HELP US IMPROVE A PHYSICAL ACTIVITY TEST!

We are studying a test called the Competency Test for Adapted Physical Education (CTAPE). Our goal is to find out if it is a good and reliable way to measure physical skills for all students.

What you'll do

If you join the study, you'll try different fun physical activities from the CTAPE, including:

LOCOMOTOR SKILLS



SPORT SKILLS



FITNESS SKILLS



We'll show you how to do each skill once, and then you'll try it yourself. We'll record everything on video so we can look at the skills later.
Don't worry–your name will not be on the video. We'll use a code number, so no one will know it's you.

Why it matters

You'll get to move your body in a healthy and fun way–just like in regular or adapted physical education classes!

Your participation will help us learn if the CTAPE is a fair and useful way to assess motor skills for students with and without disabilities.

READY TO JOIN?

If you'd like to take part, just complete a short online questionnaire where we'll ask a few questions about you.

SCAN THIS CODE!