

# October

## Breakfast

## Lunch

Wednesday 1st	breakfast wrap    rice crispy	Chicken Casserole    corn    bun
Thursday 2nd	biscuits and gravy	Chicken strips    -    ff
Friday 3rd	scrambled egg    hashbrown    toast	sub sandwich    chips
Monday 6th	<b>breakfast sandwich</b>	Chicken sandwich    -    ff
Tuesday 7th	pancakes and sausage	tater tot casserole-green bean-bun
Wednesday 8th	breakfast pizza	potato ole' - cookie
Thursday 9th	egg bake    long john	hamburger patty-potato-bun
Friday 10th	NO School!	NO School!

Monday 13th	NO School!	NO School!
Tuesday 14th	<b>breakfast sandwich</b>	corn dog    -    potato
Wednesday 15th	french toast and sausage	lasagna casserole    g beans    bun
Thursday 16th	breakfast wrap    rice crispy	super nacho
Friday 17th	biscuits and gravy	CB    -    FF

Monday 20th	<b>breakfast sandwich</b>	macaroni & cheese    chicken nuggets
Tuesday 21st	pancakes and sausage	hamburger casserole-corn-bun
Wednesday 22nd	breakfast pizza	ham au gratin potato bun
Thursday 23rd	egg bake    long john	soft shell taco
Friday 24th	scrambled egg    hashbrown    toast	spaghetti    corn    bread stick

Monday 27th	<b>breakfast sandwich</b>	Pulled pork sandwich    potato
Tuesday 28th	french toast and sausage	hamburger gravy - potato - bun
Wednesday 29th	breakfast wrap    rice crispy	hot dogs    baked beans
Thursday 30th	biscuits and gravy	Pizza
Friday 31st	scrambled egg    hashbrown    toast	sloppy joe chips

Breakfast - All breakfasts will have choice of milk, juice, and 1 cup of fruit

Lunch - All lunches will have a choice of 1% milk or skim chocolate milk and 1 cup of fruit and vegetables

Fresh Fruit and Vegetable snack is provided to grades prk-6th every afternoon

An afterschool snack is provided to kids who participate in the afterschool program and activities  
Monday through Thursday