



# WOODCREST COUNSELOR CORNER

Where School Counselors Connect with the Community

October 2025

## Bullying Prevention

### Bullying by Definition

"Bullying is when someone hurts another person on purpose, over and over again, by using words, actions, or power to make them feel sad, scared, or left out. It can happen in person or online."

### Examples of Types of Bullying

- **Physical:** Hurting their body by physical contact/their possessions
- **Verbal:** Name calling/ mean words
- **Social:** Leaving someone out on purpose/ telling others to do so too
- **Cyber:** Sending mean text messages or posting mean comments online/ on social media

### Approaching the Topic of Bullying

- Have conversations with your kids about bullying & stay connected
- Look for possible signs of your child being bullied OR your child bullying others, such as:
  - Physical signs
  - Emotional signs
  - Behavioral signs
- Promote being an "Upstander!"
- Report bullying to school staff & reach out for support as needed

Click the links above to read more!

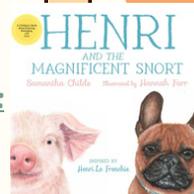


## Tools & Activities

Click the links!



**Book Spotlight:**  
**Henri and the Magnificent Snort**  
By Samantha Childs



Read Along Video: Oct. 1-31

[Word Search](#)

[Henri's Hearts](#)

[Coloring Pages](#)

[Mad Libs](#)

## Resources

Click the links!

**Why Kids Don't Share When They Get Bullied**

**Eye Opening Video Clip**

Original Source: Hasan Minhaj Doesn't Know Podcast

**Bullying Conversation Starters**

**Hazel Health: Bullying Info**

**Daybreak Health: Free Webinar**

Topic: "Support Your Child When They Feel Low"

## Contact Info

**Woodcrest Elementary:** Phone: (714) 447-7760

**Carolyn Conley:**

carolyn\_conley@myfsd.org

@mrsconleysel

**Laura Streavel:**

laura\_guadarrama@myfsd.org

@counselor\_mrs.s

