

Dual Enrollment American River College / Los Rios Community College Course Equivalents

- Dual Enrollment allows students to earn college and high school credit simultaneously.
- Students must be enrolled in a minimum of five courses at Choices to be eligible for Dual Enrollment.
- Classes are free.
- Applications must be submitted by the student and signed by a parent/guardian and the school counselor.
- Dual Enrollment students are eligible to take any of the courses listed below.
- **please note that there are more offerings in the ARC Course Catalog that you can take! Please contact the School Counselor, Mrs. Olivarez, at molly.olivarez@sanjuan.edu if you need help with this process.

Pre-Approved courses including but not limited to:

American Govt.	<ul style="list-style-type: none"> • POLS 301 - Intro to Government
Social Studies Elective	<ul style="list-style-type: none"> • PSYCH 300 - General Psychology • SOC 300 - Sociology • ETHNS 300 - Ethnic Studies
English 4	<ul style="list-style-type: none"> • ENGWR 300 or 302 - College Composition / College Critical Thinking
English 3	<ul style="list-style-type: none"> • ENGWR 300 - College Composition
U.S. History	<ul style="list-style-type: none"> • HIST 310 - History of the United States (To 1877) • HIST 320 - History of the United States: African American Emphasis • HIST 332 - Women in American History (To 1877) • HIST 483 - History of the United States – Honors • HIST 311 - History of the United States (1865 - Present) • HIST 321 - History of the United States: African American • HIST 330 - Women in American History • HIST 332 - Women in American History (To 1877) • HIST 333 - Women in American History (1865-Present) • HIST 323 - History of the United States: The American Indian Experience • HIST 318 - American Intellectual and Cultural History • HIST 340 - History of California through 1879 • HIST 341 - History of California: 1879 to Present
World History	<ul style="list-style-type: none"> • HIST 307 - History of World Civilizations to 1500 • HIST 308 - History of World Civilizations, 1500 to Present • HIST 325 - History of Asian/Pacific Americans • HIST 327 - History of the Chicano/Mexican American • HIST 353 - History of the Islamic World • HIST 364 - Asian Civilization • HIST 365 - Asian Civilization • HIST 367 - History of Russia • HIST 373 - History of Mexico • HIST 374 - History of Latin America to 1830 • HIST 375 - The History of Modern Latin America and Caribbean • HIST 300 - History of Europe and the Mediterranean to 1500 • HIST 302 - History of Europe Since 1500

VAPA	<ul style="list-style-type: none"> ● MUFHL 308 - Introduction to Music: Rock and Roll ● MUFHL 330 - World Music
Health	<ul style="list-style-type: none"> ● HEED 300 - Health Sciences
World Languages	<ul style="list-style-type: none"> ● GERM 401 - Elementary German I ● ITAL 401 - Elementary Italian ● RUSS 401 - Elementary Russian ● SPAN 401 - Elementary Spanish I ● JAPAN 299 - Experimental Offerings in Japanese ● DEAF 310 - American Sign Language I
Sciences	<p>Biology</p> <ul style="list-style-type: none"> ● BIOL 400 - Principles of Biology ● BIOL 415 - Introduction to Biology: Biodiversity, Evolution, and Ecology ● BIOL 300 - The Foundations of Biology ● BIOL 301 - Evolution ● BIOL 303 - Survey of Biology ● BIOL 304 - Essentials of Human Anatomy and Physiology ● BIOL 305 - Natural History ● BIOL 310 - General Biology ● BIOL 322 - Ethnobotany ● BIOL 332 - Introduction to Ornithology ● BIOL 342 - The New Plagues: New and Ancient Infectious Diseases Threatening World Health ● BIOL 352 - Conservation Biology ● BIOL 370 - Marine Biology ● BIOL 375 - Marine Ecology ● BIOL 390 - Natural History Field Study ● BIOL 400 - Principles of Biology ● BIOL 410 - Principles of Botany ● BIOL 415 - Introduction to Biology: Biodiversity, Evolution, and Ecology ● BIOL 420 - Principles of Zoology ● BIOL 430 - Anatomy and Physiology ● BIOL 431 - Anatomy and Physiology ● BIOL 440 - General Microbiology ● BIOL 442 - General Microbiology and Public Health <p>Chemistry</p> <ul style="list-style-type: none"> ● CHEM 400 - General Chemistry ● CHEM 305 - Introduction to Chemistry ● CHEM 306 - Introduction to Organic and Biological Chemistry <p>Biotechnology</p> <ul style="list-style-type: none"> ● BIOT 301 - Biotechnology and Human Health ● BIOT 307 - Biotechnology and Society ● BIOT 311 - Biotechnology Laboratory Methods - Molecular Techniques ● BIOT 312 - Biotechnology Laboratory Methods - Microbial and Cell Culture Techniques 2 <p>Physics</p> <ul style="list-style-type: none"> ● PHYS 360 - General Physics ● PHYS 410 - Mechanics of Solids and Bases ● PHYS 421 - Electricity and Magnetism

	<ul style="list-style-type: none"> ● PHYS 311 - Basic Physics ● PHYS 312 - Conceptual Physics Laboratory <p>Geography & Geology</p> <ul style="list-style-type: none"> ● GEOG 301 - Physical Geography Laboratory ● GEOG 305 - Global Climate Change ● GEOG 306 - Weather and Climate ● GEOG 307 - Environmental Hazards and Natural Disasters ● GEOG 308 - Introduction to Oceanography ● GEOG 309 - Introduction to Oceanography Lab ● GEOG 391 - Field Studies in Geography: Mountain Landscapes ● GEOG 392 - Field Studies in Geography: Coastal Landscapes ● GEOG 393 - Field Studies in Geography: Arid Landscapes ● GEOG 394 - Field Studies in Geography: Volcanic Landscapes ● GEOL 300 - Physical Geology ● GEOL 301 - Physical Geology Laboratory ● GEOL 305 - Earth Science ● GEOL 306 - Earth Science Laboratory ● PHYS 310 - Conceptual Physics ● PHYS 311 - Basic Physics ● PHYS 312 - Conceptual Physics Laboratory
<p>High Math</p>	<ul style="list-style-type: none"> ● MATH 400 - Calculus I ● MATH 410 - Introduction to Linear Algebra ● MATH 420 - Differential Equations ● MATH 340 - Calculus for Business and Economics ● MATH 341 - Calculus for Business and Economics ● MATH 342 - Modern Business Mathematics ● MATH 355 - Calculus for Biology and Medicine I ● MATH 356 - Calculus for Biology and Medicine II ● MATH 372 - College Algebra for Calculus ● MATH 373 - Trigonometry for Calculus ● MATH 375 - Pre-Calculus ● MATH 300 - Introduction to Mathematical Ideas ● MATH 309 - Calculus Concepts for non-STEM Majors ● MATH 310 - Mathematical Discovery ● MATH 320 - Symbolic Logic ● MATH 333 - College Algebra for Liberal Arts
<p>Electives</p>	<ul style="list-style-type: none"> ● ANTH 310 - Cultural Anthropology ● ASTR 300 - Introduction to Astronomy ● ASTR 310 - The Solar System ● ASTR 320 - Stars, Galaxies, and Cosmology ● FASHN 300 - Introduction to the Fashion Industry ● HEED 308 - Health Science ● HEED 315 - First Aid ● HM 300 - Introduction to Hospitality - Becoming a Chef ● EMT 110 - Emergency Medical Technician ● EMT 111 - Emergency Medical Technician ● PSYC C1000 - Introduction to Psychology ● PSYC 372 - Child Development ● STAT C1000 - Introduction to Statistics ● ANTH 330 - Magic, Witchcraft, and Religion ● ADMJ 320 - Concepts of Criminal Law ● ECE 330 - Infant and Toddler Development ● SOC 300 - Introductory Sociology ● TAFILM 300 - Introduction to Film ● TAFILM 302 - History of Film

	<ul style="list-style-type: none"> ● WELD 105 - Introduction to Metal Sculpture
Physical Education	<ul style="list-style-type: none"> ● DANCE 301 - Belly Dancing ● DANCE 302 - African Dance ● DANCE 304 - Polynesian Dance ● DANCE 305 - Hawaiian Dance ● DANCE 326 - Ballet: Variations and Combinations ● DANCE 352 - Hip Hop II ● DANCE 353 - Hip Hop III ● DANCE 360 - Tap Dance I ● DANCE 312 - Jazz Dance II ● DANCE 332 - Modern Dance II

Last updated: 10/1/25