oz NF or 1% White Milk	100% Fruit Juice Marinara Sauce 8 oz NF or 1% White Milk
20		21		22		23		24	
Baked Ruffles Chips + ChatSnax Crackers (v) String Cheese (v) Honey Roasted Sunflower Seeds (v) Applesauce Cup Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Strawberry Frozen Fruit Cup Baby Carrots 8 oz NF or 1% White Milk	Chicken Tenders Cranberries & Mango Paleta Cool Cucumber, Ketchup, BBQ Sauce 8 oz NF or 1% White Milk	Scooby Snacks (v) String Cheese (v) Jack Links Sweet BBQ Chicken Bites Apples Paradise Punch 8 oz NF or 1% White Milk	Rotini Pasta with Meat Sauce					
27		28		29		30		31	
Granola (v) Vanilla Yogurt (v)	Mango Chamoy Smoothie (v)	String Cheese (v) ChatSnax Crackers (v)	Cheez It Crackers (v) String Cheese (v) Roasted Sunflower Seeds (v) Grapes Chili Jicama Sticks 8 oz NF or 1% White Milk	Tortilla Chips (v) + Pumpkin Cookie Chili con Queso Cup (v) Honey Roasted Sunflower Seeds (v)	Mozzarella Breadsticks (v) Cinnamon Teddy Grahams	Apples Broccoli with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Baby Carrots 8 oz NF or 1% White Milk	Sliced Peaches Salsa 8 oz NF or 1% White Milk	100% Fruit Juice Marinara Sauce 8 oz NF or 1% White Milk

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