

# BEHAVIORAL MENTAL HEALTH RESOURCES

Researching available resources can be a daunting and time-consuming task for parents and guardians. Below is a list of organizations that offer support for parents. The providers included have indicated they provide services to children and youth.

## LOCAL SERVICES

**FLORIDA DEPARTMENT OF CHILDREN AND FAMILIES** ([www.myflfamilies.com](http://www.myflfamilies.com))

**CATHOLIC CHARITIES** Counseling services to children and adults.  
([catholiccharitiesdov.org/locations/naples](http://catholiccharitiesdov.org/locations/naples) - 239.455.2655)

**CENTER FOR PROGRESS AND EXCELLENCE** Individual and family counseling for *uninsured* individuals and families on a sliding scale basis. Available in English, Spanish, and Creole.  
([progressandexcellence.com](http://progressandexcellence.com) - 239.689.8490)

**CHILDREN'S ADVOCACY CENTER OF COLLIER COUNTY** Counseling for treatment of past or present physical and sexual abuse. Serves siblings of victim of abuse. Referrals are usually made through the Department of Children and Families, but self-referrals are accepted. Parenting classes available. Counseling may be available in Spanish. ([www.caccollier.org](http://www.caccollier.org) - 239.263.8383)

**COLLIER COUNTY SHERIFF'S OFFICE** Referral resources for youth and families for access to assessments, individuals and group counseling, substance abuse counseling and education, anger management and crisis intervention, parent support groups and skills training, mentoring services, community service opportunities, and recreational and sporting activities.  
([www.colliersheriff.org/we-ca-help/parent-resources/youth-resource-center](http://www.colliersheriff.org/we-ca-help/parent-resources/youth-resource-center))  
BEHAVIORAL HEALTH UNIT - 239-252-9300 YOUTH RESOURCE CENTER - 239-252-0900

**DAVID LAWRENCE CENTERS** Children's mental health treatment services including Inpatient Crisis Stabilization, Outpatient Services, Speciality Court-Related Services, and Holistic Therapies. "Parenting Today" classes provided for parents of children 5-12 years of age. Offers 24-hour crisis intervention.  
([davidlawrencecenters.org](http://davidlawrencecenters.org) - 239.455.8500)

**FSU CENTER FOR CHILD STRESS AND HEALTH** ([www.fsustress.org](http://www.fsustress.org) - 239.658.3123)

**HEADS HEALING EDUCATION ALTERNATIVES FOR DESERVING STUDENTS** Therapeutic services for at-risk youth.  
([www.headsusa.com](http://www.headsusa.com) - 239.689.4745 or 813.754.5555)

**HEALTHCARE NETWORK OF SOUTHWEST FLORIDA** Treatment for the whole person - mind and body - throughout the life cycle. Behavioral Health providers available for same-day screens/consults or scheduled appointments in Children's Care and Family Care. ([www.healthcareswfl.org/behavioral-health](http://www.healthcareswfl.org/behavioral-health) - 239.658.3000)

**NAMI - HUGS OF COLLIER COUNTY** Prevention and intervention of social, emotional, behavioral, and mental health challenges for children 3 months to 18 years of age. Provides screenings, Global Family Analysis, and system navigation. Support groups for parents of children diagnosed with a mental illness ages 6-18.  
([www.namicollier.org](http://www.namicollier.org) - 239.260.7300)

**NCH SAFE AND HEALTHY CHILDREN'S COALITION** No cost water safety programs and curriculum-based swimming skill classes taught by certified water safety instructors and lifeguards. Resources and programs available to combat childhood obesity, prevent childhood drowning, and injury prevention. Offers free home door and window alarms for at-risk children. ([www.safehealthychildren.org](http://www.safehealthychildren.org) - 239.643.4033)

**SHELTER FOR ABUSED WOMEN AND CHILDREN** 24-hour crisis counseling, emergency shelter, outreach counseling, arts and healing, elder abuse program, children's program, and prevention program.  
([www.napleshelter.org](http://www.napleshelter.org) - 239.775.1101)

**YOUTH HAVEN** Counseling and innovative, animal-assisted play therapy. Offers a homeless teen shelter and transitional living program. ([www.youthhavenswfl.org](http://www.youthhavenswfl.org) - 239.774.2904)

**CCPS DISTRICT WEBSITE**  
[www.collierschools.com](http://www.collierschools.com)

**RESILIENCY AND  
MENTAL HEALTH WEBSITE**  
[www.collierschools.com/mentalhealth](http://www.collierschools.com/mentalhealth)

## CRISIS RESPONSE

**CRISIS TEXT LINE - TEXT 'HOME' TO 741741**  
[www.crisistextline.org](http://www.crisistextline.org) - free service

**MOBILE CRISIS HOTLINE - 1.844.395.4432**  
Services available 24 hours a day, 7 days per week. Available for **all ages**, with prioritization to minors under the age of 18.

**NATIONWIDE SUICIDE AND CRISIS LIFELINE DIAL 988**

**PROJECT HELP - 239-262.7227**  
[www.projecthelpnaples.org](http://www.projecthelpnaples.org) - 24-hour Crisis and Referral Hotline for victims of sexual violence, sudden death and other crimes

## GRIEF SUPPORT

**AVOW - AUNT JANET'S HOUSE**  
[avowcares.org/avowkids](http://avowcares.org/avowkids)  
239.280.2285  
Grief support for children/teens and their families.

**VALERIE'S HOUSE**  
[www.valereshouseswfl.org](http://www.valereshouseswfl.org) - 239.841.9186  
[info@valereshouseswfl.org](mailto:info@valereshouseswfl.org)  
Grief support for children/teens and their families.

## DEVELOPMENTAL SCREENING

**FLORIDA DIAGNOSTIC AND LEARNING RESOURCES SYSTEMS (FDLRS)**  
[www.leeschools.net/parent-services](http://www.leeschools.net/parent-services)  
239.337.8363 or 239.337.8199  
Information, training, and support for families of children with exceptionalities. FDLRS Child Find offers free screenings for children (birth to 5 years of age) who have or are at-risk of developing disabilities or learning problems.