

B L U E H A W K N E W S

SAFETY DRILLS

Thank you to all staff, students, and parents for helping make our recent evacuation/reunification drill successful once again. Each year we get a little more efficient. It is unfortunate we must practice these kinds of safety procedures, but with student safety always on our minds, we will continue to walk through several different kinds of drills just in case. Next up will be the Great Montana Shakeout on October 15th as we join schools across the state in being prepared in case of an earthquake.

BLUE HAWK BUCK AWARDS

Our first round of Blue Hawk Buck Award winners were announced last week for grades K-6. We have been told our local theater "The Rex" will once again be supplying movie passes to those lucky students getting drawn each month. Grade 7-8 will also be joining in on the fun, trying to earn Blue Hawk Bucks for exhibiting our core values. Thank you Rex Theater for your support!!

Student Meal Accounts

As you may be aware, we are fortunate enough to be offering free breakfast and lunch for all K-12 students once again this year. Some of you may be wondering how you can receive a bill for your child. Students are allowed to choose extra milk, but at a cost of .65 per milk. We are only able to provide one free milk per meal, which must be part of a full meal package.

MID - TERM

We recently passed the midpoint of our first quarter of school. Before long we will be sending home requests for parent-teacher conference times. Our current quarter ends on October 24th, with conferences being held November 5th and 12th.

PTO Fundraiser

P.T.O.'s Charleston Wrap Fundraiser kicks off on **Monday, October 6th**. They have set a goal of raising \$1,500 and need all of our support! Catalogs and an online registration guide will be coming home with students on Monday. Be ready to shop for the perfect holiday and birthday gifts, there is something for everyone! This is an online, friends and family, fundraiser. No need to collect money. All orders will be shipped directly to the person supporting your child. The Charleston Wrap Fundraiser will end on Wednesday, October 22nd. Every child who sells even one item will earn a prize at the end of the fundraiser. Please contact the PTO at ThompsonFallsPTO@gmail.com if you have any questions. The PTO thanks you for your support!

STUFFY DAY

Tomorrow's Fun Friday is Stuffy Day. Bring your favorite stuffed critter to school. Please plan for your Stuffy to take a nap in your classroom, backpack or locker while you eat lunch in the cafeteria. For sanitary reasons, our stuffies can not join us for lunch.

Important Happenings

- 10/2 Flu Shots given by SCHD with permission
- 10/2 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/3 FUN FRIDAY - Stuffy Day
- 10/3 Early Dismissal - 2:05PM
- 10/6 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/6-10/22 PTO Charleston Wrap Fundraiser
- 10/8 PTO Meeting - 5:00PM - Elementary
- 10/8 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/9-10/10 Hearing Screenings
- 10/9 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/10 FUN FRIDAY - Favorite Sport Day
- 10/10 Early Dismissal - 2:05PM
- 10/13 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/14 Kinder Field Trip—Waterway Ranch
- 10/14 SpectrUM Family Science Night—5:30-7:30—HS Gym
- 10/15 Great MT Shakeout - Earthquake Drill
- 10/15 3rd-6th Gr visit SpectrUM Science on Wheels
- 10/15 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/16-10/17 No School - MEA Days**
- 10/20 Duende Libre Assembly
- 10/20 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/22 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/23 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/24 End of 1st Quarter
- 10/24 FUN FRIDAY—Country/Western Day
- 10/24 PTO Popcorn Friday-sponsored by The Good Family
- 10/24 Early Dismissal - 2:05PM
- 10/27 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/28 JH/HS Fall Concert - 6:30PM - High School
- 10/29 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/30 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/31 No School - PIR Day**

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<https://tfes.thompsonfalls.net>



How Empathy and Questions Help Kids Develop Critical Thinking

Parents and teachers share the same goal of helping kids learn to think for themselves. What are the keys to guiding kids toward doing their fair share of problem-solving? How can we keep ourselves from working harder on their lives than they do? How can we prepare them for a world full of decisions and consequences?

The Power of Empathy and Questions

Many of the techniques of Love and Logic's are rooted in an understanding of how our brains work—and especially how our children's brains work. That is why we believe that the best way to get kids to think independently is by using empathy and questions. Used together, they are a powerful combination that will help most kids develop thinking and problem-solving skills.

Empathy Avoids Resistance

The fastest way to create resistance in a child is to tell them, "Stop that!" This immediately triggers an emotional response that often only leads to arguing. By responding with empathy instead, we can avoid this response. Instead, the child's brain becomes more receptive to dialogue and reflective questions.

Questions Trigger Thinking

The goal is to entice young brains to do lots of thinking by simply asking questions rather than telling them what to do. This teaches them that they can solve their own problems by thinking about them calmly and logically. Do your kids' brains a favor—feed them a steady diet of empathy and questions.

Ready to Help Kids Think For Themselves, Solve Problems, and Take Responsibility?

Several years ago, Love and Logic began a collaboration with Amen Clinics to **blend brain science with practical strategies** for raising and teaching kids. That collaboration led to ***Raising Mentally Strong Kids***—a book filled with **simple, research-backed tools** to help adults **nurture confidence, kindness, and resilience** while **reducing power struggles and encouraging real-world problem-solving**.

Each week we share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Jessy Lewis, for more info.